

## सरदार वल्लभभाई पटेल राष्ट्रीय पुलिस अकादमी SARDAR VALLABHBHAI PATEL NATIONAL POLICE ACADEMY (भारत सरकार: गृह मंत्रालय)

(Government of India : Ministry of Home Affairs) हैदराबाद (Hyderabad) - 500 052

No. 12011/03/2025-Trg-25<sup>th</sup> Phase-III(MCTP)

Date: 15<sup>th</sup> April, 2025

To

- 1. The Chief Secretaries of Karnataka, Maharasthra, Uttarakhand, Madhya Pradesh and Tamil Nadu.
- 2. The DGsP of Karnataka, Maharasthra, Uttarakhand, Madhya Pradesh and Tamil Nadu.
- 3. The Director General of Bureau of Civil Aviation Security (BCAS), New Delhi.

# Subject: 3<sup>rd</sup> Acceptance of nominations for 25<sup>th</sup> Mid-Career Training Programme Phase-III scheduled to be held from 21.04.2025 to 16.05.2025- Regarding.

Madam/Sir,

Please refer to the Academy letters of even number dated 29/01/2025 and your reply regarding nominations for 25<sup>th</sup> Mid-Career Training Programme Phase-III to be held at this Academy with effect from 21.04.2025 to 16.05.2025.

- 02. Names of the Officers whose nominations have been accepted / rejected for the training programme are attached herewith as Annexure-'A' & Annexure-'B' respectively. Wherever the State Government's approval is necessary and pending, the same may kindly be obtained and conveyed to this Academy at the earliest and the concerned Officers shall be permitted to attend the said training programme only on receipt of such clearance/approval.
- 03. The duration of MCTP Phase III Programme is four weeks from 21.04.2025 to 16.05.2025 at this Academy. It is requested to direct the selected officers to report to the Academy by evening of **20.04.2025**. Detailed joining instructions for the program are attached as **Annexure-'C'**. The joining instructions may please be communicated to the officers selected from your State / Organization to attend the Programme.

04. The selected officers may please be directed to intimate the following details by e-mail to the Academy (E-mail ID: <a href="mailto:mctp3@svpnpa.gov.in">mctp3@svpnpa.gov.in</a>) on or before 16/04/2025:-

SL	Cad	Titl	Nam	Designati	Batc	RR/S	Office	Persona	Person
N	re	e		on with	h	PS	Telepho	1	al e-
О.			the	office			ne	WhatsA	mail
			Offic					pp No.	ID
			er						

- 05. The officers may please be directed to intimate their travel plan by 16/04/2025 to enable the Academy to arrange for their reception, transport and accommodation on mail id: mctp3@svpnpa.gov.in.
- 06. It may please be ensured that all the selected officers are relieved in time to join the programme. In this regard, Ministry of Home Affairs Office Memorandum F.No.23011/40/2010-PT(Part-2) dated 22.04.2015 (copy attached) may please be referred and withdrawal of nomination of selected officers may please be avoided. In case any officer has to be withdrawn due to unavoidable circumstances, the same may be informed to the Academy at the earliest.
- 07. This is issued with the approval of the Competent Authority.

**Encl**: As above

Yours sincerely,

(**Dr. A Srinivas**)
Deputy Director (MCTP)

# Copy forwarded to:

- 1. All participants through e-mail.
- 2. The Additional Secretary (Police-I), MHA, New Delhi.

# List of officers whose nomination have been accepted for MCTP Ph- III 25th Programme Scheduled from 21.04.2025 to 16.05.2025.

S/No.	Cadre	Officer Official Address			Year	RR/ SPS	Remarks	
1	Karnataka	Mr.	Shiva Prakash Devaraju	Deputy Commissioner of Police, Traffic South, Bengaluru City, CA Site No. 26/A, 2nd Floor, BTM, 2nd Stage, Bengaluru.	2014	RR	Home Approva	
2	Maharashtra	Mr.	Pravin Mundhe Deputy Commissioner of police, Zone -I, Mumbai.		2012	RR	-	
3	Maharashtra	Mr.	Dikshitkumar Ashok Gedam	Deputy Commissioner of police, Zone -IX, Mumbai.	sioner of 2012 1 Mumbai.		-	
4	Maharashtra	Mr.	Harsh A. Poddar	SP, Nagpur	2012			
5	Maharashtra	Mr.	Mahendra Pandit	SP, Kolhapur.	2013	RR	-	
6	Maharashtra	Mr.	Somnath S. Gharge	SP, Raigad.	2013 2014	RR SPS	-	
7	Maharashtra	Mr.	Tushar C. Doshi	SP, Ralway, Pune.	2014	SPS	-	
8	Maharashtra	Mr.	Neelotpal	SP, Gadchiroli.	2014	RR		
10	Maharashtra	Mr.	Ajay Kumar Bansal	SP, Jalna	2014	RR	-	
11	Maharashtra	Mr.	Singuri Vishal Anand	SP, Amravti	2014 RR		-	
12	Maharashtra	Mr.	Mohan M Dahikar	DCP, HQ-1, Thane.	2015 SPS		-	
13	Maharashtra	Mr.	Sanjay P Latkar	SP, Cyber, Mumbai.	2015	SPS	-	
14	Maharashtra Maharashtra	Mr.	Nilesh A Ashtekar	DCP, SID, Pune.	2015	SPS	_	
15	Maharashtra	Mr.	Srikrushna Kokate	SP, Hingoli.	2015	SPS	-	
16	Maharashtra		Atul Vishwas Kulkarni	SP, Solapur	2015		-	
17	Maharashtra	Mr. Mr.	Noorul Husan	SP, Bhandara	2015	RR	_	
18	Maharashtra	Mr.	Sandip Ghuge Dhodapant S.	SP, Sangli.	2015	RR	-	
19	Maharashtra	Mr.	Swami Shaikh Sameer	SP, Thane.	2016 SPS		-	
		.,,,,	Aslam	SP, Satara.	2016	RR	-	
20	Maharashtra	Mr.	Shravan Dath S	SP, Nandurbar	2016	DD		
21	Maharashtra	Mr.	Saurabh Kumar Agrawal	SP, Sindhudurg	2016	RR RR	- -	
22	Tamil Nadu - BCAS	Mr.	G Suguna Singh	Regional Director (RD), BCAS, RO Chennai.	2013	RR	-	
23	Uttarakhand	Mr.	Amit Srivastava	SP,ADC(P) to Hon'ble Governor of Uttarakhand.	2016	SPS	Home Approval pending	
24	Madhya Pradesh	Mr.	Vaishnav Sharma	AIG, Selection, Bhopal.	2012	SPS	-	
25	Madhya Pradesh	Mr.	Arvind Tiwari	Deputy Commissoner of Police, Traffic Urban Indore.	2012	SPS	-	
26	Madhya Pradesh		Raghuwansh Kumar Singh	Commandant, 5th BN, SAF, Morena.	2012	SPS		
27	Madhya Pradesh	Mr.	Vikas Pathak	Commandant, 26th BN, SAF, Guna.	2012	SPS	<u>-</u>	
28	Madhya Pradesh	Mr.		Commandant, 6th BN, SAF, Jabalpur.	2012	SPS	-	

1				Nil			
S/No.	Cadre	Title	Name of the IPS Officer	Designation / Official Address	Year	RR/ SPS	Remarks
]	List ofofficer	s who	se nomination hav	ve not been accepted for from 21.04.2025 to 16	or MCTP P	hase-III 251	th Programme
		1		City.			Annexure-'I
38	Tamil Nadu	Mr.	Samay Singh Meena	DCP, Traffic, Tambaram	2017	RR	Home Dept. Approval Pending
37	Tamil Nadu	IVII.	Visitwesh B Shasur	Commissioner of Police, Traffic North District, 1st Floor, B1 North Beach Police Station, Rajaji Salai, Chennai - 01			Approval Pending
36	Tamil Nadu	Mr.	Dongare Pravin Umesh Vishwesh B Shastri	SP, V&AC, Western Range. DCP, Deputy	2016	RR	Approval Pending Home Dept.
35	Madhya Pradesh	Ms.	Navedita Naidu	Commandant, 08th BN, SAF, Chhindwara.	2016 RR		Home Dept.
34	Madhya Pradesh	Mr.	Sanjeev Kumar Kanchan	AIG, Narcotics, PHQ, Bhopal.	2016	SPS	
33	Madhya Pradesh	Mr.	Ram sharan Prajapati	AIG SCRB, PHQ, Bhopal.	2016	SPS	-
32	Madhya Pradesh	Mr.	Sachin Sharma	Commissioner, MP Bhawan, New Delhi		RR	-
31	Madhya Pradesh	Mr.		Commandant, 23th BN, SAF, Gwalior.	2012	RR	-
30	Madhya Pradesh	Mr.		Commandant, 13th BN, SAF, Gwalior.	2012	RR	-
29	Madhya Pradesh	Mr.	I MOIL INCLINE	Commandant, 18th BN, SAF, Shivpuri.	2012	SPS	-



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# Joining instructions for 25<sup>th</sup> Mid-Career Training Programme (MCTP) Phase-III for IPS Officers scheduled to be held from 21.04.2025 to 16.05.2025 at SVP National Police Academy, Hyderabad

1. Participants are requested to join the WhatsApp group created for this course. Participants are **requested to share their personal mobile number** (with WhatsApp), on mail id: mctp3@svpnpa.gov.in for inclusion in the 25<sup>th</sup> MCTP Phase-III WhatsApp group.

# 2. Registration

All participants, whose nominations have been accepted are requested to complete the registration form accessible at https://www.svpnpa.gov.in. Please note that travel plans will only be accepted through this form and the submission of this form is mandatory for issuing your access control pass which will be sent to your registered personal mobile number (WhatsApp). In case of any assistance / issues in this regard, please contact the IT person Mr. Pradeep on Mobile No. 9000727307.

# 3. Reception & Accommodation

Arrangements for reception and transport at the airport/railway station will be made by the Academy. On arrival at Hyderabad, each participant will report to the Advanced Course Mess (ACM) at the NPA. The participants are not allowed to bring their drivers / orderlies / maids / PSOs / Vehicles. The participants will also not be allowed to stay outside the campus during the entire course duration, as the programme is strictly residential programme.

# 4. <u>Dress Code</u>

(i)	Monday(FN), Inaugural session	&	Valedictory	:	Working uniform
	Tuesday to Friday (FN)		÷	Formal civvies	
	Monday to Friday(AN)				PT Dress
(iv)	Morning and evening Out	door		÷	PT Dress

#### **Formal Civvies**

(i)	Gentleman	:	Full sleeved shoes	shirt, tie &	trouser	with	Black	oxford
(ii)	Ladies		Saree/Salwar footwear	Kameez/E	Business	suit	with	formal

**Note**: Participants from central non-uniform organizations can be wear formal civvies instead of working uniform. All other participants should wear working uniforms as per the dress code mentioned above.

#### 5. <u>Case Study</u>

Case studies are taken from each participant as part of their course evaluation. Participant can share any case study based on any event/ situation / experiences / dilemma faced in their professional life. Case study should be submitted in format given in **Annexure-'D'**. Participants are requested to bring statistics, images, video links etc., from their work experience that will help them in writing of case study.

# 6. <u>Undergoing online courses meant for Civil Servants available on iGot Karmayogi platform</u> https://igotkarmayogi.gov.in/#/

iGoT Karmayogi platform has more than 1000 courses that the officials can explore and stay committed to your self-development and professional growth, thus contributing to the realisation of a Vikasit Bharat. Ten (10) online courses designed to equip you with the essential skills and knowledge necessary for your role, available on iGot Karmayogi platform have been shortlisted for the participants of 25th MCTP Phase-III. The details of these online courses are mentioned in Annexure-E. As a pre-course study / preparation, each participant shall register on iGot Karmayogi platform and enroll himself/herself for any one of the online courses prescribed. Each participant whose nomination has been accepted shall successfully complete one of the ten online courses suggested/may be opted by him/her and obtain certification for completion of the same and shall be produced at the time of joining and filling up of the registration form for the 25th MCTP Phase-III on 21st April, 2025. It may also be posted in the WhatsApp group created fro the course. In case of any assistance / issues in this regard, please contact the Technical Person Mr. Manoranjan Barik on mobile No. 8019565396.

**Note:** The participants from Intelligence Bureau (IB) and Cabinet Secretariat are exempted from the mandatory iGOT course completion which is a prerequisite to attend the course as per the joining instructions. Furthermore, if participants from IB and Cabinet Secretariat faces difficulties in submitting their case studies, as required by the joining instructions, it may also be ignored.

#### 7. Experience sharing

Each participant is requested to come prepared for 15 minutes of experiential sharing on any of their professional experience with their course mates.

#### 8. <u>Best Practices of States</u>

Course participants are suppose to give presentations on the best practices adopted by their State/UT with their cadre mates. Please come prepared with relevant details to make presentation (ppt) on the best practices of your State/UT/ Organisation.

#### 9. Climate

Hyderabad temperature in April ranges from 24.4°C to 36.9°C (87.3°F -98.4°F). Generally, the weather is pleasant during this period.

#### 10. Pay & Leave

All participants will draw their pay and allowances from their State/ Organization and in ordinary course, no leave will be granted to them during the course time.

#### 11. Facilities available

Service of Laundry and Barber are available on payment basis at this Academy. Participants can avail medical facilities from the Academy hospital if the need so arises. Cost of Medical treatment at private hospital, if the need so arises, has to be borne by the concerned officer. They must clear all the bills at the time of discharge from such hospital.

#### 12. Help desk:

Access time

09:00 to 18:00 hrs (on working days)

MCTP Section

: i. Assistant Sub Inspector/Min K Sreedhar Babu

Phone No Mobile No

040 - 24234751 9989310306

Assistant Sub Inspector/Min N.Sheik

Phone No Mobile No

040 - 24234474

9014713626

e-mail

mctp3@svpnpa.gov.in

Course Director :

Dr. Srinivas A, IPS

Phone

040 - 24234406

Mobile No. e-mail

9400985641

srinivas.a@svpnpa.gov.in

#### (Minimum word limit -1500 words)

- 1. Author i) Name, Designation, Cadre
- 2. Title of the case study

**Domains** 

**Sub Domains** 

(Domains & Sub Domains to be selected from list given on page 2)

- 3. Introduction -
  - Introduces the key protagonist.
  - Lays the key decisions or dilemmas
  - Often introduces a dramatic "hook" to catch the readers interest
  - Usually a page is sufficient
- 4. Background
  - Goals of the organization and protagonist
  - Constraints and opportunities as perceived by the protagonist
- 5. Narrative
  - Outline the trajectory of the events up to the decision point
  - Explain the protagonists motivation and constraints that shaped prior decisions and events
- 6. The dilemma or puzzle
  - In most decision cases
  - What are the major options?
  - What should be done now?
  - Uncertainty involved
  - Were appropriate decisions made?
- 7. Appendices / exhibits
  - Any data /graph/ document to reinforce the work or idea
- 8. Learning / reflection
- 9. Declaration I declare that the Intellectual Property Right of this case study vests with Academy on submission.

Date

Signature

# Case Study Format for 25th MCTP Phase-III

Sl No	Domains	Sl No	Sub Domains
1	Intelligence	1.	Human Intelligence
	100	2.	Technical Intelligence
2	Crimes	3.	General Crimes
		4.	Crime against women
		5.	Crime against children/ Protection of Child
		_   .	Rights/ Child Sensitive policing
		6.	Crime against weaker sections
		7.	Organized Crime
		8.	Forest and Wildlife Crimes
		9.	Drugs and Psychotropic substances related crime
		10.	IPR related crime
		11.	Anti Corruption
		12.	Forensic science
		13.	Economic offences
		14.	Investigation and Prosecution
		15.	Railways
		16.	Crime Prevention
		17.	Murder
		18.	Kidnapping
3	Public Order	19.	Metropolitan and Urban Policing
	Tubic Office	20.	Traffic Management and Road Safety
		21.	Armed Police
		22.	Negotiation skills/Effective communication
		23.	Public order management
		24.	Emergency response services
		25.	Handling of Communal situation
		26.	Community Policing
		27.	Elections
		28.	VIP Security
		29.	Religious festival management
		30.	Pandemic Policing
	Human Resources and Logistics	31.	Personnel administration
	ruman Resources and Logistics	32.	Police Research and Development
		33.	Police Training
		34.	
		35.	Leadership & Management
			Project Management
		36. 37.	Financial Management
		38.	Police Welfare
		38.	Police Station Management
			Prison Management
5	Operations	40.	Government Railway Police (GRP)
J	O per ations	41.	Counter insurgency / LWE operations
		42.	Counter terrorism operations
		43.	Border Management
6	Information Technical	44.	Operations against Gangs and Criminals
6	Information Technology	45.	Cyber Crime Investigation
		46.	Digital Forensics
		47.	Cyber Security
		48.	APPS/Use of IT for administration and Policing

# 1. Negotiation

### At a glance

Timer 3h 45m

6 Modules

35 Videos

10 Practice Tests

1 Final test

#### Summary

This Negotiation course explores four key components: understanding distributive negotiations, exploring value creation, handling dispute resolution encompassing emotions and principles, and navigating multiparty negotiations as observed in international arenas. Learners can anticipate an immersive learning experience, exploring these concepts through quizzes and real-world insights, enhancing their negotiation skills comprehensively.

#### Description

Discover the nuances of distributive, integrative, dispute and multi-party negotiations, gaining insights into effective strategies and dispute resolution techniques. Explore the intricacies of creating value, navigating complexities, and building winning coalitions, empowering yourself to excel in diverse negotiation scenarios.

#### **Course Objectives:**

• Recall and define key terms in distributive negotiation, integrative negotiation, dispute resolution and multi-party negotiation

- Apply negotiation strategies such as BATNA, anchoring, IRP framework and coalition-building in negotiation scenarios
- Analyse the dynamics of multi-party negotiations, including the significance of coalitions, power dynamics and differing interests among parties, in order to participate effectively in a winning coalition
- Evaluate negotiation scenarios, assessing the effectiveness of integrating distributive and integrative strategies, dispute resolution techniques and coalition-building in complex negotiation environments

https://portal.igotkarmayogi.gov.in/app/toc/do 11394520759191961615 8/overview?primaryCategory=Course&batchId=01395151771301478416

# 2. Evidence-based Policy Making

#### At a glance

Timer 1h 38m

12 Modules

12 Videos

12 Practice Tests

1 Final test

# **Summary**

This course equips learners with essential skills and concepts in evidence-based decision-making, from understanding evidence versus data to tackling complex problems through the Muddling Through approach, all while addressing challenges in measurement modeling and adaptive systems.

# **Description**

Welcome to the course on Evidence-Based Policy Making. This course will equip you with the knowledge and tools to evaluate complex problems and frameworks to problem solve in uncertainty. It teaches you how to navigate

wicked problems, fostering nuanced policy solutions in the dynamic landscape of governance.

#### **Course Objectives:**

- · Explain the concept of evidence and differentiate it from data
- Describe self-evident truth with examples
- Describe complexity or multi-causality with examples
- Explain the science of Muddling Through and its importance
- Apply the framework of Muddling Through in decision making
- Analyse the odd and even scheme from the Delhi Government
- Explain Measurement Model and recognise time as a challenge
- Recognise scale as a challenge in the measurement model
- Recognise dynamics as a challenge in the measurement model
- Recognise Jevons Paradox as a challenge in the measurement model
- Analyse complex adaptive system with examples
- Explain the wicked problem and methods to deal with it

https://portal.igotkarmayogi.gov.in/app/toc/do 113956369201438720137/overview?primaryCategory=Course

# 3. Purpose-Driven Leadership

#### At a glance

Timer 1h 55m

10 Modules

10 Videos

10 Practice Tests

1 Final test

### Summary

Unlock the essence of Purpose-Driven Leadership, blending emotional intelligence, global perspective, and a growth mindset, while conquering obstacles to drive transformative change.

### **Description**

Embark on a transformative journey in the 'Purpose-Driven Leadership' course. Here, we delve deep into the fundamental principles of effective leadership for civil servants and explore the attributes of a Level V leader, emphasising emotional intelligence, stability and resilience. As you progress, you'll gain a comprehensive understanding of the global context, enabling you to collaborate with diverse individuals. Discover how to cultivate a growth mindset and embrace learning agility, differentiating from a fixed mindset. By the course's end, you'll be equipped with the tools to navigate obstacles, drive successful change and emerge as a proficient change agent, ready to lead effectively in today's dynamic and transformative environments.

#### **Course Objectives**

- Apply the core operating principles for civil servants
- Demonstrate the attributes of a Level V leader, including emotional intelligence, stability and resilience
- Develop strategies to cultivate a growth mindset and learning agility
- Create a robust purpose-driven leadership framework to act as a change agent

https://portal.igotkarmayogi.gov.in/app/toc/do 11395214726494617617 0/overview?primaryCategory=Course

#### 4. Code of Conduct for Government Employees

#### At a glance

Timer 35m

- 1 Interactive Content
- 1 Assessment

#### **Summary**

Course on Code of Conduct for Government Employees

#### Description

Course on Code of Conduct for Government Employees.

https://portal.igotkarmayogi.gov.in/app/toc/do 11359618144357580811/overview?batchid=0135962585066618882

## 5. Prevention of Sexual Harassment of Women at Workplace

#### At a glance

Timer 1h 51m

- 3 Modules
- 3 Videos
- **9 Interactive Contents**

#### **Summary**

A Institute of Secretariat Training & Management(ISTM) & Wadhwani Foundation Production

#### **Description**

A Institute of Secretariat Training & Management(ISTM) & Wadhwani Foundation Production.

https://portal.igotkarmayogi.gov.in/viewer/video/do 113569880104288256138?primaryCategory=Learning%20Resource&collectionId=do 113569878939262976132&collectionType=Course&batchId=0136039422685102083

#### 6. Introduction to Emerging Technologies

#### At a glance

Timer 2h 20m

11 Modules

9 Videos

18 PDFs

1 Assessment

#### **Summary**

The 'Introduction to Emerging Technologies' course is focused on helping learners understand key emerging technologies such as Data Analytics, Artificial Intelligence, Machine Learning, Computer Vision, Natural Language Processing, Internet of Things, Blockchain, Drone Technology, Augmented Reality and Virtual Reality. We help you identify the applications of different Emerging Technologies across sectors and government. We also suggest how one may identify work problems where the use of selected Al-driven and other Emerging Technologies can provide a solution.

#### **Description**

Welcome to the 'Introduction to Emerging Technologies' course! Thanks for joining us on this learning adventure. Let's dive in!

Technological advances have always been key agents of change in how we work, interact and live. There is an unprecedented pace of technological innovation in all fields from computing and artificial intelligence to drones and virtual reality. Public Policy for any country is a complex task, and the complexity increases further if the country is as large, populous and diverse as India. Emerging Technologies provide an avenue for better decision-making and can help improve the policy-making process.

In our view, these technologies supplement the experience and expertise of policymakers and aid their decision-making. As a result, we view AI not as Artificial Intelligence but as Augmented Intelligence, with "you" as the core!

Keeping this in mind we have launched the course 'Introduction to Emerging Technologies'. This course aims at building awareness of emerging technologies among government officials enabling them to make informed data-driven decisions thereby impacting lives for the social good.

#### After this course, you will be able to:

- Understand how Al-powered and other Emerging Technologies are critical for good governance
- Identify the applications of different Emerging Technologies across sectors and government

- Identify work problems where the use of selected Al-driven and other Emerging Technologies can provide a solution
- Appreciate the limitation of Emerging Technologies and in which areas it may not be prudent to use these technologies.

https://portal.igotkarmayogi.gov.in/app/toc/do 1136258909109616641481/overview?batchld=0136260184764088326

#### 7. Stay Safe in Cyber Space

#### At a glance

Timer 1h 16m

5 Modules

43 Videos

1 Final test

#### Summary

Welcome to the course "Stay Safe in Cyber Space" by Indian Cyber Crime Coordination Centre, Ministry of Home Affairs. This course is created with an intent to improve cyber hygiene especially in Government Employees and to create a secure cyber ecosystem. - Understand the importance cyber safety - Learn latest trends in Cyber Crimes. - Ways to stay safe in Digital World. - Reporting cyber crimes

#### **Description**

The aim of this course designed by I4C, MHA is to upgrade the cyber security & cyber hygiene skills of more than 25 lakh civil servants of the Government of India (GoI). This training program will digitally empower officials to identify different types of cybercrime. Course content is delivered in short, simple and graphic based demonstrations. Key citizen centric initiatives like cyber crime helpline 1930 and National Cyber Crime Reporting Portal - www.cybercrime.gov.in have also been included in the content. Successful completion of the course will help participants create a cyber secure Digital ecosystem.

https://portal.igotkarmayogi.gov.in/app/toc/do 11381269163759206411/overview?batchid=0138134566112542726633

#### 8. Orientation Module on Mission Life

#### At a glance

Timer 22m 59s

9 Modules

9 Videos

1 Final test

#### Summary

LiFE - Lifestyle for Environment, is an India-led mass movement to "promote mindful and deliberate utilization, instead of mindless and destructive consumption". Introduced at CoP26 in Glasgow and launched in October 2022 at Kevadia, Gujarat by Hon'ble Prime Minister, Shri Narendra Modi, Mission LiFE aims to nudge individuals towards making simple behavioural changes in their lives and communities, to make them more environmentally sustainable. A comprehensive and non-exhaustive list of 75 individual LiFE actions have been identified across 7 themes — Save Water, Save Energy, Reduce Waste, Reduce E-Waste, Say No to Single-Use Plastics, Adopt Sustainable Food Systems, And Adopt Healthy Lifestyles. These actions are specific, measurable, easy to practice, non-disruptive to ongoing economic activities and with minimal supply-side dependencies.

#### **Description**

Mission LiFE inspires individuals to make small actions in their daily lives and join hands with millions of Pro-Planet People across the world for a sustainable future. Our choices and our behaviours, both individually and collectively, have a tremendous impact on the environment. Mission LiFE is about democratising the battle against climate change as we are all trustees of the planet. Let us come together to implement the ideals of Mission LiFE and make a difference to the earth we live in.

The course on "Mission LiFE" will familiarize you with simple behavioural nudges and actions that can be taken by individuals to achieve a more sustainable lifestyle. The course consists of 9 videos which will introduce the concept of Mission LiFE along with actions that can be taken across the 7 LiFE Themes.

https://portal.igotkarmayogi.gov.in/app/toc/do 1138098612097024001182/overview?batchld=01380994654063001653

#### 9. Yoga Break at Workplace

#### At a glance

Timer 27m 54s

- 3 Modules
- 3 Videos
- 1 PDF
- 1 Final test

#### **Summary**

Y Break "Yoga break at workplace" Yoga protocol was devised with an aim to get Destressed, Refreshed and Re-Focused to enhance immunity at the work place by practicing selected Yoga practice for short duration accrue the benefits as projected from Yoga practices for a longer duration.

#### Description

Y Break "Yoga break at workplace" Yoga protocol was devised with an aim to get Destressed, Refreshed and Re-Focused to enhance immunity at the work place by practicing selected Yoga practice for short duration accrue the benefits as projected from Yoga practices for a longer duration. The protocol comprises few simple Yogic practices follows:

- Tadasana & Urdhva Hastottanasana
- · Shoulder Rotation, Uttana-Mandukasana
- · Ardha Cakrasana, Prasarita Padottanasana
- Kati Chakrasana
- · Deep Breathing, Nadisodhana pranayama

717 participants from 35 Private and Government bodies participated and completed the trial successfully. Feedback of the protocol trial is very encouraging. Participants who completed the protocol include both male and female. After practicing minutes Yoga protocol, twice a day at workplace, a positive shift experienced with encouraging results.

The protocol is found to be helpful for workers to De-stress, Refresh and Re-focus with enhanced immunity at their workplaces. Analysis revealed improvement in all parameters selected for observation. The results show, Yoga break protocol can do wonders in health parameters of the working population. Hence it should be introduced in both public sector and private organisations to improve quality of work of working population.

Workplaces have traditionally focused on core occupation and safety issues and have not paid adequate attention to the health of their employees. Hence, with encouraging results of the "Yoga break @workplace"Yoga Protocol, may be introduced at workplace to bridge this gap. It can be practice by people from factory workers to intellectuals in academic field just for 5 minutes twice a day during the day even with their prolonged work schedule. This Y-break at workplace can create a perfect balance between the activities and process of body and mind.

https://portal.igotkarmayogi.gov.in/app/toc/do 1138113442611445761187/overview?batchld=01381142494242406457

## 10. Compilation of Monthly, Appropriation and Finance Accounts

#### At a glance

Time 47 mins

1 Module

1 PDF

#### **Summary**

This course delves into the processes and procedures involved in compiling various financial statements in government accounting. It covers the preparation of monthly accounts, appropriation accounts, and finance accounts, which are essential for understanding the financial performance and position of government entities. The monthly accounts, appropriation account and finance account has been dealt in detail.

#### Description

By the end of this module, students will be able to: Prepare and analyze monthly accounts for government departments. Understand the process of compiling appropriation accounts to assess parliamentary authorization compliance.

Analyze and interpret the various components of Finance Accounts to gain insights into government finances. Apply the principles of financial reporting and disclosure in government accounting. Evaluate the financial performance and position of government entities based on the compiled accounts. This module provides a practical understanding of the financial reporting processes in government, equipping students with the skills necessary for effective financial analysis and decision-making.

https://portal.igotkarmayogi.gov.in/app/toc/do 11417652647899136013/ov erview?batchId=0141901758761123842 F.N. 23011/40/2010-PT (Part-2)
Government of India
Ministry of Home Affairs
(Police-I Division)
Police Training Section

North Block, New Delhi Dated: the 22<sup>nd</sup> April, 2015

#### OFFICE MEMORANDUM

Sub: Mandatory Mid Career Training Programme for IPS Officers - Promotion to the next grade/increment - regarding.

The undersigned is directed to refer to the subject and say that several participants among the selected and reserve list for various Phases of MCTP are withdrawing their nominations citing personal and administrative grounds or not relieved by States/UTs to attend various phases of MCTP.

- 2. In this connection, attention of State Govts. are invited to Rule 3(1) of IPS (Rules), 2007 which provides that a member of the service shall be appointed to the JAG only after he has completed Phase-III mandatory Mid Career Training as specified by the Central Govt. Similarly, Mid Career Training Programme Phase IV & V are mandatory training programmes, as per Rule 3 of IPS (Pay) Rules, 2007, for promotion/increment of the IPS Officers. The officers need to complete the designated phases within stipulated length of service, failing which the officers would be barred from promotion to the next grade/increment. The officers who are due for 9th, 16th and 26th years of service may have to face stoppage of promotion/increment if they do not attend the designated phases of MCTP.
- 3. The above rule position may please be disseminated to all concerned for strict compliance.

(Harish Chandra Rai) Under Secretary (Police Training) Tel. No. 011-2309 2527

To,

- 1. Chief Secretaries of all States.
- 2. Chief Administrators of all Union Territories.
- 3. Director, SVP National Police Academy, Hyderabad.



## Government of India/Bharat Sarkar Ministry of Home Affairs/Grih Mantralaya IPS-II Section, North Block, New Delhi-1.

<u>Sub</u>: Mid Career Training Programme - Exemption in attendance-Reg.

SVP NPA may please refer to their letter No. 2011/11/2010-Trg.(MCTP-Ph.IV) dated 27.09.2010 on the subject cited above. By amendment in the IPS (Pay) Rules, 2007 it has been notified on 20.09.2010, wherein it has been provided that "a member of Service, who has less than three years of service after the year in which he has been slotted to undergo Phase III, Phase IV or Phase V of Mid-Career Training, would not be sent for mandatory mid-career training." A copy of the notification is enclosed for information and necessary action.

(K. Natarajan)
Under Secretary to the Govt. of India
Tel. No. 23093551

Encl: A= atome.

SVP NPA [Shri C.Balasubramanian, Jt. Dir.(A & SC)], Shivaramapalli, Hyderabad-52. MHA U.O. No. 16011/15/2004-IPS.II Dated the 6th October, 2010.