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Sardar Vallabhbhai Patel  
National Police Academy

July - October, 2017

# *News Letter* of the Alumni



**69 RR**  
**POP Special**



# TROPHY WINNERS



**Sh. Sameer Aslam Shaikh**

The Prime Minister's Baton and Home Ministry's Revolver for the  
**Best All-Round IPS Probationer,**  
The 51st Batch of Senior Course Officers'  
Trophy for **Unarmed Combat**



**Ms. Amrita Duhan**

1973 Batch IPS Officers Trophy for the  
**Best All-Round Lady IPS Probationer,**  
Sh. Bhubananda Mishra Memorial  
Trophy for the **Second Best All-Round Probationer**  
& 1958 Batch IPS Officers Trophy for the  
**Best Lady Outdoor Probationer**



**Inspector Rajesh Raj Puri**

The IPS Association's **Sword of Honour**  
for the  
**Best Outdoor Probationer**



**Sh. Krishnaraj .R**

The Tonk Cup for  
**Equitation**



**Sh. Digant Anand**

The Compaq Trophy for  
**Computer Studies**



**Sh. Shivanand Surve**

The S.R.B. Cup for **Drill**



**Sh. Sumit Sunil Garud**

The **Mehta Cup** for Studies  
The Manipur Cup for **Law**



**Lt. Girpo**

The Jaipur Cup for **PT &**  
ITBP Trophy for **Rock Climbing**



**Sh. Kaustubh**

The 1964 batch of IPS Officers'  
Trophy for Proficiency in the subject  
of **Police in Modern India**



**Sh. Ashok Mishra**

Shri Alakh Sinha Trophy for  
**Investigation**



**Sh. Navneet Sharma**

The 1957 batch of IPS Officers'  
Trophy for  
**Police Leadership and Managment**



**Sh. Subhrajyothi Bora**

Shri Arun Kumar Arora  
Trophy for Police **Ethics**

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## INDEPENDENCE DAY PARADE 2017 DIRECTOR'S ADDRESS

"Swaraj is my birth right and I shall have it" – these words of Shri Bala Gangadhar Tilak finally rang true. On 15th August 1947 we finally attained freedom after 200 years of British Rule. To-day we stand together to celebrate 71 years of Independent India.

Jt. Directors Shri Umesh Sharraf, Shri Rajeev Sabharwal, faculty and staff, Parade Commander Shri Pravin Umesh Dongare, IPS Probationers of the 68 & 69 RR, Ladies and Gentlemen – Independence Day greetings to one and all.

Let us today commemorate the great struggle and sacrifices made by our forefathers to make sure that we are free today. The contributions of Mahatma Gandhi, Moulana Azad, Sardar Vallabhbhai Patel, Bankim Chandra Chatterjee, Jawahar Lal Nehru, B.R. Ambedkar and so many other great stalwarts will never ever be forgotten. The sacrifices of Bhagat Singh, Sukhdev, Chandrashekar Azad, Subhash Chandra Bose, Lokmanya Tilak and many others have not gone in vain.



We have been handed over a country so rich in culture and so united in diversity. As the years have gone by, India has taken great strides in the field of science and technology, education, agriculture and infrastructure. It stands today as a nuclear weapons state and regional power with one of the fast-going major economies and is a newly industrialized country. However, there are many challenges despite the spurt in economic growth. The socioeconomic challenges include 2% living below poverty line, 15% are undernourished and there is huge disparity in economic equality. Other issues which continue to dog us today are corruption and inadequate public healthcare. Other confrontations in Internal security range from Pakistan's planned and supported terrorism in J&K, insurgency in North East, growing Left Wing Extremism, Sectarian and communal tensions, organized crime and cybercrime, drug trafficking to name a few. Let us all vow to eradicate what ails civil society.



The idea of India and its promise must never be sacrificed at the altar of sectarianism and for reaping electoral benefits. Let us all make efforts to ensure the country is a better place to live in.

My heartiest congratulations to the medal winners:-

The Police Medal for Gallantry:-

1. Dr. K. Raghuram Reddy, Asstt. Director (Works)

The President's Police Medal for Distinguished Service.

1. Shri R.N. Reddy, Sub-Inspector

The recipients of the Indian Police Medal for Meritorious Service are -

1. Shri G. Abbaiah, Head Constable; and
2. Shri V.C.S. Reddy, Constable (GD)

You truly deserve the honour bestowed on you by the Government of India. It is a recognition of your sincerity and dedication in the many years of your service. You have done the National Police Academy proud.

I also congratulate Head Constable M.R. Reddy for winning the Union Home Minister's Medal for excellence in Police Training for the year 2014-15 for Outdoor category and Dr. Nikhil J.

Gupta, Deputy Director for winning the Union Home Minister's Medal for Excellence in Police Training for the year 2015-16 for Indoor category.

My special compliments to Shri Pravin Umesh Dongare, the Parade Commander and all IPS Probationers of the 69 RR for the excellent turn out and performance during Parade. I know many hours of hard work have been put up despite your busy schedule and I truly appreciate it. As we celebrate our hard-won Independence, let us redeem our pledge to ensure unity and integrity of the nation. Let us also vow to stand united against corruption and all that ails our country. India today stands at the cusp of becoming a reckonable global power. Let us not miss the India moment. Let us synergize all institutions and people and re-energize the India story as never before.

I will conclude with a quote of Bob Dylan – "A hero is someone who understands the responsibility that comes with his freedom".

Jai Hind!





## Gandhi Jayanti



## Visit by Padma Shri Nana Patekar





## Batch Profile of 69 RR

### Profile of 122 IPS Probationers of 69 RR

#### Total Probationers

#### Gender

Gentlemen	Ladies	Total
101	21	122
79%	21%	100%

#### Age Profile

Age	Ladies	Gentlemen	Total
Below 25 Years	1	2	3
25 – 28 Years	8	53	61
Above 28 Years	12	46	58
Average Age – 28 Years			

### Profile of 14 Foreign Police Officers

#### Royal Bhutan, Maldivian & Nepal Police Officer

Gender	Royal Bhutan Police Officers	Maldives Police Officers	Nepal Police Officers	Total
Gentlemen	4	4	5	13
Ladies	1	-	-	1

#### Age Profile

	Royal Bhutan Police Officers	Maldives Police Officers	Nepal Police Officers
Below 25 years	1	-	-
25-28 years	4	-	4
Above 28 years	-	4	1

**Table – 7**  
**State-wise Distribution (Domicile)**

State	Ladies	Gentlemen	Total
Andhra Pradesh	-	4	4
Assam	1	2	3
Bihar	-	8	8
Chhatisgarh	1	2	3
Delhi	2	2	4
Gujarat	-	2	2
Haryana	3	3	6
Himachal Pradesh	1	-	1
Jammu and Kashmir	1	1	2
Jharkhand	-	4	4
Karnataka	2	5	7
Kerala	1	3	4
Madhya Pradesh	3	4	7
Maharashtra	-	10	10
Manipur	-	1	1
Odisha	1	1	2
Punjab	1	6	7
Rajasthan	1	11	12
Tamil Nadu	-	6	6
Telangana	-	5	5
Uttar Pradesh	3	17	20
Uttarakhand	-	1	1
West Bengal	-	3	3

**Table – 8**  
**Cadre-wise Distribution**

Cadre	Ladies	Gentlemen	Total
AGMUT	2	4	6
Andhra Pradesh	0	4	4
Assam & Meghalaya	0	6	6
Bihar	1	3	4
Chhatisgarh	0	1	1
Gujarat	0	4	4
Haryana	0	2	2
Himachal Pradesh	2	1	3
Jammu & Kashmir	2	0	2
Jharkhand	0	4	4
Karnataka	2	6	8
Kerala	1	5	6
Madhya Pradesh	1	6	7
Maharashtra	0	7	7
Manipur	1	4	5
Nagaland	2	2	4
Odisha	1	2	3
Punjab	2	2	4
Rajasthan	1	2	3
Sikkim	0	1	1
Tamil Nadu	0	7	7
Telangana	0	3	3
Tripura	1	1	2
Uttar Pradesh	0	15	15
Uttarakhand	0	1	1
West Bengal	2	8	10



## Work Experience

	Ladies	Gentlemen	Total
Having previous work experience	14	71	85
	16%	84%	100%
Having no previous work experience	7	30	37
	18%	82%	100%

**Table – 6**

## Academic Background

Background	No. of Trainee Officers
Arts	7
Science	6
Commerce	2
Engineering	75
MBBS	3
MBA	1
Law	4
M.Phil	3
Others	21
Total	122

## Shramdan



## Cycling





## बढ़े चले .....सरदार वल्लभभाई पटेल राष्ट्रीय पुलिस अकादमी से प्रेरणा लेकर

“बाधाएँ आती हैं आएँ  
घिरें प्रलय की घोर घटाएँ,  
पावों के नीचे अंगारे,  
सिर पर बरसे यदि ज्वालाएँ,  
निज हाथों में हँसते-हँसते  
आग लगाकर जलना होगा,  
कदम मिलाकर चलना होगा”

हमारी मातृ संस्था ने हमें “लोहे जैसी हिम्मत”, कार्य-कुशलता और ऐक्य का भाव दिया है, जिससे हम किसी भी प्रकार की स्थिति से जूझ सकते हैं।

मुख्यद्वार पर प्रवेश करते ही लिखी हुई पंक्तियाँ – “संवेदी पुलिस, सशक्त समाज” – हमारी संवेदनशीलता को सदैव जीवित रखने को कहती हैं, जिससे गरीब से गरीब और कमजोर से कमजोर व्यक्ति हम तक पहुँच सके और हम उसका विश्वास जीत सकें और ऐसे ही सम्पूर्ण समान को हम सशक्त सुदृढ़ बना सकें।

मुख्यद्वार पर ही लिखा है – “Be the Change you want to see in the world” – हमारा चरित्र, हमारी सोच, हमारा व्यवहार ऐसा होना चाहिए, जिसकी हम समाज से अपेक्षा रखते हैं। हमारे आदर्श महान और स्वप्न बड़े होना चाहिए।

परन्तु, सिर्फ आदर्शों की बात करने से कुछ नहीं होगा, अपितु हमारे कार्यों में यह दिखना चाहिए।

पुलिस विषयों पर जो ज्ञान हमने अर्जित किया है उसका समुचित, प्रयोग करना है, जिससे लोगों का हमारे ऊपर विश्वास बढ़े और सामाजिक शांति, न्याय की स्थापना हो।

जो कौशल हमने सीखे हैं –TAC, FIRING, UAC इत्यादि उनको समयानुकूल, न्याय संगत रूप में प्रयोग करना है, परन्तु मानवाधिकार को सर्वोपरि रखना है।

जो योग, व्यायाम, दौड़ हमसे करवाई गई वह जीवनपर्यन्त शारीरिक स्वस्थता और मानसिक संतुलन बनाने में महत्वपूर्ण भूमिका निभाएगी। उसको सतत अपनी जीवन शैली का हिस्सा बनाए रखना है।

ट्रेनिंग के दौरान कई बार जो कठिन परिस्थितियाँ आई उन्होंने हमको मजबूत किया है। वो कहते हैं न कि स्वर्ण अग्नि में तप कर शुद्ध होता है और अपनी चमक से सबको प्रभावित करता है, ऐसा ही कुछ इस ट्रेनिंग ने हमारे साथ किया है। संयमित जीवन, अनुशासन और समय प्रबंधन का उत्कृष्ट उदाहरण हमने यहाँ दिया है, वह अपने सामाजिक जीवन में भी यथावत रहना चाहिए।

अंततः जो आत्मीयता और प्रगाढ़ संबंध 69आर.आर. में बने हैं वह आजीवन साथ रखने हैं। संकट में अपने मित्रों की आगे बढ़कर मदद करना है और साथ मिलकर सामाजिक न्याय और भारत के विकास में संलग्न होना है।

Passing out Parade के बाद भी निरन्तर “अमन-प्रेम की रोशनी” लिए चलते रहना है, जिससे हम सम्पूर्ण विश्व को जगमग कर सकें और मानवता के उज्ज्वल भविष्य का निर्माण करें।



अर्पित जैन, भा.पु.से.

69 आर.आर. (परिवीक्षाधीन)



## भारतीय समेकित संस्कृति और राष्ट्रवाद

भारत ! मेरे आत्मसम्मान का सबसे महत्वपूर्ण शब्द

जब ये शब्द सामने आता है।

तब मेरी सारी पहचान अर्थहीन हो जाती है

शेष रह जाता है तो मात्र एक आस्तित्व

भारतीय! भारतीय! भारतीय!

राष्ट्र स्वयं में एक शाब्दिक इकाई नहीं है वरन् अपने एकत्व में वह राजनीतिक, आर्थिक और सांस्कृतिक एकीकरण की पूर्ण अभिव्यक्ति है। आधुनिक युग में राष्ट्र राज्य का उदय एक महत्वपूर्ण घटना है। राष्ट्रों के विकास क्रम में राष्ट्रवाद की दो धाराएं दिखती हैं। समरूपीकरण तथा बहुलतावाद की राष्ट्र अवधारणाएं। बहुलतावदी राष्ट्र का सबसे प्रत्यक्ष और ज्वलंत उदाहरण भारत है। 'अनेकता में एकता' 'वसुधैव कुटुम्बकम्' का आदर्श लिए भारत सदियों से अपनी समेकित संस्कृति तथा 'मुस्ताका ए तहजीब' के लिए जाना जाता रहा है।

भारतीय गंगा जमुनी संस्कृति की सबसे बड़ी विशेषता भी यह समावेशन तथा बहुलतावाद रहा है। कितने ही बाह्य तृजातीय समूह आए यहां किन्तु यहां आकर वे भारत के ही होकर रह गए। भारतीय ललित तथा स्थापत्य कला इस बात का प्रतीक है। एक ओर अजंता, एलोरा की गुफाएं हैं तो दूसरी ओर मुगल काल का स्थापत्य। इसी समावेशन को देखते हुए गुरुदेव रवीन्द्रनाथ टैगोर ने लिखा है –

हेथाय आर्य ! हेथाय अनार्थ ! हेथाय द्राविड़ चीन

हेथाय हुण, कुषाण मंगोल एक देहे होओ लीन।

साम्प्रदायिक सौहार्द ही राष्ट्रीय एकत्व का सबसे मजबूत आधार स्तम्भ है। इसी पर विकास की नींव टिकी हुई है। भारत के पूर्व प्रधानमंत्री जवाहरलाल नेहरू ने भारत को 'लघु विश्व' की संज्ञा दी थी।

यदि भारत के संविधान को देखें तो यह स्वयं में एक समावेशी चरित्र को लिए हुए दिखाई देता है। भारतीय प्रस्तावना में ही धर्मनिरपेक्ष शब्द का प्रयोग किया गया है। साथ ही अनुच्छेद 15, 25, 26, 27, 28, 29, 30 इसी प्रकार धार्मिक आधार पर संतुलन को प्रदर्शित करते हैं। भारत की इसी समावेशी चरित्र के कारण भारतीय



संस्कृति अविचल, सतत् तथा सक्रिय है।

यूनान मिश्र रोमां मिट गए इस जहां से  
बाकी अभी तलक है नामों निशां हमारा  
कुछ बात है कि हस्ती मिटती नहीं हमारी  
सदियों रहा है दुश्मन दौरे जहां हमारा।



**धवल जायसवाल, भा.पु.से.**

69 आर.आर. (परिवीक्षाधीन)

“BOOM!” “BOOM!” “BOOM! BOOM! BOOM!”

The distinct sound of gunshots filled the damp morning air. I woke up startled. We were under attack. Once again the enemy had taken advantage of our weakness and attacked us at our most vulnerable. We scrambled out of our tents and crawled to take cover. There was chaos all over the camp. Shots were retaliated as we tried to thwart the progress of the enemy. Then there was the whistle and everything was silent, save the occasional whisper of my buddy. The booming voice of our exercise incharge called us to assemble together. He briefed us about the mistakes we made and informed us about route the day ahead. Thus began our day in the jungle.

It had been three days since we had come here. A team of sixteen probationers accompanied by a team of three trainers from the Greyhounds; the coveted anti-naxal force; we were here to learn jungle warfare and tactics. The past few days we had learned just that; to live in the jungle, to observe the enemy, to move without being noticed, to camp, to anticipate attacks, to attack enemy hideouts and to thwart attacks. There was a lot to learn and the time was a constraint.

Over the days we did learn a lot. I got an idea of the difficulties the forces face in jungle operations. But to me the four days in the jungle gave me a deeper insight into life. One of the most important things I realized was comraderie. The bond of trust strengthened not only with my buddy but also with other members of my team. I realized the importance of teamwork and leadership. In the uncertainties of the jungle, we were safe only if we stuck together and worked as a team. Work was distributed amongst all and survival was ensured only when each did their part. Be it the sentry duty or carrying the common luggage. It was also important that work be distributed according to our strengths. My one bashful attempt to cook lunch was a disaster and then onwards I let my buddy; a ‘more experienced’ cook takeover the ‘kitchen’. I stuck to more menial tasks like collecting the firewood and doing the dishes. These small learnings went into the operations as well. Planning the operation; dividing ourselves into teams, assigning roles as per strengths and all teams working in coordination and doing their part. Only then were the operations successful.

We were asked to carry necessary items with us in backpacks. And from that heavy bag I got my second learning. At the time of packing; like most others; I filled my bag with all necessary items. The fear of ‘not being enough’ made me pack everything in extra. I couldn’t tell the items which were indispensable from the ones which I could do away with. I carried all. Such has become with our lives as well. In this cosmopolitan world we have crouched down under the weight of the baggage we are carrying. We crave for things we don’t need and increase our burden. If only we shed that unwanted weight, our lives can become so much simple and our journey so much easy.

The jungle also brought me in terms to my nature. I realized I get angry and irritable when I am tired and that I am less inclined to help others out of my comfort zone. Such characteristics I needed to work upon. I also realized my ability of going without water for hours on end if the time arose. I came to terms with the fact that it is in my nature to help others. The jungle unmasked us and brought out our true selves. The 'weight of the bag' also made me witness to some petty fights among friends. The same weight also saw forging of friendships. I saw people helping one another to set up tents in extreme of weather. I witnessed people demanding things as a 'right'. I saw people as they really were and not what they seem to be.

Four days in the jungle without any contact with the outside world. No phones, no social media. For the first time I realized how long twenty four hours really were. I realized that there is so much time in a day that can be better utilized. I realized how we had become slaves to our phones. I realized that the everyday phrase 'I had no time' is just a sham.

I learnt a lot during those few days and realized life in a better way. I learnt that life is uncertain just like the jungle and throws challenges from time to time. Success depend on how prepared we are to face it. How much I change as a person due to it only time can tell. But those moments I spent there, the tedious walks, the meals cooked together, those cups of tea, the heartfelt conversations, the friendly jokes, the petty squabbles, those windy nights, that journey will forever be etched in my memory.



**Dr. Hossain Mehedi  
Rehman**

69 RR IPS Probationer



## Basketball Match



## Handball Match 68 RR Vs 69 RR



## Life with the Greyhounds

One of the most memorable moments of IPS training at the National Police Academy came on 21st August, 2017. This day marked the beginning of a long awaited attachment with the Greyhounds of Telangana. It is remarkable not because of the name that Greyhounds has earned for itself, but because of the wonderful experience that everyone of us has got in the short training module.



Probationers were divided into two groups, consisting of 4 squads each. Group A headed for CSWT, Indore first and Group B stayed back for greyhound attachment which began on 21st August at Greyhounds Training Centre, Premavathipet. On the initial day, there were few lectures on tactical movement, ambush and the challenges faced by Greyhounds in the field. Later, we were shown some demo exercises which we have to do in the later part of the day. The moment of excitement came when we moved into the forest area of the training centre for night exercise. From 8:30 pm to 11 pm, we were engaged in one night ambush exercise. Every squad had been separated for the exercises and each squad was assigned one main instructor and few other assistants. Our squad was briefed properly before going for the exercise. We were divided into different parties – Front cut off, Rear cut off, Firing Party, Assault & Carry Group and Rear Guard. Each party was briefed about its role clearly by the instructor.

As we entered into the area of operation we became very conscious with our moves. For the first time, we started feeling that we are going into a war zone. Our alertness level had increased significantly. At a suitable place we chose our LUP (Lying up position). Our instructor from Greyhounds, Reddy sir, informed us that a civilian messenger of the Maoist will be passing through the forest area and we had to intercept him. We then took our positions. After waiting for half an hour, there came our target. Suddenly, three/four friends jumped into him and held his neck and limbs tightly. Lakshay tightly held him on his neck and the guy was not able to move at all. We were so much into our job that we forgot that it was just an exercise. Finally, Reddy sir intervened and we released the person after a quick interrogation. Later, the guy said to us, “Sir, aap logo ne jyada dabha diya hai”. We had no response apart from giggling together.





As per the information revealed, we prepared ourselves to ambush the Dalam by taking positions in the bushes. Without much inhibition, we took cover at our respective positions. We had to wait almost for an hour before we spotted the dalam. In between, we had to fight another war – a war with the elite force of Mosquitoes. I believe they are far smarter than dalam and us. Even if we applied odomos those mosquitoes didn't spare us. It reminded me of those violent protests in my home state in which protestors never cared for whatever number of tear gas shells that were thrown to them. One thing that I realized while waiting for the dalam is that there is so much beauty in the darkness of night. I could witness the beauty of the silence of civilization, sounds of dancing shrubs and trees, of insects and our breathing.

Flashes of our gun shots filled the narrow passage through which the dalam was moving. We had our first night ambush exercise, neutralizing all the dalam members. After the operation was over we moved from there for the Academy. It was already 11:30 pm when we reached the IPS Mess.

Next day, we had different types of ambush exercises in the morning. In the night, we left NPA for the base camp which is about 80 Kms far from the Academy. We had to stay in the forest area for the next 5 days. No mobile phones, no wallets, no items which can give us comfort were with us. But food for our survival, water bottles, SLR and 50 blank rounds were carried. Our rucksack must have weighed at least 12-15 Kg each. From the dropping point to the LUP area we walked for nearly one hour. At the LUP, we just laid our black sheets and took rest there. Two persons were assigned sentry duty simultaneously for 30 minutes each at two different points and turn by turn everyone woke up to perform his/her duty. At 4:30 am, everyone apart from two of us in sentry duty woke up to surprise loud noise of gunshots fired upon us. The naxals had attacked us and we were wondering what to do at the moment. That was our first learning that we have to be alert and respond swiftly when we are attacked. Reddy sir briefed us about how to respond in such situations.

However, what was most interesting was the part of performing nature's call of duty in the jungle. Almost everybody was new to this job. Some managed to control themselves at least for few days. At about 5:30 am, we started moving forward. Despite the load of our rucksack and rifle, we were not that tired because of the beauty of the jungle. Greenery was all around and nature was far closer to us than ever before. At 7:30 am, we reached at our destination of the day. We set up our own tents there with the black plastic sheets and ropes provided to us. Buddy pairs were formed to help each other out. One buddy goes to collect firewood while the other prepares the hearth. It was our first lesson on 'living a self-dependent life'. We prepared our breakfast and lunch. We didn't care about the taste. Rehman, my buddy partner and I just mixed rice and daal and added some salt to it and cooked our food. We ate it with pickle and it turned out very tasty, even tastier than that of our IPS Mess' delicious dinners. We finished off our lunch quite early at around 10 am. I realized that time is going very slowly. Every minute is becoming longer than ever before. There was nothing around except the tents and trees. Perhaps, in the Academy, time



itself is in a race and hence runs faster. In the jungle, it is three of us only – nature, time and us. We needed no race. I think it is the way nature teaches us valuable things by invoking us internally.

We continued to do sentry duty in turns for 30 minutes each. In the afternoon, we conducted few exercises in different scenarios. As night set in, we prepared ourselves to defend from any kind of attacks. Before the first sunlight came we were under attack from the naxals. We responded swiftly this time by taking appropriate covers. After that Reddy sir as usual debriefed us. At 6 am, we set out our journey for the next destination.



This process continued for the remaining days. As days progressed we have come to know that life in jungle is not that easy. Challenges are too many. Travelling for long hours by foot, difficult terrain with every possible element of surprise ambush by the enemy, unknown territory, etc., pose great challenges for the force on the ground in such regions. On the third day in jungle, we faced heavy rain en route our next LUP. Even our ponchos couldn't help us and all of us got wet in rain. We set up our tents then and there despite the rain. It was a cold night and wind was very strong too. We had no blanket to protect ourselves from cold. Half of the black sheet on which we were sleeping was wet with rain water. However, we managed to sleep somehow by covering ourselves with whatever clothes we were carrying.

It is worthwhile to reckon that we all didn't take bath or wash our faces properly in those 6 days. Water was something which we treasured a lot. Its value had been increased manifold in the jungle. Greyhounds instructors were very particular about not leaving any trash or even tissue paper in the jungle. We followed their advice and it was significant not only from the viewpoint of safeguarding nature but also from tactical point of view.

This attachment has taught us many things beyond the realm of tactics. We have been taught meaningful lessons of life which will broaden our knowledge horizon and attitude towards life and people. We are more confident now than ever before. We have been taught to face challenges with proper planning and camaraderie with team members. I hope we are also in a much better position to appreciate our subordinates who are working in the field and to understand their grievances. In fact, this attachment has opened our eyes wide and we will strive to carry forward the lessons we have learnt as we move ahead.



**Shivakanta Kshetrimayum**  
69 RR IPS Probationer

## Cross Country 16 Kms



## 40 km Walk





## 40 किमी. रूट मार्च

“सोच को अपनी ले जाओ शिखर तक,  
कि उसके आगे सारे सितार झुक जायें।  
न बनाओ अपने सफर को किसी कश्ती का मोहताज,  
चलो इस शान से कि तूफान भी झुक जायें।”

आखिर वो घड़ी भी आ ही गयी जिसका हम सभी आई.पी.एस. प्रशिक्षुओं को बेसब्री से इंतजार था। वह घड़ी थी 40 किमी. रूट मार्च। कभी इतिहास में हमने पढ़ा था महान से महान यात्रा की शुरुआत भी छोटे-छोटे कदमों से ही शुरू होती है ;‘अमद’ ‘सवदहमेज रवनतदमल’ ‘जंतजे पूजी’ ‘पदहसम’ ‘जमचण्ड माउत्से तुंग के नेतृत्व में जब 1949 ई. की महान चीनी क्रांति अपनी सफलता को प्राप्त हुई थी तब उपरोक्त कथन अक्षरशः सच बनकर उभरा था।

अपने 40 किमी. के रूट मार्च को हमने इसी नजरिये से देखा और जिया। तारीख 8 सितम्बर, दिन शुक्रवार की वह शाम बहुत अच्छी तरह याद है हम भी को। अपने लावलशकर के साथ तैयार हो हम रक्षक्षेत्र में आ डटे थे। हमारा मनोबल उस समय और बढ़ गया जब हमने देखा कि हमारा उत्साहवर्धन करने के लिए श्री पवन कुमार सर ;।क्वद्ध खुद मौजूद थे। हमारी रगो में रक्त का संचार चौगुना हो उठा जब हमने देखा कि सर भी हमारे साथ कदम से कदम मिलाकर चल रहे हैं।

जब हम सभी एक साथ रूट मार्च के लिए बढ़ चले, वह नजारा देखने लायक था। मेरे मन में यह ख्याल सहसा ही आ गया –

“वीर तुम बढ़े चलो, धीर तुम बढ़े चलो,  
सामने पहाड़ हो, सिंह की दहाड़ हो,  
तुम निडर डरो नहीं, तुम निडर बढ़े चलो।”

जैसे-जैसे हम आगे बढ़ते जा रहे थे हम पसीने से सराबोर होते जा रहे थे लेकिन मंजिल की ओर बढ़ने की ललक हमारे उत्साह को कम नहीं कर पा रही थी। हमारे शरीर में पानी की कमी न हो इसे ध्यान में रखते हुए नेशनल पुलिस अकादमी ने हर 5 किमी. की दूरी पर वाटर पाइंट रखे हुए थे। एक तरफ जहां ये वाटर पाइंट हमारे सूखे गलों को तरोताजा कर रहे थे वहीं दूसरी ओर तय की गयी दूरी की भी सूचना दे रहे थे। हमारी सुविधा के लिए तैनात सुरक्षाकर्मी एवं ट्रैफिक पुलिस के जवान हमारे मनोबल को दुगुना कर रहे थे। रास्ते में अपने कंधे और। कंधे को देखकर हमारे शरीर में नयी ऊर्जा का संचार हो जाता था और वह होना जरूरी भी था, उन सभी की वजह से ही तो हम इतने मजबूत बने थे। इस तरह हमने देखते ही देखते पहले 10 किमी. की दूरी 2 घंटे में तय कर ली थी। हमें अपने अंदर छिपी क्षमता का पहली बार इतनी गम्भीरता से आभास हुआ।

हम सब आगे बढ़े जा रहे थे, रास्ते में आते-जाते लोग, मुस्कुराते, टाटा करते बच्चे जहां हमारे अंदर देशभक्ति के जज्बे को ओर बढ़ा रहे थे वहीं दूसरी तरफ हमें उनकी आंखों में हमारे ऊपर एक विश्वास सा दिख रहा था, वह विश्वास यह था कि देश की आंतरिक सुरक्षा हेतु हम तैयार हैं।

हमारा सफर बढ़ता जा रहा था, साथ-साथ कारवाँ था। करीब 10 किमी. की दूरी और तय ही की थी कि गरमा-गरम लजीज खाने को देखकर मन प्रसन्न को उठा। आलू-मटर की सब्जी, दाल, चावल, पनीर और रोटी। पहला कोर मुँह में रखते ही लगा कि इतना स्वादिष्ट खाना आज से पहले क्यों नहीं मिला ?

खाना खाने के बाद शरीर आराम करने के मूड में था पर मन में अपनी मंजिल पर पहुंचने की जबरदस्त उत्कंठा थी तो फिर होना क्या था, फिर चल पड़े कदम अपनी मंजिल की ओर।



जैसे-जैसे मंजिल की ओर हमारे कदम बढ़ रहे थे हमने सफलतापूर्वक करीब 30 किमी. दूरी तय कर ली थी लेकिन साथ ही थकान भी हमारे ऊपर कुछ-कुछ हावी होती जा रही थी और हमारे पैरों में छाले इसको ओर भी बढ़ा रहे थे। साथ ही मन में बार-बार ये ख्याल आ रहा था-

“मुद्दतों के बाद कोशिशों के पांव,  
हिम्मतें लेकर मंजिल से मिलने चले।  
मुश्किलों ने रोक के परेशानियों से मिलवाया,  
और हिम्मतें कुछ पस्त होने लगी।  
अगले मोड़ पर रुकावटों भरी,  
थकान ने पकड़ के बिठा दिया।  
हौसलें की हवाओं ने कोशिशों को सहारा दिया,  
और चल पड़ी वो भी इस सफर में.....  
धीरे-धीरे तेज होती थापों की ताल सुनके,  
फिर जोश भी साथ हो लिया.....

कदम अब दौड़ रहे थे और मंजिल करीब लग रही थी.....

अंधकार अपने पूरे शबाब पर था पर वहां चारों तरफ जगमगाती हुई रोशनी अंधकार को सफल चुनौती दे रही थी। हमें अंतिम वाटर पांट का बेसब्री से इंतजार था चूंकि हम जानते थे इसके बाद मात्र 5 किमी. की दूरी ही शेष रह जाएगी जैसे ही अंतिम वाटर पाइंट हमें दिखाई दिया हमारी आंखों में अलग ही चमक आ गयी। हमने वहां पानी पिया और एक बार फिर से पूरे जोश के साथ हम मंजिल को पाने की ओर चल पड़ें। आगे 5 किमी चलने के बाद जैसे ही हमें नेशनल पुलिस अकादमी की बस खड़ी दिखाई दी हमें स्वयं पर गर्व होने लगा और ऐसा लगा कि हमने भी एक छोटी सी महान यात्रा सफलतापूर्वक सम्पन्न कर ली थी। अपनी मंजिल पर पहुंचते ही हमारे मन में खुशी की कोई सीमा न रही और साथ ही एक अहसास भी हो रहा था कि -

“जिंदगी की असी उड़ान अभी बाकी है,  
जिंदगी के कई इम्तिहान अभी बाकी है।  
अभी भी नापी है मुट्ठी भर जमीं हमने,  
अभी तो सारा आसमान बाकी है।”



**प्रितपाल कौर, भा.पु.से.**  
69 आर.आर. (परिवीक्षाधीन)



**कुमारी मुनेश, भा.पु.से.**  
69 आर.आर. (परिवीक्षाधीन)

## एथलेटिक मीट की यादें

अक्टूबर माह का पहला सप्ताह सरदार वल्लभभाई पटेल राष्ट्रीय पुलिस अकादमी में अलग ही रोमांच, चहल-पहल का समय था। यह ऐसा सप्ताह था जिसमें 2016 बैच के आई.पी.एस. प्रशिक्षु अधिकारी, फैकल्टी सदस्य के द्वारा अपनी व्यक्तिगत व सामूहिक तौर पर अपनी दक्षता, क्षमता, दृढ़ता, मजबूती, कौशल स्किल, तेजी दिखाने का मौका मिलने वाला था।

इस तरह 69वाँ एथलेटिक मीट का शुभारम्भ शानदार परेड के द्वारा शुरू हुआ। अलग-अलग टीमों के द्वारा खेलकूद में सच्ची खेल भावना का प्रदर्शन करने की शपथ ली गई। इस तरह कई स्पर्धाओं जैसे 150 मीटर/200 मीटर/1500/5800 मीटर/डिसकस थ्रो, लांग जम्प, शॉटपुट, रस्साकस्ती जैसे कई प्रतिस्पर्धाओं की शुरुआत हुई।

इस दौरान कई आई.पी.एस. प्रशिक्षु अधिकारियों ने ऐसा प्रदर्शन किया कि इनकी क्षमता, दक्षता, तेजी, फुर्ती देखकर लगा ही नहीं कि ये वहीं थे, जो अलग-अलग स्कवॉड में धीमी गति से भागते थे। इनके प्रदर्शन से साबित होता है कि व्यक्ति में असीम क्षमता है, बस उसे निखारने की जरूरत है।

महिला प्रशिक्षु अधिकारियों में प्रतिस्पर्धा तो और कठिन था। एक पदक के लिए कई बार टाई मैच हो गया। ऐसे ही एक भूटान रायल पुलिस के गिरपो है। क्या भागते हैं। उसेन वोल्ट से थोड़ा ही धीमा भागते हैं। 100 मीटर की दौड़ में भी 10 मीटर का अंतर कर देते हैं।

इस एथलेटिक मीट का सबसे रोमांचक यादगार लम्हा तो इसका समापन था। समापन समारोह के दौरान क्या झमाझम बारिश हुई लेकिन श्रेय देना होगा एन.पी.ए. के प्रशिक्षण की। इस प्रशिक्षण ने प्रशिक्षु को पैदा कर दिया है कि इस घोर बारिश में चट्टान की तरह बिना हिले-डुले समापन परेड संपन्न किया। निश्चित रूप से यह देखकर लगा कि ये प्रशिक्षु अधिकारी किसी भी तरह की चुनौतियों का सामना करने को तैयार हैं। इस तरह कई सुखद, रोमांचक न भूलने वाले कई यादों के रूप में यह एथलेटिक मीट हमेशा हमारे जेहन में बना रहेगा।



एम.डी. मुस्ताक, भा.पु.से.  
69 आर.आर. (परिवीक्षाधीन)



## Annual Athletic Meet - 2017





## Winners - 69 RR Probationers (Annual Athletic Meet) October, 2017

S.No	Events	1st Position (Gold Medal & Cup/ Trophy)	2nd Position (Silver Medal)	3rd Position (Bronze Medal)
1	Cup for 100 Meters Run	Girpo, Sqd -8 12:253 Sec	R Shiva Prasad Sqd-3 13:168 Sec	Ahmed Shifaz, Sqd-8 13:423 Sec
2	Cup for 200 meters run	Girpo, Sqd -8 25:161 Sec	Illango R, Sqd-5 26:871 Sec	Ahmed Shifaz, Sqd-8 27:310 Sec
3	Trophy for 400 Meters Run	Karma Thinley, Sqd-6 1:01:114 Sec	Viswanadh R, Sqd - 4 1:01:779 Sec	Anamol Khadka, Sqd-3 1:3:979 Sec
4	Cup for 800 Meters Run	Girpo, Sqd-8 2:21:860 Sec	Pravin Karki Sqd-1 2:22:195 Sec	Yatish N Sqd-5 2:31:591 Sec
5	Cup for 1500 Meters Run	Aditya Langey Sqd-2 4:58:91 Sec	Pravin Karki Sqd-1 5:6:298 Sec	Mohan Lal Meena Sqd-5 5:13:281 Sec
6	Cup for 5000 Mtr Run	Aditya Langey Sqd-2 20:48:818Sec	Rajesh Raj Puri, Sqd-4 21:00:079 Sec	Rabin Babu Regmi, Sqd-5 21:21:068 Sec
7	Cup for 110 Mtr Hurdles	Illango R Sqd-5 22:572 Sec	Karma Thinley Sqd-6 22:951 Sec	Mohan Lal Meena Sqd-5 23:410 Sec
8	Cup for High Jump	Sameer Aslam Sheikh Sqd-3 1.57 Mtr	Harsh Vardhan Agarwalla Sqd-3 1.55 Mtr	Karma Thinley Sqd-6 1.53 Mtr
9	Cup for Long Jump	Girpo Sqd-8 5.59 Mtrs	Srinivasa Gowda R Sqd-7 4.93 Mtrs	Aditya Langey Sqd-2 4.85 Mtrs
10	Cup for Triple Jump	Girpo Sqd-8 11.34 Mtrs	Anamol Khadka Sqd-3 9.91 Mtrs	Mummaka Sudarshan Sqd-3 9.85 Mtrs
11	Cup for Hammer Throw	Mohan Lal Meena Sqd-5 19.44 Mtrs	Ankur Aggarwal Sqd-5 17.45 Mtrs	Srinivasa Gowda R - Sqd-7 16.52 Mtrs
12	Cup for Javelin Throw	Mohan Lal Meena Sqd-5 35.17 Mtrs	Pema Khandu Sqd-4 29.50 Mtrs	Ravindra D Patel Sqd-4 29.35 Mtrs
13	Cup for Discus Throw	Ravindra D patel Sqd-4 25.72 Mtrs	Abhishek Gupta Sqd-5 24.40 Mtr	Ankur Agarwal Sqd-5 20.83 Mtr
14	Cup for Shot Put	Ravindra D patel Sqd-4 8.92Mtrs	Tenzin Namgey Sqd-2 8.35 Mtr	Ayush Prasad Joshi Sqd-7 8.13 Mtrs
15	Cup for 100 Run for Lady Prob.	Ms. Sagarika Nath(Sqd-8) 15:301 Sec	Ms.Pritpal Kaur (Sqd-2) 16:90Sec	Ms.Simi Mariam (Sqd-3) 17:132 Sec
16	Cup for 200 Run for Lady Prob.	Ms. Sagarika Nath(Sqd-8) 32.245 Sec	Ms. Lipi Singh(Sqd-1) 34.304 Sec	Pritpal Kaur(Sqd-2) 35.388 Sec
17	Cup for 400 Mtr Run for Lady Prob.	Ms. Lipi Singh(Sqd-1) 1:16:547 Sec	Ms.Simi Mariam (Sqd-3) 1:23:653	Ms.Simrat Kaur (Sqd-6) 1:27:078
18	Cup for 1500 Meters Run for Lady Prob.	Ms. Lipi Singh (Sqd-1) 6:10:424 Sec	Ms. Damcho Lham (Sqd-5) 6:47:67 Sec	Ms. P.D.Nitya (Sqd-8) 6:54:450Sec
19	Cup for 100 Mtr Hurdles for Lady Prob.	Ms.Damcho Lham(Sqd-5) 24:969 Sec	Ms.Amrita Duhan (Sqd-1) 32:231 Sec	Ms.Bidisha Kalita (Sqd-5) 36:873 Sec
20	Cup for Long Jump for Lady Prob.	Ms. Sagarika Nath(Sqd-8) 13.02 Mtrs	Ms. Amrita Duhan(Sqd-1) 10.06 Mtrs	Pritpal Kaur(Sqd-2) 10.02 Mtrs.

S.No	Events	1st Position (Gold Medal & Cup/ Trophy)	2nd Position (Silver Medal)	3rd Position (Bronze Medal)
21	Cup for High Jump for Lady Prob.	Ms. Damcho Lham(Sqd-5) 115 Cms.	Ms. Amrita Duhan(Sqd-1) 113 Cms.	Ms. Neha Yadav(Sqd-7) 100 Cms.
22	Cup for Discuss Throw for Lady Prob.	Ms. Damcho Lham(Sqd-5) 20.20 Mtrs.	Ms. Sagarika Nath(Sqd-8) 14.36 Mtrs	Ms. Neha Yadav(Sqd-7) 13.95 Mtrs.
23	Cup for Triple Jump for Lady Prob.	Ms. Sagarika Nath(Sqd-8) 7.40 Mtrs	Ms. Nidhi Bansal(sqd-4) 6.55 Mtrs	Ms. Neha Yadav(Sqd-7) 06.40 Mtrs
24	Cup for Javelin Throw for Lady Prob.	Ms.Akriti Sharma (Sqd-7) 15.90 Mtr	Ms.Pritpal Kaur (Sqd-2) 11.91 Mtr	Ms.Amrita Duhan (Sqd-1) 11.83 Mtr
25	Cup for Shot Put for Lady Prob.	Ms. Damcho Lham(Sqd-5) 07.39 Mtrs.	Ms. Pratiksha Jhakariya(Sqd-2) 5.84 Mtrs	Ms. Ashwini Gotyal(Sqd-2) 5.66 Mtrs
26	Trophy for 4 X 100 Meters Relay	<b>Squad.8</b> 1.Ahmed Shifaz 2. Sharat C Pawar 3. Shivanand Survey 4. Girpo <b>52:226 Sec</b>	<b>Squad.5</b> 1.Kiran Kumar Jadhav 2. Mohan Lal Meena 3. Rabin Babu Regmi 4. Illango R <b>53:380 Sec</b>	<b>Squad.3</b> 1.Harsh Vardhan Agarwalla 2. Sameer Aslam Sheikh 3. Atul Sharma 4. Anamol Khadka <b>53:480 Sec</b>
27	Trophy for 4 X100 meters Medley Relay (3 men OT & 1Lady Prob.)	Sdq-3	Sqd-8	Sqd-7
28	Trophy for 4 X400 meters Relay	<b>Squad.8</b> 1.Ahmed Shifaz 2. Harsh Indora 3. Shivanand Surve 4. Girpo <b>4.12.248 Sec</b>	<b>Squad.4</b> 1.Rajesh Rajpuri 2. Premasukh Delu 3. Pema Khandu 4. Vishwanath R <b>4.15.501 Sec</b>	<b>Squad.5</b> 1.Kiran Kumar 2. Ankur Agarawal 3. Rabin Babu Regmi 4. Mohan Lal Meena <b>4.20.571 Sec</b>
29	Cup for Inter-Squad Tug-of-War	Sqd-7	Sqd-2	Sqd-1
30	Cup for 10 X 3.5 km Cycle Relay Race	Sqd-5	Sqd-4	Sqd-2
31	Cup for Best Athlete (Gentlemen)	<b>Girpo (RBP)</b>		
32	Cup for Best Lady Athlete	<b>Ms. Sagarika Nath &amp; Ms Damcho Lham</b>		
33	Cup for Team Championship	<b>Sqd-5</b>		



## Annual Aquatic Meet - 2017





## Winners - 69 RR (Annual Aquatic Meet) October, 2017

S. No.	Name of Event	Gold	Silver	Bronze
1	200 Meter Individual Medley for Gentlemen	Padmanabh Baruah 04:52:96	Mohan Lal Meena 05:15:63	Ahmed Shifaz 05:27:735
2	50 Meter Free Style for Gentlemen	Padmanabh Baruah 36:61 Sec	Ravindra D Patel 36:87	Praveen Kumar 42:36 Sec
3	100 Meter Free Style for Ladies	Pritpal Kaur 02:45:360	Nivedita Naidu 02:55:78	Damcho Lham 03:47:80
4	4 X 50 Meter Medley Relay	Sqd - 4 (03:27:87) Viswanadh R Rajesh Raj Puri Somay V Munde Ravinder D Patel	Sqd - 8(03:36:75) Ahmed Shifaz E Karthik Hakay Akshay Padmanabh Baruah	Sqd - 3(04:11:94) Sameer Aslam Abdulla Haleem Shiva Prasad Vidit Raj
5	50 Meter Butter Fly for Gentlemen	Padmanabh Baruah 47:219	Mohan Lal Meena 52:00	Abdulla Haleem 52:82
6	200 Meter Free Style for Gentlemen	Padmanabh Baruah 03:41:450	Mohan Lal Meena 04:44:021	Khilari Rishikesh 04:50:337
7	50 Meter Back Stroke for Gentlemen	Ravindra D Patel 39:54	Ahmed Shifaz 50:15	R Shiva Prasad 01:07:67
8	100 Meter Free Style for Gentlemen	Ravindra D Patel 01:23:11	Padmanabh Baruah 01:26:29	Abdulla Haleem 01:55:869
9	50 Meter Breast Stroke for Gentlemen	Ravindra D Patel 48:18	Ahmed Shifaz 50:27	Dongare Pravin Umesh 53:43
10	100 Meter Breast Stroke(A.S. Brar Memorial Trophy)	Ravindra D Patel 01:48:045	Ahmed Shifaz 01:59:39	Mohan Lal Meena 2:11:053
11	50 Meter Free Style for Ladies	Pripal Kaur 1:05:890	Sagarika Nath 1:10:439	Nivedita Naidu 1:12:48
12	50 Meter free style for children (11-15 yrs)	Nishant (43:730) S/O Nikhil J Gupta	Samya (52:35) D/O Madhukar Shetty	Surya (01:01:96) S/O Dr.Vani
13	4 X 50 Meter Free Style Relay (Faculty Vs Probationers)	Probationers (2:51:756) Ahmed Shifaz R Shiva Prasad Praveen Kumar Padma nabh Baruah	Faculty/OD (03:05:625) Madhukar Shetty DD(A) P Vimaladitya AD(IT) P Nagabhushanam, SI Deepak Singh, ADI	
14	4 X 50 Meter Free Style Relay	Sqd - 4 (03:02:417) Viswanadh R Vakul Jindal Somay V Munde Ravinder D Patel	Sqd - 8(03:13:420) Ahmed Shifaz E Karthik Hakay Akshay Padmanabh Baruah	Sqd - 7(03:26:46) Saidulu Adavath R Ram Kumar Khilari Rishikesh Jagpal Singh Dhanoa
15	Water Polo Match (Final)	Sqd-4	Sqd-7	Sqd-2
16	Best Swimmer(Lady Prob.)	Pritpal Kaur		
17	Best Swimmer(Gentlemen Prob.)	Padmanabh Baruah, Ravindra D Patel		
Beginner /Others Events				
1	50 Meter free style for beginners (Gentlemen)	Rajesh Raj Puri 52:728	P Krishnakant 57:667	Atul Sharma 58:76
2	50 Meter free style for beginners (Lady )	Bidisha Kalita 01:19:31	Damcho Lham 01:23:301	Sandhya Swamy 01:31:97

## Life at NPA

Writing about my experience at NPA gives me extreme pleasure and satisfaction. At the same time, it fills me with sadness to see this wonderful journey coming to an end. As I pen down my moments at the academy, the athletics meet has just come to an end with the Indra devta showering his blessings with showers. In the coming three weeks, tiring sessions of POP practice combined with exciting events like Tonk cup, cultural night and finally our Passing Out Parade await our batch. However, I would like to start from where it all began.

I still vividly remember the day when I landed on Rajiv Gandhi International Airport, Hyderabad with a mixed bag of feelings. I was excited to have cleared the Civil Services Examination and been allotted the Indian Police Service. I was looking forward to the training which was going to transform me from a civilian to a cop. I was going to learn horse riding, firing weapons, throwing grenades, unarmed combat, rope climbing and what not! At the same time there were apprehensions related to the toughness of the training, especially outdoors, the strict disciplined and routine life of an IPS probationer, new people and environment I was going to encounter.

When I came out of the airport, there was a bus from NPA waiting to take me to the academy. I boarded the bus where three other probationers were already seated. I spoke little and kept mostly to myself in the bus. We reached the academy within 30 minutes and I was given the keys to my room, told to get a hair cut, change into formals for dinner, eat and sleep early as the fall in was scheduled early next morning.

This was the zero week which basically was to familiarize us with what lay ahead. We were divided into 8 groups, shown around the academy and briefed about the academy. Our physical fitness was assessed and as I had expected I found myself in the last group (the least fit group). After this week ended, we were divided into squads, each squad having roughly 19-20 probationers.

Next week onwards started the tough phase of training. Morning sessions of PT sucked out all the energy from me. After that we had indoor sessions of four and a half hours. In the afternoon there were sessions of drill followed by a games period. Before coming here, I used to sleep at 5 in the morning and get up at 1 in the afternoon. However, at NPA, my day used to start at 5.00 in the morning and end at 6.30 in the evening. There was hardly any time to rest in the afternoon. Added to this tough routine was the discipline expected from OT's. I remember counting the days when the week started. Monday mornings were the toughest in the initial months.

After sometime, I got used to the routine, discipline and outdoor training rigour and then I could get some breathing space. Meanwhile I also made some friends with whom I used to sit and vent out my frustration. Gradually, I got settled into the NPA life and thereafter there was no looking back. I was amazed to see my weight drop from 98 to 90kgs in the first month itself. Apart from drill and PT other outdoor sessions were added to the training routine like weapon training, firing, swimming, horse riding which also helped in easing the pressure.



The indoor classes were also an altogether new experience for us as there were 15 new subjects about which most of us had hardly any previous knowledge. Although staying awake in the indoor classes was difficult, especially after PT and breakfast, I tried to be awake for most of the sessions.



This continued till our attachments started. In April, our batch went for ITBP-Rishikesh attachment, where we did bungee jumping, rock climbing and a lot of exciting stuff. After returning from there, I had the first opportunity to go home during the midterm break within a month and my parents were very happy to see me leaner and fitter. June was a bit monotonous but it ended with a 25km route march in cross country terrain which tested our physical and mental endurance. In July, we again went out for Bharat Darshan to explore and study the cultural diversity of India. August was also fun with 5 days of jungle attachment where we learnt different techniques of jungle warfare apart from surviving there. Soon, came September which was the most hectic month after

the initial months of December-January. There were examinations for both indoor and outdoor subjects, 16 km cross country run and 40 km route march. There was so much to do with so little time on our hands that time seemed to fly.

As I write this letter at the end of first week of October, it gives me extreme satisfaction to have undergone this training. It has made me physically and mentally tougher and also equipped me with the skills needed for Indian Police Service. I can easily say that this has been the best and most productive time spent by me in years. NPA is a place which has provided me so much in such a short span of time and I will be indebted to it forever.



**Shashvat Kumar**  
69 RR IPS Probationer



## Riot Control Drill



## Final Volleyball Match



## 10 Things What NOT to do as Police Officer

The day since we stepped in the academy, we were bombarded with all the rules, regulations and orders that has to be followed. It was funny at first to unlearn what is civilian and learn what the 'force' discipline means. No doubt the uniform services demand a different level toughness both physically and mentally and so we embarked on this journey. The 69RR is fortunate enough to get a chance to interact with many famous bureaucrats, police officers, social workers who shared their wide gamut of experiences and the journey in their respective fields. While the guest lectures provided a formal platform, interactions with officers during Bharat Darshan was a good eye-opener to know about the working of state police. During one such interaction, a renowned officer had advised me to always carry a small pocket diary and note down the things which you should never do when you have to take charge on the field. It is often that we know what the right thing is, but sometimes forget, what's the right way to do. Inspired by his words, I compiled my own list of 10 things that one should avoid doing based on the limited policing knowledge acquired in the academy.

I don't mean to sound an idealist, as everyone has a different approach towards things based on circumstances, but still analyzing oneself and the situation is a good habit which can find an echo in the following points as described.

### 1. DON'T be a cynic, but a selective SKEPTIC

As a habit, it is seen in most of the police officers that they tend to distrust everybody and everywhere. But trust is indispensable without which neither we can never work as a team nor take risk. So, every doubt be based on some reason rather than a perception. To fight our own prejudices is the first battle to be won and then take on the world.

### 2. DON'T harass men with rules, but make rules to FACILITATE their work

It's a common belief that the Weber's bureaucracy in itself is a big labyrinth where when a request enters would lose its way to find a meaningful conclusion. Often small requests, changes which a police station or outposts need have to take a long route of approvals when the stakeholders know it's importance better than the HQ. Release of funds, grant of leaves, allocation of vehicles, etc are some basic requirements that lose out to the essence of time during the approval process. The transparent procedure need not be complicated and making rules flexible to facilitate the general process is in much interest of the stakeholders.

### 3. DON'T limit your capabilities unto you, taking HELP is also the part of what you can do

While we are already inducted in the higher rank of IPS, it still doesn't automatically upgrade our experience level of the field. It's imperative that one should never shy away from learning without carrying the baggage of any stars and do everything in our capability as best as we can, but if somehow the result is not coming then move a step ahead and take help of the persons who can do the job better than you and acknowledge it. If ego comes as an obstacle then always



remember that you as a person are much smaller than the task at hand which affects others the most.

4. DON'T be a hypocrite, preach what you say

We all have come from different backgrounds, regions and have different upbringings, so it's natural that all cannot have a same opinion on everything, but agreeing to disagree is also a good way of understanding people. Because we are expected to inspire others, it doesn't mean that we have to speak as idealists and perform as escapist. This discrepancy will be self evident with people whom we are working with, and with the passage of time the loss of credibility suffered would be irreparable. So truth may be inconvenient at first but it will outlive and that is what one should be convinced about.

5. DON'T use anger as a defence mechanism when you're on the edge

It's natural to make mistakes and by accepting it, one doesn't lose out. Of course, it depends on the way one sees it based on what their priority is, whether it's self respect or pride. But using the mask of anger to demean the person who pointed the wrong done is actually a cowardly act that makes one weak to even face self with the truth. If one is not aware about the source of their anger then it's easy to get disillusioned and lose focus. Moreover, those who use anger as the part of their personality soon lose out the respect of their words because for the colleagues too, the words spoken in anger become a cliché and it becomes a water cooler talk for the past time.

6. DON'T forget that respect is for the post, as a person one needs to EARN it

It's a general human tendency that we expect a lot more for ourselves, and there is nothing wrong in that, as long as we are conscious that what we get is what we deserve. Interpersonal relationships have to be built on a human level and there is no substitute for it. A small word of appreciation, reaching out to the person when in need, being truthful and yet assertive, etc, are some of the ways to earn the goodwill and respect of the people. So, expecting respect because we hold a certain position is just a starting point, one has to work constantly out of their comfort zone to prove that they are worth it. Those who only settle at the starting point think they had won the race in the competition, but for the audience they weren't even the participants in the first place.

7. DON'T work for awards and recognition only

Who doesn't like to be rewarded and noticed by the people! When a long list of awards and recognitions are read in the introduction speech of the guest to address a session, the audience welcome him with a great applause (which is actually encouraging), but what they take with them are the experiences and thoughts that the speaker has shared. The work that has led to the award shall always be discussed. It may happen that a good work will not be recognized, or worse, somebody else would get the credit of all the hard work that you have done, but it doesn't make the deserving insignificant, because your team, the people who have witnessed



your efforts shall always remember and their gratitude would outlast any applause received for any awards.

8. DON'T turn deaf to your own inner conscience

It's the most important point I would say. In the course of public dealing, we may not realize the distinction between our duty and our responsibility. In the process of following rules and upholding orders, somewhere we stop questioning the 'WHY' for our actions. So much so, that the mind which is rationale and objective, and has its own sense of fairness, tends to ignore the contradicting thoughts as no one wants to go against the tide in the quest to search the right path. This is not about turning rebel against a corrupt system, but having a sync between your thoughts, principles and the actions. To become a passive spectator and sympathize is as worse as the evil doer.

9. DON'T demean the importance of others TIME

Yes, we have a busy schedule, hectic work life and important duties, yet the common man waiting for his turn to meet you is as important as you. Public offices have a notorious image of treating the customers as second class citizens and somehow people have also internalized it. This instigates the growth of elitism in the minds of officers and even subconsciously their thought process gets aligned to it. On a certain level we are no better than a common man, it's just the matter of opportunity and luck that favored some in some way, that has indeed increased a responsibility upon us to deliver our duty more promptly.

10. DON'T aim to be a perfect Officer, rather strive to be a good officer

A perfect officer is a myth. If one hasn't committed any mistakes then he hasn't tried anything new or has never taken a risk. A good officer need not excel in all his endeavors, but be fair, just and honest with his duty. Perfection may become an aim with much emphasis on how the task be done and what to be achieved, but goodness in intention would also look, who are the persons who are doing the task and what is the bigger interest that has to be served. We are obsessed with fancy ppts that project figures and stats on the improvement or progress of the task (say reduction in crime) that's made, but seldom we report our lacunae and shortcomings that needs to be addressed.

Thus, at last I just want to highlight that academy is the apostle of teaching and preparing the probationers to understand the scope of the responsibility they have upon them. It can give direction on which way to proceed, but how to proceed has been left on us and this is what the most challenging thing is, to design our own path of course and lead by example.



**P.D.Nitya**

69 RR IPS Probationer

## Police Telecommunication



## Ashesh Singhal Memorial English Debate Competition



## बी. पी. सिंघल ट्रॉफी हिंदी वाक्-शैली प्रतियोगिता

हर वर्ष की तरह इस बार भी बी.पी. सिंघल ट्रॉफी हिंदी वाक्-शैली प्रतियोगिता का आयोजन दिनांक 24 जून 2017 को अकादमी प्रेक्षागृह में किया गया। इस बार जो विषय चुना गया था वह था: **पुलिस प्रशासन – कल, आज और कल**। इस विषय पर प्रशिक्षु अधिकारियों से भागीदारी के लिए नाम आमंत्रित किये गए। 5 भारतीय पुलिस सेवा के प्रशिक्षु अधिकारियों ने इसमें भाग लिया। प्रतियोगिता का एक खास पहलू यह है कि इसमें अहिन्दी भाषी क्षेत्रों से आने वाले प्रशिक्षु अधिकारियों को भी प्रोत्साहित किया जाता है। इस क्षेत्र में 2 अहिन्दी भाषी प्रशिक्षु अधिकारियों ने जिसमें कि एक रॉयल भूटान पुलिस सेवा से थी ने हिस्सा लिया। हर वर्ष की तरह इस बार भी दर्शकों का उत्साह इस कार्यक्रम के लिए विशेष रूप से प्रशंसनीय रहा। एक और बात जो इस बार खास थी वह यह कि इस प्रतियोगिता का आयोजन 25 किलोमीटर की रूट मार्च, जो कि तड़के 3 बजे तक चली थी, के अगले दिन ही किया गया था किन्तु फिर भी प्रतियोगी एवं दर्शकगण पूर्ण उत्साह से परिपूर्ण थे।

पांच आईपीएस प्रशिक्षु अधिकारी प्रतियोगी थे: **प्रितपाल कौर बत्रा, मकसूद अहमद, धवल जायसवाल, मोहम्मद मुश्ताक एवं प्रेमसुख डेलू**। वहीं अहिन्दी भाषी प्रतियोगी थे: ओडिशा कैडर से आईपीएस प्रशिक्षु अधिकारी **सागरिका नाथ** एवं भूटान पुलिस सेवा प्रशिक्षु अधिकारी **सोनम गाकी**। सभी वक्ताओं ने अपने विचार मुखर रूप से प्रस्तुत किये एवं विषय पर अपने दृष्टिकोण को विभिन्न रूप से प्रस्तुत किया। पुलिस प्रशासन के इतिहास (कल) से लेकर वर्तमान समय (आज) में पुलिस की विश्वसनीयता, परिप्रेक्ष्य और समकालीन परिस्थितियों को देखते हुए पुलिस प्रशासन का भविष्य (कल) में क्या महत्व होगा एवं क्या रूप एवं आवश्यकता होगी इस को भी खास तौर से उभार के दर्शकगणों एवं निर्णायक समिति के सम्मुख रखा।

वाक्-शैली एक ऐसा माध्यम है जिससे वक्ता अपनी बात को कितनी बेहतरी से श्रोता तक पहुँचा पाता है एवं उसका कितना प्रभाव उनके मन-मस्तिष्क पर छोड़ पाता है, इसका पता चलता है एवं इन्हीं मापदंडों पर वक्ता का मूल्यांकन किया जाता है। बी.पी. सिंघल हिंदी वाक्-शैली प्रतियोगिता इसी गुण को जांचने का एक माध्यम है। वक्ताओं ने काव्य को अपनी प्रस्तुति में सम्मिलित करके बहुत अच्छा प्रभाव श्रोताओं के मन पर छोड़ा। अंत में सारे वक्ताओं की बातों से जो निष्कर्ष निकला वह यही था कि जिस तरह पुलिस प्रशासन बीते हुए समय में चलता आया है उसे बदलाव करने की आवश्यकता है एवं पुलिस प्रशासन को समाज की आवश्यकताओं को ध्यान में रखते हुए सामुदायिक पोलिसिंग एवं बेसिक पोलिसिंग की ओर बढ़ना होगा तभी पुलिस की समाज में उपयोगिता साबित होगी।

चूँकि यह एक प्रतियोगिता है अतः अंत में विजेता तो केवल एक को ही होना था। प्रतियोगिता के समापन पर निर्णायकगणों ने विजेताओं के नाम की घोषणा की। अहिन्दी भाषी वर्ग में **सागरिका नाथ** विजेता रही। हिंदी भाषी वर्ग में **मकसूद अहमद** को सांत्वना, **प्रेमसुख डेलू** को तृतीय, **प्रितपाल कौर बत्रा** को द्वितीय एवं **धवल जायसवाल** को प्रथम पुरस्कार एवं बी.पी. सिंघल ट्रॉफी का विजेता घोषित किया गया। यह एक सफल कार्यक्रम रहा जिसके लिए सभी प्रशिक्षु अधिकारी, समस्त संकाय सदस्य एवं स्टाफ धन्यवादनीय हैं।



**मकसूद अहमद, भा.पु.से.**  
69 आर.आर. (परिवीक्षाधीन)



दिल ना जाने, फिर आज क्यूँ एक बार उन्हें पाना चाहता है  
उनकी यादों के पर लगा के, खुले आसमाँ में उड़ना चाहता है  
उनकी आँखों का काजल बनकर, दुनिया जहाँ को देखना चाहता है  
उनकी खूबसूरती में चार चाँद लगा के, ज़माने भर को जलाना चाहता है  
कोई नज़र ना लगा दे उनको, यह चिलमन बन जाना चाहता है  
उनकी बाहों के गिर्द सायबान बनकर, उन्हें अपने में समेटना चाहता है  
उनका डर चुराकर, उनकी हिम्मत बनकर, उन्हें बेखौफ कर देना चाहता है  
उदासी छू भी ना पाये उनको, यह खुशियों का सैलाब बन जाना चाहता है  
ना करी हो, कभी किसी ने किसी से, ऐसी मोहब्बत उन्हें देना चाहता है  
मर कर भी जो फ़ना ना हो, ऐसी इबादत कर पाना चाहता है  
उसको हुस्न के देवी बनाकर, दिल के मंदिर में बैठाना चाहता है  
होश को बेहोशी में बदलने का, इल्म हासिल करना चाहता है  
उसको मिलने के लिए, वक़्त की जंजीरों को भी तोड़ देना चाहता है  
पूरी दुनिया का क़त्ल करके, यह कातिल बन जाना चाहता है  
उसको आज फिर से पाने के लिए, खुदा से भी लड़ पड़ना चाहता है  
मोहब्बत को अन्ज़ाम तक पहुंचा के, फिर एक नयी इब्तिदा करना चाहता है  
दिल ना जाने, फिर आज क्यूँ एक बार उन्हें पाना चाहता है  
उनकी यादों के पर लगा के, खुले आसमाँ में उड़ना चाहता है.....



मकसूद अहमद, भा.पु.से.  
69 आर.आर. (परिवीक्षाधीन)

Dear, today when you stand  
At the altar, below his hand  
You turn back. I hope for the final goodbye  
And believe life as a mysterious lie.

Ecstatic to find that very petite smile  
The moments flashed in a while  
When you could hold me in your palm  
A few moments but eternity of calm.

Lying flat on the earth, sun kissed  
Your oily massage I cherished  
And when I plucked raw mango from the orchard  
You magically turned them into pickle, jared.

The lullabies you sung under the starlit sky  
The enchanted sweet-dishes from kitchen that came by  
The numerous idols you looked up-to each day  
The cacophonous house today has to say

Goodbyes are a myth. You are here to stay  
Along the basil plant, along the kharif hay  
In the cow dung painted terracotta pot  
In the front yard tubewell and rope-strung cot.

Just dust and ashes is the mundane body  
Treasure are the values which are sturdy  
For the generations to come, they will live  
You will be here for eternity we believe.



**Sagarika Nath**  
69 RR IPS Probationer



## SHE Teams – An example worth emulating

As **Mahatma Gandhi** has said –“ *The day a woman can walk freely on the roads at night, that day we can say that India has achieved independence.*” I have always stood for zero tolerance of crime against woman and discussed with friends of best practices we can implement . The recent visit and knowing about SHE teams gave me strength to work on this.

In Hyderabad , The program of SHE teams was launched on 24th October, 2014 with the aim of curbing eve teasing in all aspects, in all forms, at all places, providing safety and security to women in the society, facilitating healthy environment for women mobility thereby building up confidence in women .

**Smt. Swati Lakra IPS, Addl. Commissioner of Police, Crimes & SIT** ,who supervises SHE teams explained the working of SHE teams , Following briefly explains how it works -

1. Places and timings where eve teasing is prominent are identified and plotted (Vulnerability mapping )
2. These places are under surveillance of these teams
3. Stalkers are identified and brought to the CCS Police Station
4. Counseling is done along with stalker family members in the Police station
5. His activity sheet is prepared and kept in central data base and his activities are monitored on a daily basis
6. Illegal action will be initiated as per provisions of Law
7. Stringent action is initiated (Nirbhaya Act), if he comes to adverse notice again and again, repeatedly
8. Victims name and identity will be kept confidential
9. Diall 100 – a help line to lodge all complaints is there
10. SHE TEAMS which are already in the field will swing into action immediately after receiving the call in addition to acting on their own
11. Awareness programmes conducted through out the Hyderabad City to women to come out openly and to inform also to men to know about consequences of teasing or sexual harassment
12. Involving public transport drivers and conductors, MMTS Trains, to either inform to dial 100 or take vehicle to nearest police station on information from women of teasing.

SHE team works in multifaceted way involving multi-stakeholder . In our own state we can emulate these with modification as per local resources. Woman safety is the master key for safe society and peaceful nation . SHE team is playing key role by instilling confidence in woman to live fearlessly and realize their potential for promising future.



**Arpit Jain**  
69 RR IPS Probationer

## “संस्थान की छुपी हुई ताकतें”

मैस के किसी कमरे से आवाज आती है हाफिज तो किसी से रामू और तुरंत चेहरे पर हल्की सी मुस्कान लिए हाजिर होते हुए बोलते हैं जी, साहब। ये हैं हमारे रूम बैरियर, इनका प्रेम एवं विनम्र व्यवहार तथा ईमानदारी से अपने कर्तव्य निर्वहण हमारे अवचेतन मन को बहुत कुछ सिखाने के साथ एक अलग ही खुशी दे जाता है। ओल्ड जिम के आगे से निकलते ही सबके दिमाग में सबसे ज्यादा किसी व्यक्ति की याद किसी प्रोबेशनर्स को आती है तो वह है मुकेश, जो बिना थके सदैव अपने काम में लगा रहता ही है साथ ही हमेशा बोलता रहता है साहब आप हमेशा आइए आपकी बॉडी स्टीफ हो गई है ऐसा लगता है वह व्यक्ति सिर्फ काम के लिए ही बना है अपने भारी हाथों से हर किसी की हर समस्या का हल है वो।



खेल मैदानों का सपोर्टिंग स्टॉफ जाते ही सर आइए आप ऐसे खेले आपकी तकनीक में ऐसे सुधार करें, सर आप तो हमेशा आइए जैसे शब्द सुनकर लगता है यहां कोई पराया है ही नहीं सब अपने ही हैं, अपने ही। मैस में सबकी जुबान पर शेख साहब, यानि मैस की आत्मा जिसके पास कोई नहीं पहुंचता वहां शेख साहब पहुंचते हैं।

स्क्वाड के अधिकतर DIs और ADIs और उस्तादों को अकादमी की ताकत कहना अतिशयोक्ति नहीं होगी उस्ताद साइकिल लेकर अपने घर जा रहा है पीछे से आवाज सुनाई देती है कल्लपा सर, मुझे वर्टिकल रोप करना है वहीं साइकिल रखकर हां सर चलिए हमें नहीं पता कि उनके घर कितना जरूरी काम है लेकिन हमारे लिए वे सदैव तैयार हैं मेरा साथी विदित राज मंदेरा जब बीमार हुआ जब रात को 2 बजे नीम गिलोय का जूस देने के लिए अमृत उस्ताद तैयार ओर ये सिलसिला एक दिन नहीं कई दिन तक चला।

कपड़े धोने वाले सर हमें 11 बजे तक कपड़े चाहिए ही, हां सर मिल जाएंगे और 10 बजे एकदम साफ सुथरे और तैयार मिलते हैं।

स्विमिंग पुल के पास खड़ा वो सपोर्टिंग स्टॉफ जिन्होंने लकड़ी के सहाने न जाने कितने प्रोबेशनर्स को तैरना सिखा दिया।

डेली काम करने वाले मजदूर एवं सफाई कर्मचारी वो ताकत है जो हमें एक साफ सुथरी सुंदर अकादमी देते हैं।

औद्योगिक सुरक्षा बल के जवान अपनी मुस्तैदी के साथ कर्तव्य निभाते हुए हमें एक सुरक्षित अकादमी उपलब्ध करवाते हैं।

हॉर्स राइडिंग का सपोर्टिंग स्टॉफ जो प्यार से हमें बताता है सर ये घोड़ा ऐसे चलता है आप तो बस ये कीजिए और कुछ नहीं।



हॉस्पिटल एवं फिजियोथैरेपी का सहायक स्टॉफ हमेशा हर जगह सेवा में तत्पर।

ये सब मेरी अकादमी के वो भिन्न-भिन्न रंग हैं जो अकादमी को संतरंगी बनोते हैं ये वो भिन्न-भिन्न फूल हैं जो अकादमी को सुगंधित बनाते हैं जो प्रोबेशनर्स के चेहरे पर मुस्कार लाते हैं ये फूल ही मेरी अकादमी की ताकत हैं।



**प्रेमसुख डेलू भा.पु.से.**

69 आर.आर. (परिवीक्षाधीन)



## Lecture-Cum-Demonstration of Sniffer Dogs



## TAC-2 C Range



सेन्ट्रल स्कूल फॉर वेपन ट्रेनिंग इंदौर, मध्यप्रदेश देश का प्रतिष्ठित वेपन ट्रेनिंग संस्थान है। भारतीय पुलिस सेवा के नवचयनित प्रशिक्षुओं का एक सप्ताह का यहाँ अटेचमेंट वेपन संबंधी समझ के लिए अत्यधिक महत्वपूर्ण है। सीमा सुरक्षा बल यहाँ अपने लोगों (BSF) “Duty unto the death” “जीवन पर्यंत कर्तव्य” को साकार करता हुआ नजर आता है। स्कूल का समस्त स्टॉफ बेहद प्रशिक्षित एवं प्रोफेशनल है। इस स्कूल अटेचमेंट के मेरे अनुभव बेहद शानदार रहे। एक्सीडेंटल फायरिंग संबंधी नाट्य रूपांतरण यहां के कार्मिकों द्वारा भारी बारिश में भी जिस जोश, उत्साह एवं कर्तव्य परायणता से किया वो जीवन में बेहद प्रेरणादायक के साथ चिरस्थायी याद रहने वाला होगा।

स्माल आर्म्स फायरिंग संबंधी डेमों जिसमें किस तरह से हथियारों से निकलने वाली गोली का पाथ रहता है ने प्रशिक्षुओं को एक नई दृष्टि दी।

हमारा सबसे शानदार अनुभव रॉकेट लॉचर के साथ रहा, इससे फायरिंग करने के साथ-साथ हेल्पर की भूमिका का अनुभव अत्यधिक खास रहा। सबने SMG स्नाइपर से फायरिंग का आनंद भी लिया तथा फिल्मों के बाद पहली बार पता चला कि वास्तव में स्नाइपर है क्या ?

CASO (Cardon and Search Operation) का बेहतरीन अनुभव कि किस तरह से कार्डन किया जाता है, किस टाइम उपयुक्त रहता है, लोगों के साथ किस तरह से व्यवहार करना है, हम सामान्यतः क्या गलती करते हैं इन सब संबंध में बेहतरीन अनुभव प्राप्त हुए।

संस्थान की मेहमानबाजी एवं अकॉमडेशन भी बहुत शानदार रहा तथा हम सभी प्रशिक्षुओं द्वारा “छप्पन” एवं ‘सर्साफा बाजार’ ‘राजवाड़ा’ में स्ट्रीट फूड का आनंद लेना जीवन भर याद रहेगा जिसमें विशेष तौर पर ‘जोशी जी की दुकान’ का ‘दही बड़ा’ एवं ‘पौआ’ जिसको कुछ प्रोबेशनर्स तो खाने में इतने समर्पित हो गए की बॉडी टाइप 1, 2 इत्यादि सब भूल गए और कहने लगे कोई ना देखा जाएगा पर यह स्वाद नहीं छोड़ सकते।

कुछ प्रोबेशनर्स द्वारा अपनी पारिवारिक जिम्मेदारी को न भूलते हुए ‘चंदेरी’ की साड़ियां भी खरीदी गईं, कुल मिलाकर एक बेहद शानदार अनुभव CSWT इंदौर का हमारे जेहन में रहा। इसके लिए विशेष रूप से आई.जी. सर CSWT इंदौर, तोबे सर एवं सैकण्ड इन कमाण्ड बी.के.सिंह सर का धन्यवाद जिन्होंने इस अटेचमेंट को यादगार बना दिया।



**प्रेमसुख डेलू, भा.पु.से.**

69 आर.आर. (परिवीक्षाधीन)



## इंटर स्क्वॉड मैच और स्क्वॉड —4

वैसे तो सरदार वल्लभभाई पटेल नेशनल पुलिस अकादमी के कई रोमांचक, रोचक, न भूलने वाली यादें हमेशा 69 आर.आर. के जेहन में हमेशा रहेगी। लेकिन पूरे प्रशिक्षण के दौरान टीम भावना को बढ़ाने समन्वय अपने व्यक्तिगत प्रतिभा को निखारने तथा दर्शकों की वाहवाही लूटने वाले इंटर स्क्वॉड मैच तो स्वयं में अनोखे ही थे। सभी 69आर.आर. के प्रशिक्षु अधिकारियों को आठ स्क्वॉड में विभाजित किया था। इन्हीं आठों स्क्वॉड के बीच कई दौर के मैच खेले गए। इस दौरान कई शानदार खिलाड़ी जैसे रविन्द्र पटेल, आदित्य लांगे, इंदौरा, गिरपो, करमा, राजेश राजपुरी, प्रेमा खांड, सुदर्शन मुंडे, मोहन मीणा, अगम इत्यादि ने तो क्या शानदार प्रदर्शन किया। इस दौरान कई दौर के मैच के बाद अंततः हॉकी, वालीबॉल, बास्केटबॉल, हैंडबॉल और वाटर पोलो के फाइनल मैच होने वाले थे। इन सभी मैचों के फाइनल में एक टीम कॉमन थी वह थी, स्क्वॉड—4 की टीम। इस स्क्वॉड ने इन गेमों के दौरान जो आतंक मचाया और जिस तरह से लगभग हर मैच में जिस तरह से जीत हासिल किया उसके क्या कहने। जिस तरह से पटेल, प्रेमा, पुरी, अगम, मुंडे, विश्वा की जोड़ी ने मैच के दौरा समन्वय टीम भावना दृढ़—निश्चय, फुर्ती, चपलता दिखाई उसने दर्शकों का दिल तो जीता ही साथ ही कई रिकॉर्ड भी बना डाले।

अंततः जो फाइनल खेले गए, उसमें वालीबॉल, हैंडबॉल, बास्केटबॉल, वाटरपोलो में स्क्वॉड—4 ने गोल्ड जीता। केवल हॉकी में उपविजेता रहने वाले स्क्वॉड ने दर्शकों का दिल तो जीता ही साथ ही इन मैचों के दौरान जिस तरह से सभी टीमों के खिलाड़ियों ने घायल होने के बाद भी जिस तरह से अपनी टीम के लिए जी जान लगाकर खेले वह तो सभी 69 आर.आर. के जेहन में हमेशा याद रहेगा।



**एम.डी. मुस्ताक, भा.पु.से.**  
69 आर.आर. (परिवीक्षाधीन)



## Dhwani South Zone Cultural Programme





## Camera Club Activity & Prize Distribution



## Court Craft & Mock Trial







**Seminar on  
'Community Policing'**



**'Latest Technology in Crime Scene  
Management and Pre-lab Evidence  
processing'**



**50 Year Reunion Seminar of  
IPS Officers' - 1967 Batch**



**Workshop on  
'Negotiation Skills'**



**Workshop on 'Scientific  
Investigation of Narcotics Cases'**



**Course on  
Urban Operation - 08**



**Training for  
NICF Probationers**



**'Advanced Training in Vigilance  
Investigation for CVOs'**



**Course on 'Ethics'**



**Course on  
Cyber Crime Investigation**



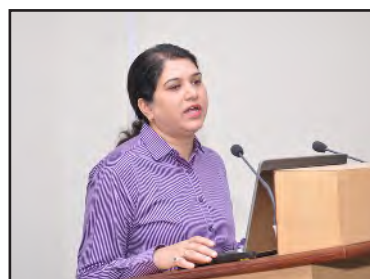
**Course on  
'Tactics-52'**



**Course on 'Intelligence/  
Counter Intelligence'**



**ATA Course On Fats  
Simulated Fire Arms System**



**Course on 'Missing Children'**



**Course on 'Forensic Psychology  
and Offender Profiling'**



## 2-Day Seminar on 'Community Policing'

(July 10 - 11, 2017)

### 1. ABOUT THE SEMINAR:

A 2-Day Seminar on "Community Policing" was conducted at the Academy from 10-11 July, 2017 for the Officers of the rank of SP and above from the States/UTs and officers of the rank of 2I/C, Commandant and above from CAPFs.

### 2. SEMINAR OBJECTIVES:

Objectives: The objective of the Seminar is to enable the participants:

- To examine the elements of community policing – its importance, concept and implementation
- To discuss case studies pertaining to community policing.
- To analyze best practices in community policing
- Sharing personal experience with reference to community policing.
- To identify steps to be taken for improving community policing.

### 3. NOMINATIONS:

24 Officers attended the Seminar.

#### The Seminar Included Sessions on:

1. 'The Social Dividends of Community Policing'.
2. 'Community Policing: Some Innovative Steps'.
3. Community Policing as a Public Policy: Challenges and Recommendations.

Over all Grading - 4.58/5.0



**Dr.K. Madhukar Shetty**  
Deputy Director (Admn.)  
& Seminar Director

## 2-Day Workshop on 'Latest Technology in Crime Scene Management and Pre-lab Evidence processing'

(July 13 - 14, 2017)

### 1. ABOUT THE WORKSHOP:

A 2-Day Seminar on "Latest Technology In Crime Scene Management And Pre-lab Evidence processing" was conducted at the Academy from 13-14 July, 2017 for the Officers of the rank of SP and above, Judicial Officers - Sr. Civil Judge, District Judge and Prosecution officer of the rank of Additional Public Prosecutors/ Addl. Public Prosecutor, Asst. Public Prosecutor



### 2. WORKSHOP OBJECTIVES:

Objectives: The objective of the Workshop is to enable the participants:

- To enlighten the participants about the best practices in Scientific Aids to Investigation i.e. application of Cutting edge technology for recognition, documentation, collection and preservation of evidence, interpretation, and reconstruction of Scene of crime.
- To bring in awareness and demonstration of commercially available kits/technology for Pre-lab processing for quick analysis.
- To discuss the inherent challenges in implementing new technology/instruments at scene of crime level and issues in handling the evidences.

### 3. NOMINATIONS:

46 Officers attended the Seminar.

#### The Seminar Included Sessions on:

1. Use of Advanced Technology in Forensic Science & Crime Scene Investigation.
2. Demo on Automated Fingerprinting Identification System.
3. Demo on Pre-Lab Evidence Processing Kits/ Instruments.
4. Demo on Functioning of Mobile Forensic Units.
5. Implementation of New Technology and its Evidentiary Value.



Over all Grading - 4.29/5.0

Sharada Avadhanam  
Assistant Director (F.Sc)  
& Workshop Director



## 50 Year Reunion Seminar of IPS Officers - 1967 Batch (20 RR) (July 18 - 19, 2017)



## 3-Day workshop on 'Negotiation Skills'

(31 July to 02 August, 2017)

### 1. ABOUT THE WORKSHOP:

A 3-Day Workshop on "Negotiation Skills" was conducted at the Academy from July 31st, 2017 to August 2nd, 2017 for the IPS officers of the rank of SP to IG (5 to 22 years of service) and equivalent rank officers from other services of IFS, IC & CES, IRS (IT), Officers from CAPFs, Railways etc.

### 2. WORKSHOP OBJECTIVES:

Objectives: The objective of the Workshop is to enable the participants:

- Understanding the individual role in negotiation process.
- Developing effective and successful negotiation strategies.
- Create a sense of mutuality while negotiation with others.
- Emphasize the importance of Human Psychology through communication and influencing in Negotiation.
- Negotiate effectively with various stakeholders on the job through understanding of factors like trust, fairness, power, consistency and knowledge ability.



### 3. NOMINATIONS:

42 Officers attended the Workshop.

#### The Course Included Sessions on:

1. "Basic Concepts in Negotiation (Power/Trust/Fairness/Listening)
2. "Debriefing on the case and session on Distributive bargaining Strategy and Tactics"
3. "Debriefing on Simulation and Session on Integrative bargaining Strategy and Tactics"
4. "Introduction to Style and Instrument"
5. "Dilemma at Nasik Simulation"
6. "Communication and persuasion in Negotiations, non-verbal communication"
7. "Principles of influence & lateral influence"
8. "Debriefing on Simulation and Session on Multi Party Negotiation"
9. "Emotional Intelligence"

Over all Grading - 4.65/5.0

Dr.Nikhil J. Gupta  
Deputy Director (SC)  
& Workshop Director



## 2-Day Workshop on 'Scientific Investigation of Narcotics Cases' (August 03 - 04, 2017)

### 1. ABOUT THE WORKSHOP:

A 2-Day Workshop on "Scientific Investigation of Narcotics Cases" was conducted at the Academy from 03-04, August, 2017 for the Officers of the rank of SP and above from the States/UTs and, Public Prosecutors – Addl. Public Prosecutor, Asst. Public Prosecutor, Judicial Officers - Sr. Civil Judge, District Judge, Custom Officers Commandant and above from CAPFs.

### 2. WORKSHOP OBJECTIVES:

Objectives: The objective of the Workshop is to enable the participants:

- To understand GOI's new policy to curb the menace of drug abuse which contains provisions for treatment, rehabilitation and social re-integration of victims of drug abuse?
- To understand the procedure for preventing illicit traffic and abuse of narcotic drugs & psychotropic substances.
- To understand several layers of major drug traffickers in the illicit drug market who form the vital link between the illicit manufacturers / smugglers and the street peddlers.
- To familiarize the participants with identification kits used in the field.
- To understand the forfeiture aspects in Chapter V A and role of Competent Authority in its execution.

### 3. NOMINATIONS:

49 Officers attended the Workshop.

#### The Course Included Sessions on:

1. Analysis and Evaluation of NDPS Amendment Act, 2014.
2. Issues and Challenges on Irregularities in Investigation of Narcotics Cases.
3. Role of Local NCB Group in NDPS Case Investigation.
4. Provisions for treatment, rehabilitation and social re-integration of victims of drug abuse.
5. Module on forfeiture of assets in Narcotics Cases.



Over all Grading - 4.17/5

Sharada Avadhanam  
Assistant Director (F.Sc))  
& Workshop Director

## Course On Urban Operations-08 (August 07 – 11, 2017)

### 1. ABOUT THE COURSE:

A 05 days “Course on Urban Operations-08” to expose the police Officers of States & Central Armed Police Forces of the rank of DySP to SP in handling Urban Operations was conducted at this Academy from 07<sup>th</sup> – 11<sup>th</sup> August, 2017. 29 Officers of the rank of SPs, Addl SPs, Dy SPs from various States, and Commandant, Dy Comdts, Asstt Comdts from CAPFs attended this course.



### 2. COURSE OBJECTIVES:

To make the participants conversant with;

- Mechanics of Urban Operations.
- Room Entry Techniques.
- Appreciate, Plan and execute the police operations in urban scenario.
- CQB Drills.

### 3. NOMINATIONS:

29 Participants reported to attend the Course.

### 4. METHODOLOGY:

The following methodology was adopted to achieve the course objectives:

- (a) Lecture cum presentations.
- (b) Demonstrations.
- (c) Simulation Exercises.
- (d) Outdoor Exercises.
- (e) Hands on practice.
- (f) Firing in combat situation.



Over all Grading - 4.89 /5

**Ravindra. M.L**  
Assistant Director (TAC)  
& Course Director



## 3-Day Training for NICF Probationers (August 16 – 18, 2017)

### 1. ABOUT THE COURSE:

3-Day Training for NICF Probationers was conducted at the Academy from 16<sup>th</sup> to 18<sup>th</sup> August, 2017 for NICF Probationers.

### 2. COURSE OBJECTIVES:

Objectives: The objective of the Course is to enable the participants:

To prepare officer for investigation of all types of Cyber Crimes cases involving desktop or laptop computer in the similar subject with lesser difficulty level.

### 3. NOMINATIONS:

24 Probationers attended the Course.

#### The Course Included Sessions on:

1. Introduction to Cyber Threats & Attacks
2. Social Engineering, Fake Profiles, Morphed Images, Cyber Squatting, Recruitment Frauds, Online Booking Frauds, Credit Card Frauds, Stenography And Anonymity On Internet & The Onion Routing.
3. Case Studies Phishing, Recruitment Fraud' And 'Cyber Stalking/Cyber Bullying, Cyber Pornography, OTP Stealing'.
4. Introduction to Police Telecommunication.
5. Forensic Accounting & Auditing.
6. E-mail Investigation Tracing & Tracking.
7. Understanding/Building a Healthy Cyber Security Ecosystem.
8. Best Practices of Network Security & System Security.
9. Vulnerability Assessment & Remediation & Incidents Response To Common Cyber Attacks.



Over all Grading- 4.55/5

**P.Vimaladitya**  
Assistant Director (IT)  
& Course Director

## **'Advanced Training in Vigilance Investigation for CVOs'**

**(August 21-23, 2017)**

### **1. ABOUT THE COURSE:**

A 3-Days Advanced Training in Vigilance Investigation was conducted at the Academy from 21-23 August, 2017 for the CVC Officers from all States/Organization.

### **3. NOMINATIONS:**

29 Officers attended the course.

### **The Course Included Sessions on:**

1. 'Role of CVOs in Preventive & Punitive Vigilance'.
2. 'Panel Presentation on Computation of Disproportionate Assets cases and Management of Investigation'.
3. 'Management of Trap Cases'.
4. 'Panel Presentation on Anti Corruption Strategies and Prevention of revenue leakage by process reengineering'.
5. 'Forensic Accounting & Tools of Evidence'.
6. 'Fraud Investigation'.
7. 'Presentation on Report for CVC/ Critical Examination for Prosecution Sanction'.
8. 'Drafting of Chargesheet, penalty and appellate orders'.
9. 'CTE Inspection'.
10. 'Digital Forensics'.
11. 'Conduct of Departmental Inquiries, monitoring, expeditious finalization and improving quality of report'.

**Over all Grading - 4.52/5.0**



**S. Praveen Kumar**  
Deputy Director (Estt.)  
& Course Director



## 3-Day Course on 'Ethics'

(August 28-30, 2017)

### 1. ABOUT THE COURSE:

A 3-Day Course on "Ethics" was conducted at the Academy from August 28-30, 2017 for the IPS officers of the rank of SP to IG and its equivalent rank officers from IAS, IPS & IFos, CPOs/CAPFs and all other Central service in Government of India (from the rank of Director to Joint Director in Government of India).

### 2. COURSE OBJECTIVES:

Objectives: The objective of the course is to enable the participants:

- Understand the values fundamental to administration in India, ethical dimensions of administrative work, importance of ethical approach in administration and ways of handling ethical dilemmas.
- Learn as to how the concepts of ethics can be applied for promoting better organisational culture and service delivery.
- Understand the normative framework on ethics and accountability in other domains.

### 3. NOMINATIONS:

28 Officers attended the course.

#### The Course Included Sessions on:

1. "World Café on Public Service and Ethics".
2. Ethical Clarity through 'Inner Listening'.
3. JOG with POT.
4. "Life's Balance Sheet-Part-1
5. (Compulsory Session).
6. "Life's Balance Sheet-Part-2 (Relationships).
7. "Social Styles & Relationship Management".
8. "Inner Governance for Effective Public Service".
9. "Sharing time in Family Groups".
10. "Ethical Leadership".



Over all Grading - 4.46/5.0

Dr. Nikhil J. Gupta  
Deputy Director (SC)  
& Workshop Director

## 5-Day Course on Cyber Crime Investigation

(28 August to 01 September, 2017)

### 1. ABOUT THE COURSE:

5-Days Course on Cyber Crime Investigation was conducted at this Academy from 28<sup>th</sup> August to 01<sup>st</sup> September, 2017.

### 2. COURSE OBJECTIVES:

Objectives: The objective of the Course is to enable the participants:

- To prepare officer for investigation of all types of Cyber Crimes cases involving desktop or laptop computer in the similar subject with lesser difficulty level.



### 3. NOMINATIONS:

21 Officers attended the course.

#### The Course Included Sessions on:

1. Basics of Investigating Cyber Crimes.
2. Requirements & Preparation of Toolkit and SOP for Search & Seizure of Computer.
3. SOP for Search & Seizure of Mobile.
4. Investigating Banking and Credit Card Frauds.
5. Investigating Social Media Based Crimes.
6. Investigating Cases Involving Websites.
7. Investigating Cases Involving E-mails.
8. Handling Phishing Cases with Case Studies.
9. Live Forensics & Mobile Device Acquisition.
10. Detection & Investigation of Malware & Collecting Investigation Related Information from Open Sources.
11. CDR Analysis & IPDR Analysis.
12. Image analysis using FTK / Autopay.
13. IT Act & Presentation of Electronic Evidence before Court.



Over all Grading - 4.5/5

**P.Vimaladitya**  
Assistant Director (IT)  
& Course Director



# 10-Day Course on 'Tactics-52'

(August 04 - 15, 2017)

## 1. ABOUT THE COURSE:

A 10-Days Course on "Tactics-52" was conducted at the Academy from 04-15 September, 2017 for the Officers of the rank of SPs, Addl SPs, Dy SPs from various States and Dy Comdts, Asstt Comdts from CAPF. 29 officers attended this Course, as shown in para-3.

## 2. COURSE OBJECTIVES:

The objectives of the course were to make the participants conversant with :-

- The conduct of tactical operations in militancy/ Naxal infested areas including urban, rural and jungle areas.
- The minor tactics and basic drills of CI/LWE Ops.
- Use of terrain and weapons to their tactical advantage.
- Handling of explosives, House intervention drills and Post Blast Investigations
- Importance of working as a team and co-ordination amongst various security agencies.



## 3. NOMINATION: 29 Officers attended the Course.

## 4. METHODOLOGY:

The following methodology was adopted to achieve the course objectives:

- (a) Lecture cum Discussion
- (b) Case Studies.
- (c) Demonstrations.
- (d) Simulation Exercises.
- (e) Outdoor Exercises.
- (f) Firing
- (g) Displays.



Over all Grading - 4.83/5

**Ravindra. M.L**  
Assistant Director (TAC)  
& Course Director

## 03-Days Course on 'Intelligence / Counter Intelligence'

(September 27 - 29, 2017)

### 1. ABOUT THE COURSE:

A 03-Days Course on "Intelligence / Counter Intelligence" was conducted at the Academy on September 27-29, 2017 for the Police Officers of the rank of Addl.SP and above from States/UTs and the equivalent ranks from CAPFs/CPOs, other Central Government agencies, Prosecution officers, etc.

### 2. THE OBJECTIVES OF THE COURSE:

- Planning, Direction and collection of Intelligence, Processing, Analysis and Dissemination of intelligence.
- Development of open source intelligence, Human Intelligence, Imagery, Measures & signatures Intelligence, Signals Intelligence etc.
- Surveillance and Counter-Surveillance tactics.
- Multiple agencies: Understanding the role and coordination in collection of intelligence.



### 3. NOMINATION: 21 Officers attended the Workshop.

#### The Course Included Sessions on:

1. Specialised Intelligence Wings.
2. Understanding the ideologies behind the genesis of Communal and left wing extremism and Religious International Terrorism.
3. Tracking Financing of Terrorism.
4. Inputs on Surveillance, Interrogation reports drafting and analysis". B) "Briefing on Surveillance Exercise.
5. Financial Intelligence.
6. Intelligence based Operations.
7. Gathering Intelligence from Cyberspace.
8. Day and Night Surveillance Exercise.



Over all Grading - 4.3/5

**Dr. K. Raghuram Reddy**  
Assistant Director (Works & Estates.)  
& Course Director

# ATA Course On FATS Simulated Fire Arms System (MILO)

## (September 18 - 22, 2017)

### 1. ABOUT THE COURSE:

A 05 day “ATA Course on FATS Simulated Fire Arms System (MILO)” to expose the Officers to Firing Simulation with the help of MILO Range system was conducted at this Academy from 18th to 22nd September, 2017. 06 Officers of this Academy attended this course.

### 2. COURSE OBJECTIVES: To make the participants conversant with;

- Mechanics of Firing simulators.
- Simulation exercises under various scenarios.
- Install, maintain and operate both hardware & software of the MILO Simulators shoot and insert our won scenarios relevant to our country.



### 3. NOMINATION: Total officers attended the course- 06

### 4. METHODOLOGY: The following methodology was adopted to achieve the course objectives:

- (a) Demonstrations.
- (b) Simulation Exercises.
- (c) Hands on practice.
- (d) Firing with actual weapons (laser aided)

### 5. INAUGURATION & VALEDICTION: Formal inauguration was done by Mr. Nicholas K. Amiana, ARSO and Valedictory address was given by Mr. Gregory J. Levin, SRSO, US Embassy, New Delhi.



Over all Grading - 4.60/5

**Ravindra. M.L**  
Assistant Director (TAC)  
& Course Director



## 4-Day Course on 'Missing Children'

(October 03 - 06, 2017)



### 1. ABOUT THE COURSE:

A 4-Day Course on "Missing Children" was conducted at the Academy from October 03 - 06, 2017 for the IPS officers of the rank of SP and above from the states / UTs and CPOs.

### 2. COURSE OBJECTIVES: The objectives of the course is to enable the participants:

- To make an overall assessment of the role played by the police and local administration in different States/Union Territories across the

country in locating/tracing missing children;

- To make an in-depth study and analysis of Rules, Guidelines, Circulars and Orders being followed by the police in locating/tracing missing children;
- Providing police with adequate training and knowledge to investigate cases of missing children;
- To examine the good practices being followed by States/Union Territories, if any, in finding/tracing missing children as well as study important rulings / guidelines issued by the Apex and other Courts in the country for protection or searching for missing children;
- To evolve practical guidelines for police and other stakeholders for initiating standardized measures that would not only facilitate in tracing and restoring missing children back to their families but also make the stakeholders accountable.

### 3. NOMINATIONS: 21 officers attended the Course.

#### The Course Included Sessions on:

1. Situational Analysis of Missing Children in India & Conceptual Understanding of Childhood and Missing Children.



2. Government of India Policies & Schemes for Missing Children.

3. Missing Children - An Approach from the Perspective of Human Trafficking.

4. Commercial Sexual Exploitation of Children.

5. Legal Provisions, Safe Guards for Missing Children & Investigation and Follow-up of Cases.

6. Safeguards/ provisions of Juvenile Justice Act and other legal instruments related to crimes against children.
7. Police Approach to Juvenile Justice Cases.
8. Preventive Measures Concerning Missing Children.
9. Rehabilitation of Rescued Children.
10. Use of 'trackthemissing' child/ khoya paya portals for tracking/ investigating the cases of missing children.
11. Proactive Role of Police in Protection & Rehabilitation of Missing Children.
12. Inter-Departmental/ Inter-Sectoral Coordination to trace & restore missing children.



**Over all Grading - 4.30 / 5.0**

**Amrita Dash**  
Assistant Director (Estt.)  
& Course Director

## 2-day Course on “Forensic Psychology and Offender Profiling” (October 09 - 10, 2017)



### 1. ABOUT THE COURSE:

A 2-day course on “Forensic Psychology and Offender Profiling” was conducted at the Academy on 9 & 10 October, 2017, for the police officers of the rank of ASP to SP and its equivalent rank officers from IPS, CPOs/ CAPFs. Around 19 officers from various States/UTs of India have attended this course.

### 2. COURSE OBJECTIVES:

Objectives: The objective of the course is to enable the participants:

- To introduce to the police officers – the emerging field of forensic psychology and offender profiling.
- To facilitate learning about the role and application of behavioural analysis tools in police investigations and court proceedings.
- To acquaint the officers with some of the cases in which forensic psychology tools were used successfully.

### 3. NOMINATIONS: 19 officers attended the Course.

#### The Course Included Sessions on:

1. ‘Introduction to Forensic Psychology’.
2. ‘Witness Memory and Effective Interviewing Techniques’.
3. ‘Detection of Deception and Scientific Tools for Interrogation’.
4. ‘Offender Profiling’.
5. ‘Psychology of Crime against women and children’.
6. ‘Investigative Interviewing’.
7. ‘Psychology of Terrorists and Profiling in Counter Terrorism’.



Over all Grading- 4.42/5.0

**Veena Bharti**  
Assistant Director (IS)  
& Course Director



## 3-Day Course on 'Anti Corruption & Preventive Vigilance'

(October 09 - 11, 2017)

### 1. ABOUT THE COURSE:

A 3-Day Course on "Anti Corruption & Preventive Vigilance" was conducted at the Academy from 9-11 October, 2017 for the Officers of the rank of SP and above from the States/UTs, Forest Officers and officers of the rank of 2I/C, Commandant and above from CAPFs.



2. COURSE OBJECTIVES: The objectives of the course were to enable the participants to :

- Analyze various factors leading to corruption
- Understand various laws on Anti-Corruption
- Acquire skills for the detection and investigation of corruption cases

3. NOMINATIONS: 32 officers attended the Course.

**The Course Included Sessions on:**

1. A Conceptual Introduction to Anti Corruption & Preventive Vigilance.
2. 'An Overview of Practices in Anti Corruption & Preventive Vigilance in India and Across the Globe'.
3. 'Anti Corruption Laws in India - History and Evolution'.
4. 'General Introduction to the Enforcement of Anti-Corruption Laws'.
5. 'Investigation of Disproportionate Assets and Trap Cases'.
6. 'Current Trends in Corruption Cases and Forensic Accounting in Corruption Cases'.
7. 'Challenges in Prosecuting Anti Corruption Cases'.
8. 'Conduct of Departmental Enquiries'.
9. 'The Challenges of Anti-Corruption Action: Blowbacks and Bouquets'.
10. 'Anti-Corruption and the future of Public Institutions in India'.



**Overall Grading - 4.84/5.0**

**Dr.K. Madhukar Shetty**  
Deputy Director (Admn.)  
& Course Director

## Big Data : Time For Indian Police To Adopt A Revolutionary Technology

### INTRODUCTION :

Big data has always existed in our government, from tax information to population numbers. The term big data essentially means a high volume of data that can be processed for decision-making purposes. However, its growing presence coupled with emerging technologies, have turned it into a hot commodity in recent times. The setting up of CCTNS , NATGRID network will throw up immense opportunities to leverage this database using various Big Data tools.

Analytics basically plays a role in evaluating the different variables in big data for that output, solution or prediction. Moreover, a key change in the evolution of analytics is the use of autonomous analytics. Previously, data analytics was used for human decision makers, to evaluate and make a final decision. However, through the use of machine learning and other advances, it is the technologies that can now take the next step and actually make the decision or recommended action on their own.

### UNDERSTANDING 5Vs OF BIG DATA:

In terms of governance, Big data refers to data which is beyond the processing capabilities of current computation systems in place in different government agencies. This refers not just to the volume of data but to other parameters like variety (type of data), velocity (speed at which data is generated), variability (inconsistency in data set), and veracity (quality of captured data).

In policing context, volume of data generated is inevitably large, particularly more so with more and more penetration of smartphones and advent of Internet of Things. In terms of variety, there are different data sources like CCTNS database, UIDAI's aadhar database etc. which need to be analysed. The speed with which data is being generated on social media, showing the trends and moods of people at large, have important and sometimes immediate security implications and hence become important from policing perspective. Taking the example of CCTNS itself, we find that the way digitisation of pre-existing FIRs has been done, this has led to inconsistent datasets which are very difficult to organise and analyse, and thus have big data implications in terms of variability. Another important point to note, is the quality of data collection at grass root level which is mostly lacking in Indian policing context. This refers to veracity concept mentioned above. All these 5Vs render the need of Big Data Analytics important for tackling future issues of Indian policing.

The 5Vs mentioned above need different technological solutions which cater to particular problem at hand. For example, Hadoop, an open-source, Java-based programming framework, can be used for large volume of data sets and then analyse the same through a distributed computer network. Since, it is open source, it is suitable for custom development in governance context and ensures less reliance on licensed proprietary software. Similarly, the problem of variety can be tackled by using a cloud based platforms like Ginger. Different government agencies have

different databases. These are databases need to be brought together and that can be done by using the process of seeding the same with UID number. Thus, reusability of existing databases and their speedy analysis can be achieved.

### **APPLICATIONS OF BIG DATA IN POLICING :**

Among the numerous ways in which big data technology could be applied to Indian policing, four can be identified as key priorities:

**Predictive crime mapping:** this could be used to identify areas where crime is most likely to occur, allowing more efficient targeting of limited policing resources

**Predictive analytics:** this could also be used to identify the risks associated with particular individuals. This includes identifying individuals who are at increased risk of recidivism , going missing or becoming the victims of crime

**Advanced analytics:** this could enable the police to harness the full potential of data collected through visual surveillance, such as CCTV images and automatic number plate recognition data.

**Big data technology:** this could be applied to open-source data, such as that collected from social media, to gain a richer understanding of specific crime problems, which would ultimately inform the development of preventive policing strategies.

**Harnessing Big Data for pinpoint resource allocation :** Predictive analytics allows ‘hotspot analysis’, ie. identifying areas where there are more chances of a crime happening .This allows us to concentrate our policing resources in such vulnerable areas thereby improving accuracy and effectiveness of preventive policing.

### **WHO BENEFITS FROM BIG DATA TOOLS :**

Big Data tools having multiple benefits has the potential to transform the way various stakeholders in policing eco-system work :

- Police department:
  - Collects and analyzes information, helping to support faster and more informed decision making at every level.
  - Audit trail of all interactions supports more effective policing, establishes best practices and improves officer accountability.
  - Improves agency interoperability through one integrated view of the information for a situation or problem.
  - Improving Operational Capability
    - Workforce Prioritization and Planning
    - Asset Optimization and Planning
    - Support (Back Office) Function Optimization
    - Strategic Reporting and Forecasting



- Performance Standards Monitoring
- Improving Workforce Empowerment
  - Real Time Captial-making Enablement
    - Enable officers and staff to take immediate, operational decisions with the best possible information provided to them to increase effectiveness and improve safety.
  - Workforce Insight
    - Provide insight into the state of the workforce including safety, size, skills,morale, threats to integrity, training and risk factors.
  - Case/Investigative Management Support
    - Enable speedier, more effective resolution of events/investigations through enhanced information,evidence and intelligence analytics
- Police officer:
  - Real-time delivery of information and actionable insight via mobiles or hand-held devices for better frontline intelligence
  - Comprehensive search across all data sources means complete and high quality data that inspires confidence and delivers insights at speed.
  - Combines and interprets all data types, structured and unstructured, for a single, 360 degree view of an incident.
  - Improving Operational Effectiveness through:
    - Victim / Witness Analysis
      - People focussed analytics to help recognize vulnerabilities, prevent repeat victimization and provide cross-agency victim support services.
    - Suspect / Offender Analysis
      - People focused analytics to identify likeliness to offend, predict likeliness to re-offend, target diversionary activities and provide cross-agency offender support and rehabilitation services
    - Human Networks Analysis
      - Network analytics to identify cross jurisdiction community connections between individuals, groups and organizations for the purposes of crime prevention and detection
    - Event / Transaction Analysis
      - Event analytics to identify, link and analyse activities based on type of event or incident, to help prevent crime, increase safety and resolve events

that have already occurred

- Geographic Analysis

- Location based analytics to link and analyse activities based on geographic location to prevent, disrupt and detect crime.

- Behaviour / Pattern Analysis

- Predictive, real-time and retrospective analysis of emerging /changing trends (socio-economic, criminal, digital etc) to prevent, disrupt and detect crime

- The public:

- Highlights geographic crime trends to help better understand where resources are needed.
- Understands citizens' contact history and needs, enabling the police to provide a more personalized response.
- Provides predictive analytics to better understand emerging threats and risks, enabling citizens to be warned and proactively alerted
- Improving citizen interaction through :

- Citizen Insight

- Understand community sentiment, identify community priorities and drive community engagement in preventing and resolving criminality and community safety.

- Personalized Citizen Interaction

- Understanding individual and service history. Tailor and personalize interaction with individuals to their needs as and when they interact with the Public Safety ecosystem.

## **CURRENT BIG DATA PROJECTS IN INDIA :**

The Indian police force now has access to mature big data storage platforms such as Hadoop, NoSQL etc, which allows them to store years' worth of structured digital content and unstructured data within the same platform, and analyze them along with the incoming real time data to understand crime patterns within their jurisdictions. For example, Delhi police have recently partnered with the ISRO to develop an analytical system—Crime Mapping, Analytics and Predictive System (CMAPS). CMAPS helps Delhi police to ensure internal security, controlling crime, and maintaining law and order through analysis of data and patterns. Similarly, the Jharkhand police force is trying to implement an analytical system, with the help of IIM Ranchi, which would evaluate criminal records, date and time of crime occurrences, and location to predict crime-prone zones. The system is built on sophisticated algorithms and behavioral science, which will accumulate crime related data from all over the country. Several companies

like IBM, Oracle, SAS, Microsoft, SAP, EMC, HP, and DELL are aggressively working with various state police departments to implement various projects. Advanced analytic capabilities have now been integrated into several CCTV systems of the country to improve response times to crime incidents.

### **BARRIERS TO IMPLEMENTING BIG DATA TECHNOLOGY :**

While Big Data has multiple applications its implementation faces several barriers like :

- Several state police departments do not have access to advanced analytical tools to trawl and analyse unstructured data, such as images and video
- Huge funding requirements to buy technology , training and developing technical capacity
- Legal hurdles as possessed by modern rights framework of right to privacy
- Significant legal and ethical constraints governing the police's use of data with allegation of bias
- Lack of integration amongst various data pools : For data to be converted to actionable insights, we must overcome the following data challenges:
  - Fragmented data: Internal data is highly silo'ed – even more so when it comes to using the data held by other government agencies
  - Accurate data: Officers need to be confident that they have the right data, delivered at the right moment
  - Poor data quality: incomplete or duplicate instances of names or addresses, can create delays and hinder effective police action
  - Timely data: Even good data is of little use if it is not timely – and easy to interpret for officers on the front line. Due to the laborious process of compiling data, there is a risk that critical information is not available when decisions are necessary

### **BIASES IN CRIMINAL JUSTICE DATA :**

Police data aren't collected uniformly, and in part it's because what data police track reflect longstanding institutional biases along income, race and gender lines. While police data often are described as representing "crime," that's not quite accurate as they are influenced by existing police priorities, like arrests of people suspected of particular types of crime, or reports of incidents seen when patrolling a particular neighborhood. Neighborhoods with lots of police calls aren't necessarily the same places the most crime is happening. They are, rather, where the most police attention is – though where that attention focuses can often be biased by gender and racial factors.

#### **It's not possible to remove the bias:**

Some researchers have argued that machine learning algorithms can address systemic biases by



designing “neutral” models that don’t take into account sensitive variables like race or gender. But while it may seem possible in hypothetical situations, it doesn’t appear to be the case in real life. Fixing this problem is not a matter of just doing more advanced mathematical or statistical calculations. Rather, it will require rethinking how police agencies collect and analyze data, and how they train their staff to use data on the job.

### **Understanding the biases to improve the data:**

Using predictive analytics in the real world is challenging, particularly when trying to craft government policies to minimize harm to vulnerable populations. We do not believe that police departments should stop using analytics or data-driven approaches to reducing crime. Rather, police should work to understand the biases and limitations inherent in their data.

In our view, police departments – and all agencies that use predictive algorithms – should make their systems transparent to public scrutiny. This should start with community members and police departments discussing policing priorities and measures of police performance. That way any software the police use can be programmed to reflect the community’s values and concerns.

### **Ensuring transparency:**

It is not enough to claim or assume an algorithm is unbiased just because it is computerized and uses data. A lack of bias must be proven by evaluating the algorithm’s performance itself. Police departments will have to scrutinize closely the results of such models for bias.

Used correctly, predictive policing can be used to address the complex factors underlying crime trends. For example, rather than stepping up patrols, we can use predictive modeling to connect residents to local social services..

### **CONCLUSION :**

In the nutshell, big data analysis is a necessary tool for emerging policing challenges and for changing public perception about police. But, at the same time, we also need to understand that it is not a panacea for all the ills of policing. It is only a facilitator, a third eyes to look at the bigger perspective. Final enforcement needs to be done through basic policing only and grass root level strengthening is needed. Other challenges like skewed statistics, transparency and data safety issues need to be at the core of any big data discussion, especially since they threaten our long term integrity. We need to use this with utmost care and safeguard.



**Saujanya Singh**  
69 RR IPS Probationer



**Sonam Kumar**  
69 RR IPS Probationer

## Fag End of Phase-I; A Happy Good Bye

It has been an interesting ride. Phase-I training of 69 RR batch is almost over. Just 2 more weeks and we would be free birds. Many people would eagerly look forward to exciting times ahead. A few like me would reflect on the past year's happenings.

Going a little back, I still remember my landing in Hyderabad in the month of December 2016. A prominent scientific experiment related to Albert Einstein's theory of relativity and Quantum Physics was in news then, which proved that human beings can be at more than one place at one time. Little did I realize that very soon I would be sincerely hoping for the discovery to actualise in reality too.

Right from forcibly waking up at 4 AM (almost next to impossible task for many nocturnal beings like me) to realising the thin line between life and death while running for our lives in the morning, how I wished I had the Einstein's formula to be sleeping in my bed and running on the ground at the same time. However despite the rigorous training regime, I can very easily count my blessings in the form of various advantages this IPS training accrued on us.

The maxim that "Present is the key to the past as well as the future" is noteworthy here. The present level of supreme fitness of all the probationers as compared to past body structures highlight the worthiness of the training regime. The benefits can be reaped for years to come in terms of overall health and well being, if proper maintenance is done in the future.

Health benefits apart, discipline, punctuality and job satisfaction are the major milestones, achieved by the entire batch in this journey. Because of discipline and punctuality almost the entire batch was able to sail through the plethora of obstacles like 40km route march, 16 km run etc. with flying colours which gave immense job satisfaction both individually as well as collectively. It also enabled all of us to stretch our limits to realise our maximum inherent potential.

Sometimes I used to think that training is making us like a machine, devoid of emotions, where primary and sole goal is fulfilment of the task given to our squads. This myth was happily busted during the annual fete celebrations, where our squad came up with a gambling stall. We started making huge money very soon, but none of us was happy to see people losing money. As a result we closed our stall much before time, and returned money of people too. This little stall exercise gave us a real feel of what our responsibility as police officers truly is.

But one area where the IPS training scored above everything else is in giving us the elixir of Art of Living, which is to be happy and ever smiling, even when the conditions are unfavourable. We had mixed feelings when during previous parades we were repeatedly told by our DIs and Ustaads to keep smiling faces despite the odds. A joke or two and expert comments by squad-mates, platoonmates and batchmates, came very handy in achieving that happiness quotient as well as camaraderie in such situations. But when our final Passing out Parade is very close, feelings of reverence for the same DIs and Ustaads appear (And this isn't Stockholm syndrome....).

We would smile again in our final parade, but this time entire spectrum of memories of the past year would play in our minds, and would be depicted in our smiles. The joy of successfully completing one of the world's toughest training would totally overshadow the need for Einstein's discovery to materialise. After all this is SVPNPA making Indian Police Officers out of IPS probationers....



**Vaibhav Saxena**  
69 RR IPS Probationer



## Airtel Marathon



## Assam Nursery School Annual Day function





## Academy Anniversary Week





## Mr. NPA Competition



**Mr. NPA**

**Amit Kumar Anand**  
69 RR IPS Probationer



**1<sup>st</sup> Runner up**

**Girpo**  
Royal Bhutan Police Officer



**2<sup>nd</sup> Runner up**

**Ahmed Hameed**  
Maldivian Police Officer



## Various Colors of NPA



## Farewell To...



**Shri Tejpal Daber,  
Deputy Commandant (Equestrian)**



**Shri Salim Khan Ahmed,  
Assistant Commandant (QM)**



**Shri K. Shankar,  
Assistant Commandant (Admin.)**

## Welcome To...



**Shri Parveen Kumar,  
Assistant Commandant (QM)**



**Ms. R. Jayanthi,  
Assistant Commandant (Admin.)**



# TROPHY WINNERS



**Sh. Ravindra Dahyabhai Patel**  
Martyr A.S. Atwal Trophy for Special **Laws**  
& Shri R.D. Singh Cup for **Swimming**



**Sh. Rishav Kumar Jha**  
Sh. Martyr G. Pardesi Naidu  
Trophy for **Indian Penal Code**



**Ms. Pratiksha Jharkhariya**  
Martyr Ravukanth Singh  
Trophy for **Indian Evidence Act**



**Ms. Nidhi Bansal**  
Martyr Ravukanth Singh  
Trophy for **Indian Evidence Act**



**Sh. Atul Sharma**  
Smt. Vinodini Verma Memorial Cup  
for Musketry in the subject of **Firing**



**Sh. Padmanabh Baruah**  
Shri R.D. Singh Cup for **Swimming**



**Inspector Rabin Babu Regmi**  
Sh. Parash Moni Das Memorial  
Trophy for **Adventure Sports**



**Inspector Pravin Karki**  
Sh. Parash Moni Das Memorial  
Trophy for **Adventure Sports**



**Sh. G. Jawahar**  
L.B. Sewa Memorial Trophy for the **Best Probationer in co-curricular activities**



**Sh. Dhawal Jaiswal**  
B.P. Singhal Trophy for  
**Hindi Elocution**





*"The Police of my conception will however, be of a wholly different pattern from the present day force. Its ranks will be composed of believers in non-violence. They will be servants, not masters of the people..... in fact the policemen will be reformers"*

**- Mahatma Gandhi**

### **69 RR Publication Board Members**



**Dhawal Jaiswal**  
Secretary, NPA  
Publication Board



**Abhishek Gupta**



**Arpit Jain**



**Avinash Pandey**



**Jagpal Singh  
Dhanoa**



**Mohamed  
Shaheem**



**P.D Nitya**



**Sandeep  
Singh Gill**



**Saurabh KR  
Agrawal**



**Sonam Kumar**