<u>Newsletter</u>

S1.N	To Content	Page no.
1.	Dikshant Parade - 67RR (2014 Batch) Director's Report	3
2.	Dikshant Parade - 67RR	
	(Chief Guest address - Excerpts)	7
2	Shri Ajit Doval, National Security Advisor	7 9
3.	Guest Night on 30th Oct. 2015 Traphics Distributed on the day of POP (21st Oct. 2015)	10
4.	Trophies Distributed on the day of POP (31st Oct. 2015) Esoteric Chants	10
5.		12
6.	Welcome to 68RR, Inaugural Session of 68RR IPS Probationers	
7.	Ahaan Beginning of New Life	13
8.	Batch Profile of 68RR	14
9.	Kadham Kadham Badhaaye Jaa	17
10.	Ice - Breaking Sessions, New Year Celebrations	19
11.	Lohri Festival	20
12.	Kite Festival	21
13.	Republic Day Parade - 2016	22
14.	Address by The Honorable President of India (Video Conference)	24
15.	एकप्रयास	25
16.	A Promise Pristine	26
17.	Debate Open Forum (LPCA SOCIETY)	27
18.	Interaction with the Director, SVP NPA	28
19.	Interaction with Padma Shri Dr. S Subramanian, IPS (Retd.)	30
20.	Interaction with 1981 Batch IPS Officers	31
	"ऊह-आह-आउच"	32
22.	Map Reading	33
23.	Weapons Training	34
24.	Cycling	35
25.	उजली मशाल	36
26.	Ms Rujuta Diwekar, Dietician on Nutrition Fitness	38
27.	Walk and Run	39
28.	Interaction with Film Director, Shri Prakash Jha	40
29.	शब्द दौड़ रहे हैं	41
30.	Play on 'YADI'	42
31.	Shramdaan	43

32.	Visit to Old Age Home, Aramghar	44
33.	Ru - Ba - Ru	45
34.	मेरा सपना साकार हुआ	46
35.	In-Service Courses	49
36.	02-day 'Course on Leadership'	50
37.	50 Year Re-Union Seminar of IPS Officers - 1965 Batch (18RR)	51
38.	05-Day Course on "Mobile Phone Investigation"	52
39.	10-Days Course on "Counter Terrorism"	53
40.	03-Day Advanced Training in Vigilance Investigation	54
41.	35 Year Re-Union Seminar of IPS Officers - 1981 Batch (34RR)	55
42.	03-Day ToT Programme on 'Gender Sensitization'	56

DIKSHANT PARADE - 67RR (2014 Batch)

Director's Report

"You have to grow from the inside out. None can teach you, none can make you spiritual. There is no other teacher but your own soul".

With these words of Vivekananda, I greet Hon'ble National Security Advisor, Shri Ajit Doval, esteemed Former Directors of the Academy, Dignitaries from Bhutan and Nepal, Serving and Retired Police Officers, Faculty and Staff of the Academy, Parade Commander Shri Parthrajsinh N. Gohil, Probationers and their families, members of the media, ladies and gentlemen



We are privileged to have in our midst Shri Ajit Doval, an IPS Officer, recipient of the Kirti Chakra, renowned for his courage and daring, an inspiration to all of us.

The NPA presents today 156 Probationers, including 28 lady Officers, 06 officers from the Roy-

al Bhutan Police Service, 04 from the Maldives Police Service and 05 from the Nepal Police Service, who have completed 46 weeks of the Phase I training.

They will face a dramatically different world for the bulk of their careers than they see today. In all likelihood, during the course of their careers, India would have become one of the world's largest economies & a military super power. The world



would be looking to us for leadership. It is for such a world that the NPA needs to prepare the police officers of tomorrow.

The core training & curriculum focuses on preparing the Officers of tomorrow in three broad areas.

First, the integration of theory & practice. All the classroom knowledge in the world will not work if not applied in the real world context. The trainees of this year have undergone jungle survival and Operations Modules with the Greyhounds of Telangana State Police, weapon training at the Central School of Weapons and Tactics, Indore, rock



climbing and river rafting at the ITBP Academy, Mussoorie, Security management at the

bye-election of Tirupati, large scale crowd management during the Kumbh Mela at Nashik, Maharashtra and correctional administration at the Chanchalguda Jail, Hyderabad.

The second area is around sensitization of the Police. Tomorrow's hyper transparent world



would immediately magnify any perceived transgression of a government organization, as is being seen not only in India but the world over. In order to sensitize and orient the Probationers, several intensive modules on issues such as Gender, Communal Harmony, Sectarian Conflicts, Marginalized Communities, Visibly Lost Children, Juvenile Justice, Composite Code, Police Accountabil-

ity, Human Trafficking and Community Policing were conducted. There have been visits to an Orphanage, homes for the differently abled and destitute. The Probationers have shown initiative in producing a street play, Awaaz, on different aspects of sexual harassment of women, which was widely acclaimed.



The third area is around providing a broader exposure to the Probationers & giving a context to law enforcement. Most recently, the RBI Governor, Shri Raghuram Rajan, delivered the 30th Sardar Vallabhbhai Patel Memorial lecture on "Reforming India's Economic Institutions". The wide range of speakers include Shri Lalji Singh - the head of the Centre for Cellular and Molecular

Smt. Nirmala Sitharaman, Shri Rajiv Pratap Rudy, Shri K.T. Rama Rao - Political leaders, Shri Naseerudin Shah - Film and Theatre personality, Shri Amish Tripathi - Author and Shri Ravish Kumar - Sr. Executive Editor, NDTV. Police luminaries who interacted with the Probationers include the Director Intelligence Bureau., Secretary Research and Analysis Wing, Director Central Bureau of Investigation, DGs of Central Reserve Police Force, Indo Tibetan

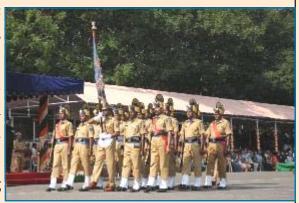


Border Police, Border Security Force, Sashastra Seema Bal and National Disaster Response Force.

During a two day Film Festival, documentaries were screened on a wide range of subjects including handling of the Bhopal Gas Tragedy, Human Trafficking and Farmer suicides.

Training programmes were conducted in association with the U.N.O.D.C. - United Nations Office on Drug and Crime for the Police, Judiciary and Prosecutors of India and SAARC Countries on "Special Investigation Techniques while respecting Human Rights" and the "Rule of Law in Counter Terrorism Cases".

We must also emphasize that beyond education & training for Probationers, the NPA also serves as training fulcrum for mid-career officers. The mid-career training programmes included 'Leadership and Change Management' Washington DC for IGs and above; 'Strategy, Innovation and Management' by University College, London (UCL), UK for DIGs and above and 'Honing skills with a Global Perspective' by Charles Sturt University, Australia for SPs.



The 66 RR visited Israel to study internal security challenges and use of technology in crime prevention and detection of crimes.

The Special Tactics Wing has introduced a course this year on Counter Terrorism Capabilities for SPs and DIGs of States and CAPFs, focusing on Intelligence, interdiction and investigation of Counter Terrorism measures.

A course on "Best Counter Terrorism Practices in Community Policing Consultation" was conducted in

association with Anti Terrorist Assistance (ATA) of the US Government.

As a part of Faculty development, workshops were conducted by the Indian School of Business (ISB) and GIZ, a German Government Agency that collaborates with Government of

India. Dr. Nikhil J. Gupta, Deputy Director secured first place in the First National Symposium on Excellence in Training conducted by DoPT, Government of India.

The NPA Equestrian Team participated in the 33rd All Indian Police Equestrian Meet (AIPEM) held at Jaipur and bagged the Championship Trophy for the second consecutive year. Dy. Commandant Tejpal Daber was



adjudged the Best Rider of the Meet. The NPA Team also won a Gold Medal in the National Equestrian Championship in Event held at Bangalore.

The Academy also organized its first ever International Conference in collaboration with Charles Sturt University of Australia for Women in Law Enforcement which deliberated on national and international law and order issues with a special focus on developments in

technology and leadership.



Academy in collaboration with (Centre for Development of Advanced Computing), Hyderabad and the support of DeitY (Department Electronics and Information Technology), Government of India, has established the National Digital Crime Resource and Training Centre (NDCRTC) - the first of its kind in India - for build-

ing capacities of Law Enforcement Agencies to take proactive measures in preventing and neutralizing threats to security.

To support these Training Programmes, the NPA has made substantial advances in its infrastructure. You will see a major infrastructure improvement today, following the inauguration of the Basic Course Training Complex. The Firing Range and Swimming Pool have been modernized. Two new synthetic Basket Ball Courts have been constructed. A new 140-room Senior Officers' Mess, Library, and a 100 room IPS Mess are expected to be ready shortly. Solar lighting, water harvesting and recycling and compost plants are functioning, in keeping with modern renewable energy and waste management initiatives.



I recently came across the concept Ubuntu, an old African philosophy, loosely translated as "You are, therefore I am". Human beings do not exist in isolation, all are interconnected. We think of ourselves far too frequently as individuals, separated from one another, whereas you are connected and what you do affects the whole World. When you do well, it spreads out; it is for the whole of humanity.

So Probationers, as you march out of these portals to face fresh challenges, view yourself as a citizen of the World and contribute your mite to the maintenance of peace and justice.

Jai Hind!

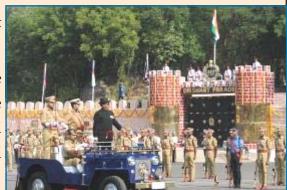
DIKSHANT PARADE - 67RR

(Chief Guest address - Excerpts) **Shri Ajit Doval, National Security Advisor**

67RR Passing Out Parade was held on 31st October, 2015.

The Chief Guest was Kirti Chakra awardee, Shri Ajit Doval, National Security Advisor, Union Government.

The parade consisited of 148 Indian Police Service Officers, 28 Lady officers, 6 Royal Bhutan Police Service Officers, 4 Maldives Police Officers, 5 Nepal Police Officers, 6 foot platoons and 1 mounted platoon.



The parade was commanded by Dr Parthrajsinh N. Gohil, the best overall probationer of 67RR.

In his address, Mr Ajit Doval praised the parade and turnout as well as congratulated the parade commander.

He congratulated the faculty members for their tireless efforts to transform the people from different backgrounds into members of a uniformed service.

He congratulated the awardees and gave them his blessings to keep performing in future.

He also praised the efforts by Director, Madam Aruna Bahuguna, IPS for the improvements brought about in the Academy and in churning out officers who are high in their professionalism and capability to deliver their responsibilities.

He asked the probationers to take care of their health which is the prime ingredient to perform well in the service. The parade trains the probationers to be a loy-

al, disciplined, law abiding and an outstanding leader. The training provides an association with large number of friends who are a source of help and support throughout the life. He said that the academy has made the probationers capable to handle diverse challenges whether related to policing, insurgency, terrorism, border management etc.



Mentioning the importance of capable officers for managing internal security, he gave the example of various countries who degraded themselves as they couldn't manage their internal

problems.



Arriving at the latest challenges, he told the probationers, that this is the era of war of fourth generation whereby the wars are not for land but the battleground is the hearts and mind of people and if the police leaders win their hearts, they will win this

For this, he asked the probationers to learn the latest technologies so as to fight against various issues from normal policing to crime detection and organized crimes to management of our borders.

Terming that Policing is a career full of diverse Conflict of Interests, he asked the probationers to give primacy to the interest of the nation.

He adviced the probationers to build their own brand whereby IPS officers once again get the tag of being incorruptible, courageous, brilliant and having knowledge of law. If the officers can live up to this brand, many of the conflicts will go away.

The 67RR Passing Out Parade was ended with the following message:

"Senani Karo Prayaan Abhay, Saara Aakaash Tumhara Hai,

Ye Nakhat Aman ke Bujhte Hain, Bhaavi Itihaas Tumhara Hai "







Mohammad Sana Akhtar 68RR IPS Probationer



Guest Night on 30th Oct. 2015



Trophies Distributed on the day of POP (31st Oct. 2015)



Dr. Parthrajsinh N. Gohil

The Prime Minister's Baton and Home Ministry's Revolver for the Best all-round IPS Probationer & The Mehta Cup for Studies



Ms. Bhavna Gupta

1973 Batch IPS Officers Trophy for the Best all round lady **IPS Probationer**



Sh. Sree Abhinav. M

The IPS Association's Sword of Honour for the Best Outdoor Probationer Smt. Vinodini Verma Memorial Cup for Musketry



Lt. Yeshi Choden, (RBP)

The S.R.B Cup for Drill and 1958 Batch IPS Officers Trophy for the **Best Lady Outdoor Probationer**



Sh. Ashutosh

Compaq Trophy for **Computer Studies**



Sh. Raja Banthia

Shri Bijay Shankar Memorial Trophy for Proficiency in the Subject of Maintenance of Public Peace and Order



Ms. Aparna. N Manipur Cup for Law



Sh. S. Selvanagarathinam

Jaipur Cup for PT



Sh. Dinesh Gupta

Tonk Cup for **Equitation**



Sh. Sudipta Das, IPS, ASP

PM's Silver Cup Essay Competition

ESOTERIC CHANTS

Blueness of the sky

let out a sigh.

It turned into a cloud

And silently sailed by.

Whispers sedulously the earth

To a bud at birth.

"Open thy petals

O, my flower of mirth".

A lark on the tree

As carefree as can be.

Has lost its way

Yet sings for me.

A limpid brook runs around.

An emerald, moist, mouldy mound.

It meanders and wanders

With a clarion gurgling sound.

Sweeps through the bloom

Breeze's fervid broom.

I startle a toad

Sleeping under the mushroom.

A solitary boulder

with ferns on its shoulder,

As I caressed an orchid

The wind grew colder.

Over million flowers of every hue,

Why bellicose bees with baskets argue?

A poor butterfly is without a clue?

Amidst nature in the woods

Where laconic lilies raise their hoods.

Hums eternally the soul

Esoteric chants of nature's moods.



Dr. Sangramsingh Patil 68RR IPS Probationer

WELCOME TO 68RR

INAUGURAL SESSION OF 68RR IPS PROBATIONERS ON











AHAAN... BEGINNING OF NEW LIFE

A new chapter began in the lives of 168 youngsters when they started their journey from different parts of the country towards one common destination, NPA. This train of young minds reached their new home on the 27th of December, 2016. And what an entry it was!

Before the commencement of the journey, NPA made all the would-be probationers fill up their dates and modes of travel. Little did we know that on the basis of this data, NPA will make such fabulous arrangements to pick us up at the airport and railway stations and treat us so specially. We received calls when we were about to reach Hyderabad to inform us that NPA cars were waiting for us to take us to our new home. The special treatment and excellent logistical planning did not end there. When we reached NPA, we had people to welcome us with warm smiles, flowers and help us settle in our rooms, which were perfectly furnished taking care of even 🛚 the minute details to make our stay here comfortable.

It was a wonderful experience to talk to fellow probationers who had come from different nooks and corners of the country. The air was filled with lots of







energy and enthusiasm. Everyone was amazed at the colossal expanse of the campus, at the royal treatment and arrangements made so far and at the grandeur of the Central IPS Mess. There was a spark in everyone's eyes as they met each other, introduced themselves and shared their expectations of the near future at NPA.

With new hopes and dreams, with new aspirations and confidence, we set out on a roller coaster ride to explore the horizons that NPA has to offer. This is a beginning of a new dawn in our lives and we hope to have a wonderful time ahead, running, sweating, marching and learning.

> Sweta Agarwal 68RR IPS Probationer

Batch Profile of 68RR

Profile of 125 IPS Probationers of 68RR

Total Probationers

Gentlemen Probationers	Lady Probationers	Total
100	25	125
80 %	20 %	100 %

Age Profile

Age	Lady Probationers	Gentlemen Probationers	Total	
Below 25 Years	03	12	15	
25 – 28 Years	12	42	54	
Above 28 Years	10	46	56	
Average Age – 28 Years				

Profile of 15 Foreign Police Officers

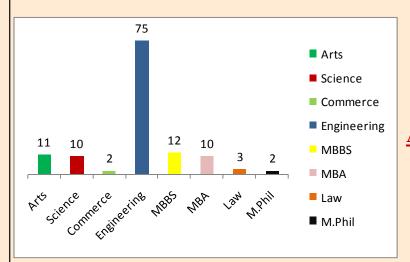
Bhutan, Maldivian & Nepal Police Officer

Directify ividity in the full control of the control					
Gender	Royal Bhutan Police Offic- ers	Maldives Po- lice Officers	Nepal Police Officers	Total	
Gentlemen Probationers	04	03	04	11	
Lady Probationers	02	01	01	4	

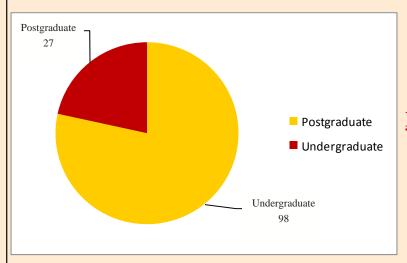
Age	Royal Bhutan Police Officers	Maldives Po- lice Officers	Nepal Police Officers
Below 25 years	01	-	-
25-28 years	04	-	05
Above 28 years	01	04	-

Statewise Domicile

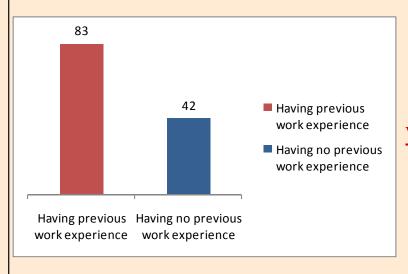
State	Lady Probationers	Gentlemen Probationers	Total
Andhra Pradesh	02	04	06
Assam	-	01	01
Bihar	01	09	10
Chandigarh (UT)	~	04	04
Chhatisgarh	-	01	01
Delhi	03	03	06
Haryana	01	09	10
Himachal Pradesh	-	01	01
Jharkhand	-	02	02
Karnataka	01	04	05
Kerala	02	02	04
Madhya Pradesh	01	04	05
Maharashtra	01	13	14
Nagaland	01	-	01
Odisha	01	01	02
Punjab	01	03	04
Rajasthan	01	10	11
Tamil Nadu	02	04	06
Telangana	01	02	03
Uttar Pradesh	04	21	25
Uttarakhand	01	•	01
West Bengal	01	03	04



Academic Background



Educational Qualification



Work Experience

Kadham Kadham Badhaaye Jaa...

It is said that a journey of a thousand miles begins with a single step... Well, at NPA, it begins with not one, but three... ek do ek!

With dreams in our eyes and butterflies in our bellies, we began this journey on the 27th of December. By then, we had already got a taste of NPA's excellent logistics planning when we were received like VIPs at the airport and railway stations, and our hearts were filled with expectation of what next.

Well, next in store was the swanky NPA campus with its imposing gate and mind-blowing infrastructure. It was almost breathtaking to enter the colossal gate, look around the campus and let the feeling sink in that this place is going to be our home for the next ten months. We were welcomed with smiles, flowers and spick and span rooms, all the while making us feel special.

There were cheerful faces all around; Probationers trying to know each other; some introducing themselves; some reuniting after the FC; and some bonding over UPSC Mains debacle! But all had one thing in common, they were all full of anticipation; anticipation of what the next day held. And the next day held a 5:45 AM fall-in! That came as a surprise to many, as we had mostly forgotten that days can also begin at 5:45. For many of us, that was the time to go to bed!

With the fall-in started the first day at NPA when we were introduced to the ways to walk, to march and to run to the tune of "ek do ek". We were introduced to the PT ground, the Stadium, and the way the reporting is done. "Savdhaan" and "Vishraam" became the new buzz words with Probationers trying to find out the meanings of the same and figuring out what to do at which command. It was a scene of pleasant confusion to see everyone trying to get a hang of things and get adjusted to the new life from Day 1.

After the tryst with PT was the moment we were all waiting for - the UNIFORM. Measurements were taken and we got another demonstration of NPA's impeccable organization and arrangement, when within a week, we were able to don the khaki. And what a feeling it was! It is beyond my capacity to express that moment, that emotion, which we all felt when we put on our uniforms for the first time. It was a delicate, moment filled with pride, sense of responsibility, and the urge to prove oneself worthy of the uniform.

The end of the "zero week" saw us getting divided into squads, which were reminiscent of the Houses in Harry Potter, compete with inter-squad competitions and a trophy for the best squad. Time will tell which squad will win the trophy, but it was a nice feeling to have more than a dozen people to call family away from home.

The second week at NPA saw the indoor lectures starting in earnest and the PT becoming

more rigorous. We were introduced to the various subjects we would be learning over the next few months; the different Acts, investigation, ethics, leadership, and many more. While we were still figuring out when to study all this given the fact that after 6pm most of us are almost half dead, we found to our surprise that we actually started taking interest in the classes. Between the attempts of the faculty members to keep us all awake and the eager wait for the bell which declares the end of a session, some of us have already started showing the knack for investigation, law etc. I am sure that over the course of the training, many Bonds will emerge from our batch after rising from their slumber!

Besides PT and Indoor classes, my article would be incomplete if I don't mention the Drill. Well, Drill and Probationers have a love-hate relationship! We were told that Drill is very important to instill discipline and as we are a uniformed force, discipline is an indispensable part of our service. This logic being irrefutable, we embarked on the journey to tune our bodies to the commands of "Dahine Mud", "Baaye Mud", "Teeno teen mein aage badhega", etc. Honestly, it wasn't a journey we were prepared for and sometimes we still grumble when we have to carry those heavy SLRs in that sandpaper-type uniform and do the drill; but the beauty and pride of it all struck us when we finally started marching to the tunes of "Kadam kadam badhaye jaa..." and "Saare jahaan se acchha..." for the Republic Day celebrations. The music filled our hearts with an inexplicable feeling that gave us the enthusiasm to brave the heat, the weight of the SLRs and our tiring bodies. It did the unthinkable, it made us enjoy Drill, something we thought was probably not possible!

We started this journey with expectations, apprehensions, anticipations and a whole lot of other emotions. So far the journey has been tough, but enjoyable. More challenges lie ahead, more lessons await us, more experiences are in store. But what's common in all this is that with every challenge and every experience, we will discover something in our own selves which we never thought existed. We will push our limits till sky becomes the limit. We will come face to face with our hidden strengths which this training will help us unfold and improve. As we prepare ourselves for the remaining months at NPA, the words of our DIs ring clearly in my ears... "Commando kabhi thakta nahin..." Yes! We have to march forward; we have to keep flying without getting tired while remembering Iqbal's words...

"Tu Shaheen hai parwaaz hai kaam tera...

Tere saamne aasman aur bhee hain"

So my fellow commandos, keep flying high, keep soaring to great heights and keep exploring uncharted territories.... All the Best!

> Sweta Agarwal 68RR IPS Probationer

Ice - Breaking Sessions



In the very first week, an ice breaking session was organized to open up the probationers who pretty much like any other UPSC aspirant move in their shells after spending a long duration in preparation for the exams. Through various games which demonstrated the very fact that while individuality is essential for survival, team-work is needed for being an effective

leader. Events like crossing a mine using bricks involving the entire team, or passing balls into buckets by forming a chain of planks held in hands by the various team members or passing a



tyre by forming human chain, relay races etc were organized. It laid a foundation for the basic training by opening up the participants and most importantly getting officers acquainted with each other.

Abhishek 68RR IPS Probationer



New Year Celebrations

Amidst getting used to the hectic schedule of training, in the very first week, the year 2016 was welcomed with a blast by the entire team of SVPNPA, including the probationers of 68RR. The evening of 31st December, 2015 was pumped up by the presence of actor Sasho Satiish Sarathy who sang many beautiful songs from Roop Tera Mastana by Kishore Da to Lungi Dance by Honey Singh. The air being



musical, it was entertaining, and a stress buster for every participant. The environment



being such that even the faculty members couldn't resist themselves moving their feet which was great from the perspective of interaction with the new Probationers in an informal environment.

Lohri Festival



The sun had lost its brightness and the air had become cooler than ever. It was not a regular evening. Probationers were hurrying to the ground, is it for PT???? Absolutely, not!!!! It was for celebrating Lohri, being organised by the Officer's Club.

Lohri is a festival that commemorates the passing of winter solistice and hence a big bonfire was made at the centre of the ground to

energise the environment. Fellow probationers from Punjab and Mr.Rajeev Sabharwal, JD(BC), together, explained the folkore behind celebrating the Lohri, followed by the lighting of bon by Ms. Aruna M Bahuguna, Director of SVPNPA and faculty members.

As the DJ went on, the entire area got enlightened with a great energy coming in from Probationers as well as faculties and their family members. It hence turned into a great fun filled evening, with higher degree of interaction with the faculty members and good traditional food. The festive mood continued on with the kite flying festival next day!!!!











Ragasudha 68RR IPS Probationer

Kite Festival

True courage is like a kite; a contrary Wind raises it higher.

Flying kite is one of those sweet memories of Childhood which invariably brings smile everyone's faces. After all, we rarely had an opportunity in our adulthood to fly kites and that too in such a big group! Clear sky and warm sunlight added to the delight.

Academy had organized the kite festival for NPA Family on the auspicious day of Makar Sankranti.



This auspicious day is celebrated across India with different names and celebrated with different customs in different parts of the country e.g. Pongal in Tamilnadu. Makar Sankranti marks the transition of the Sun into the zodiacal belt of Capricorn. The day is also believed to mark the arrival of spring season.

Kite Festival was organized at Rajasthan Bhavan in the morning of 15th January 2016. All the Probationers and faculty members (with their family) were invited to participate. It started at 1000 hrs after arrival of Director Madam. Kites were of various colours and Children were bustling with energy and enthusiasm. Newly purchased Celsetron Telescope



was also placed in the lawns of Rajasthan Bhavan and it was a source of amusement to children.

Every Faculty members and probationers participated wholeheartedly and lived the spirit of festive mood. Soaring Kites were symbolic of higher aspirations of Probationers and at the same time, the thread connected with the kite reminded us to be grounded. It ignited the spark of a child which lives in every person's heart.

The event was concluded by the tea which catered to the pan Indian tastes as well as traditional festival delicacies e.g. "Teel ka Laddu", "Dahi-Chura" etc. Refreshment was so sumptuous that we didn't miss our homes on this occasion. After that, all of us moved back to our mess with heart full of memories and soul full of pleasure. It made the bonding between faculty members and probationers stronger. Kudos to NPA and looking forward to many such events in future.

> Ravi Kumar 68RR IPS Probationer

Republic Day Parade - 2016



Republic Day Parade was the first experience of the kind for most of the Probationers. In a short span of fifteen days the 68RR could put up a good performance. The batch was divided into six platoons for the Parade. Ms. Aruna Bahuguna, honourable Director, Sardar Vallabhbhai Patel National Police Academy, was the chief guest of the Parade. The Parade was attended by Joint Directors Shri Umesh Sharraf and Shri Rajeev Sabharwal,

Faculty and Staff, relatives and friends of Probationers. The Parade was commanded by Ms. Raveena Tyagi.

The chief guest, Ms. Aruna Bahuguna, honourable Director, Sardar Vallabhbhai Patel National Police Academy, inspected the Parade. In her speech she welcomed all the Probationers to the world of Parade. She also congratulated all the winners of the Police Medals, Director's Commendation and Insignia and Director's Commendation Roll.

She stressed on the essential feature of a Republic i.e. equality before law, the condition when everyone is treated equally while enforcing law. She cited the views of the father of the constitution, Dr Ambedkar. Based on his experiences with injustices in life, he always insisted on equality. She pointed at journey of Indian republic in ensuring equality – from blatant display of discrimination to the present. Though conditions have improved, we still have a



long way to go.

She reminded everyone about the responsibilities of the Police force as the last and final force to enforce equality, as the critical guardians of republic and common public. She asked the Police that when the faith in republic is questioned, at that critical point when people look to us, the Police must uphold values of justice and equality. The Police must actively work to remove biases and it should start with removing one's own hidden biases.



She also highlighted another issue - misuse of power. She reminded all that the powers bestowed upon the Police are to perform duties, to maintain fabric of society. Touching upon the issue of corruption she cited example of an NGO in Chennai, called '5th Pillar'. They have a novel idea of offering a 'Zero Rupee Note' if someone asks for a bribe.

In a nutshell, she asked the Police to live up to the expectations of citizens.

Iai Hind!

* * *





Sonawane Rishikesh 68RR IPS Probationer

Address by The Honorable President of India (Video Conference)



A memorable and cherished event for the 68RR batch probationers took place on the morning of 19th January 2016 when they were addressed by the Honorable President of India Shri Pranab Mukherjee on the theme of "Youth and Nation Building". Sardar Vallabhbhai Patel National Police Academy was one among the 40 institutions chosen from all over India for this interaction. Addressing the students and faculty of institutions of higher learning and Civil Service academies, The President emphasized on the important role which awaited the youth of this country in taking forward the rich diversity of our nation and to aim for assimilation of ideas along with accommodation of contrarian views.

The President emphasized on the need to instill values of Harmony, Gender equality, spirit of reverence towards women and the ideas of secularism in the youth of this country. He called upon the various civil service academies to inculcate the sense of social responsibilities in their trainees with particular emphasis on community led solutions to the problems faced by our country.

Sardar Vallabhbhai Patel National Police Academy was one among the 10 institutions honored with the responsibility of sharing our thoughts with the President and the gathering. Ms Niharika Bhatt, IPS - P, 68RR gave a crisp speech in which the commitment of Indian Police to community policing and the focus of the day on using technology to crowd source ideas and engage in meaningful interaction with youth was emphasized upon. She also highlighted the responsibility that we police officers have in providing for a secure environment conducive for the youth and their development. The program was concluded with the President stressing the high responsibility with which the nation trusts the

young civil servants. He urged us to take up this unique opportunity and strive to make a difference in the country.

Badrinarayanan

एकप्रयास

में नहीं चाहता, विकसित भारत बनने का सपना, एक सपना बनकर ही रह जाये..!! मैं तो चाहुँ, राष्ट्र हमारा उठे, शीर्ष को छू जाये..!! गौरवशाली अतीत हमारा जागे फिर से, और भारत फिर से, सोने की चिड़िया कहलाये..!!

स्वार्थ इससे इतर सोचना चाहता है, ज्वलंत मुद्दों से भागना चाहता है, पर, बरबस, एक हूक उठती है, एक टीस लगती है, जाग्रत अंतरात्मा, स्वार्थी मन को, झकझोरती है, भारी पड़ती है...!!

कैसे भूल सकते हैं हम, अश्र्शोणित रक्त सिंचित बलिदानों को, आज़ादी के दीवानों के अहसानों को..!!

कहीं और से होगी शुरुआत, क्यूँ ये लगाये बैठे हैं हम आस..!! राष्ट्र निर्माण को क्यूँ ना मिलाएं हम हाथ, क्यूँ ना करें हम एक प्रयास, एक प्रयास...!!!!



Sukirti Madav 68RR IPS Probationer

A PROMISE PRISTINE

Quaint are the paths,

The paths I choose to tread. Prosily hovers silence over words that remained unsaid. Emotions numb and fears allayed, eyes watched as the heart bled.

No qualms no quarrels, no regrets no morals. Torn apart is my soul from these worldly apparels.

Unleash my spirit from this quagmire of desire. Let it unhindered soar higher and higher. Pray! Touch me not for my wings are of fire.

Each task denied afore now beckons me yonder. Invites me to perambulate and ponder. To unite with the rhythm deep under. To conquer it all and then unashamedly surrender.

On the pyre of abnegation then shall the Self incinerate. From the ashes will then emanate a song immaculate. The rhythm of universe it will dictate.

Dwells in my bosom a hope sublime, And a rhythm sanguine. A promise made to self a promise prisitine.



Dr.Sangramsingh Patil 68RR IPS Probationer

Debate Open Forum (LPCA SOCIETY)

The first Debate of the 68RR was conducted by the LPCA Society on 23rd January 2016 in the Auditorium of the academy. The debate was designed as an Extempore Debate with the topic "India is a Soft State" decided fifteen minutes before the event by Ms Aruna Bahuguna, Director - SVPNPA and given to the participants. A total of 16 participants comtwo members from each prising of participated with eight speaking for the motion and eight against the motion. The debate proved to be a lively discussion of the topic with an exchange of ideas on either side of the aisle.

Mr Siddharth Tiwary was adjudged as the best speaker of the day by the panel of judges comprising of Shri S Raveendran IPS, DD(Tac & SC), Smt R Malar Vizhi IPS, DD(Estt) and Smt Sharada, AD(Forensics). Ms Aparna Gautam was the first Runner up while Mr Barun Purkayastha was judged as the 2nd Runner up. Overall, Squad 1 was adjudged the Best Squad based on the cumulative scores of its speakers, Ms Aparna Gautam and Mr Achal Tyagi.









Badrinarayanan 68RR IPS Probationer

Interaction with the Director, SVP NPA

The 68RR had the opportunity to interact with respected Director Madam, Ms. Aruna Bahuguna, on 23.01.2016. It was a very interactive session which dealt with the theme of 'Qualities of a Successful Officer'.

She made the Probationers think if the success were only fast promotions, medals, material acquisitions or choicest postings. With the example of the Pilot, Mr. Chesley Sullenberger,



who landed a civilian aircraft on Hudson River in emergency, she tried to explain the essential qualities of a successful leader.

She stressed that a leader is not only professionally competent but also ethical in his decision making. He/ She has a positive attitude and never stops learning. He/ She is never afraid of feedback and has the ability to keep on working even when no tangible rewards are present. She completed her presentation with an insightful quote from Andre Agassi, after his win in Grand Slam -



"This honor today leaves me deeply humbled but also makes me think of others who don't get their due: Teachers, nurses, caregivers, struggling parents, all the people who do the right thing, who win their own private Grand Slams.

They know already. They know already what took me decades to figure out: That we are here to do good quietly, to shine in secret, to give when there's no crowd applauding, to give of ourselves someone who can offer us nothing."

A Session by Ajit Rajian, Probationer (68RR)

On Saturday, 23.01.2016, one of the Probationers Mr. Ajit Rajian shared his experiences based on his past job related assignments. He gave a



studied, detailed presentation on India's Civil Nuclear Program. He explained the three stages of the Civil Nuclear Program in details covering - the evolution of the program, its present status, shortcomings and possible solutions as well. He stressed on India's Civil Nuclear Policy and International Relations. He had done a project with Cogency Research in the British High Commission. His inputs were primarily based on that work experience.

The experience sharing is a novel initiative that gives opportunity to the probationers to share their knowledge and experience with fellow probationers.









Sonawane Rishikesh 68RR IPS Probationer

Interaction with Padma Shri Dr. S Subramanian, IPS(Retd.)







An interaction session was held at NPA with Padma Shri Dr. S Subramanian IPS (Retired) on 16th January, 2016. While young probationers are always eager to hear from experienced officers, this was a session worth a goldmine. Dr. S Subramanian is a decorated officer having been awarded the fourth highest civilian award by Government of India.

He began at the outset with the benefits of the IPS training mentioning the habits of discipline inculcated here keeps an IPS officer in good stead throughout his life. The skills that the training seeks to impart make one able to deal with complex situations of the job. In addition to that, several soft skills are taught in this training which make the young officers confident and aware of the social conventions.

He also emphasized on the qualities which IPS officers should have. Mentioning lifestyle as one reason of corruption in officers, he asked the probationers to develop habits of simple living so that they are not dependent on help and favour from others.

We were really fortunate to have been exposed to an officer of such integrity at the start of our IPS career.



Mohammad Sana Akhtar 68RR IPS Probationer

Interaction with 1981 Batch IPS Officers

Nostalgia for bygone days marked the Reunion of 34RR (1981 batch) that visited NPA on 28-29 January, 2016. Exchanging pleasantries, catching up with each other and reminiscing times spent at NPA marked the highlights of the gathering.

For the 68RR probationers this presented a very unique opportunity to interact with officers we have heard so much about. The lunch at IPS mess was an exciting affair with probationers thronging the officers and asking about field work, cadres and expectations of public. The words of senior officers helped ease a lot of anxiety about connecting theory to practical workings of the police officers.

Probationers discussed lots of issues which are being faced by the police officers in the present scenario as well as the seniors inquiring the

feelings of the probationers about their upcoming careers.



Overall, it was a great learning experience for 68RR and we hope to have many more such opportunities in the upcoming months.



Bhatt Niharika 68RR IPS Probationer



"ऊह-आह-आउच"

बह्त बड़ा है तेरा दुख बह्त बड़ी है तेरी पीड़ा , अपनी पीड़ा हरने को मानव, करता रहता सबसे क्रीड़ा. अजब निराली तेरी पीड़ा, ऊह आह आउच, हरते इसको आयोडेक्स, दर्द की गोली, कभी मह्आ का पाउच.

तेरे मुँह से निकला ऊह, खरीदे बेचे जिस्म, खरीदी बेची रूह, अपना भी औरों का भी, गोरा गोरा चेहरा तेरा, काला काला मुँह.

तेरे मुँह से निकला आह, जाति-लिंग-नस्ल का भेद, और रंग भेद भी, रंग है तेरा काला स्याह.

तेरे म्ँह से निकला आउच, बालश्रम, क्पोषण, नशाखोरी, जमाखोरी, भिक्षावृत्ति, वेश्यावृत्ति और कास्टिंग काउच.

तेरे मुँह से निकली खाँसी- खों खों, सब कुछ लूट खसोट लो, बटोर समेट लो, देश समाज क्या होता है? किसी को क्छ ना दो.

तेरे मुँह से निकली छीन्क- आंक्षी, क्लाइमेट चेंज बायोडाईवार्सिटी, चाय पे चर्चा इन द युनिवर्सिटी, ये सब छोड़ो और ये बताओ, कहाँ गये सब गिद्ध गौराया, कहाँ गये माइग्रेटर पक्षी.

समय आ गया है प्यारे, अपने सुख से आगे बढ़, ऊह आह आउच करना छोड़ दे, औरों के दुख हर, नयी परिभाषा गढ़.



Suraj Singh 68RR IPS Probationer

Map Reading







Map reading classes for 68RR started on 28th January 2016 at the highest point in our academy i.e. Rajasthan Bhavan, which is situated at the height of 576 Meters above the sea level. It provides a panoramic view of the city and is the most appropriate place to learn Map Reading with practice.

Map reading provides knowledge to locate one's place on ground from map as well to identify nearby features. Knowledge of maps helps in planning and execution of any kind of operation in remote areas as well as urban operations. It is one of the basic necessary skills required in a police officer, as the officer can be posted anywhere in the country and then he will be expected to perform from day one.

A Map Sheet, Service Protractor, Handheld Compass, Roamer and an Open Mind to learn is all that is required for a happy learning experience. It is exciting to know that one can find approximate time of the day by just looking at one's shadow and find directions by just looking at stars. In fact, Seafaring is considered one of the oldest professions in the world and Sailors have used stars to navigate the blue oceans for centuries. After all, in the absence of technology our

ancestors have used astronomical knowledge extensively in day-to-day life.

All the probationers were very much interested to learn new ways of finding out positions and were keen to use observation and logic to explore new techniques of position fixing. The whole classroom session was made interesting by awarding chocolates to probationers who were quick in resolving bearing and range to locate the target. Open air atmosphere added to the thrill of learning at the highest point in the academy.

I hope that these classes will keep the probationers spellbound for the whole course duration and will also add the very necessary skill for Jungle Survival and policing.

Happy Learning !!!!

Ravi Kumar 68RR IPS Probationer

Weapons Training

Being a uniformed service, weapons are an indispensable part of our service life. Hence, knowing the weapons, their components, their handling, their working mechanism etc. are very important for our training. With this objective, we probationers were introduced to the various weapons ranging from .22 Rifles to SLRs to .38 Revolvers.

The introductory lessons covered the basics of the weapons, the things to remember while handling a weapon, the ways to strip and assemble a weapon, the names of the various components and their respective roles in the weapon. A lot of emphasis was placed on the various safety precautions to be remembered while handling a weapon to avoid accidents and mishaps. We were time and again told that inspecting the weapon and adhering to the safety rules are the fundamental principles which we cannot afford to forget. New words, phrases, and acronyms entered the vocabulary of the probationers with these weapon training lessons. We also learnt the various positions in which the firing is done.

Weapon training has started a new and important chapter in our training life. The feeling of handling weapons is something that is very difficult to pen down in words. It is exciting, adventurous and a little scary at the same time. The journey to become a soldier in the service of the nation has entered a new phase. We hope that it will help us all transform into fine

officers.







Sweta Agarwal 68RR IPS Probationer

Cycling

With the first 10 days of physical conditioning done, the 68RR batch set out on the expedition to cycle 12kms to Himayat Sagar Lake and back on the 9th January, 2016. With a lot of apprehension in the batch about our first major physical activity, we set out before the sunrise. The windy cool morning and the prospect of breakfast at the destination motivated even the laziest of us to keep pedaling. The Himayat Sagar Rest House was a welcoming sight to our sore feet and growling tummies. The Counseller -Counsellee session at the Rest House was a wonderful opportunity for us to clarify our doubts and build a rapport with the faculty members. It helped us ease into our new life as probationers which comprised of hard physical work, good food and intellectual stimulation.









Bhatt Niharika 68RR IPS Probationer

उजली मशाल

थी मही काँपती, अंग्रेजों के नित प्रचण्ड ह्ंकारों से, थर-थर करती थी वस्धा, जिस साम्राज्य के अत्याचारों से, सभ्यता स्वयं की श्रेष्ठ मान, जो फूले नहीं समाते थे, पाखंड, भ्रान्ति से ग्रसित, स्वयं को प्रगति दूत बतलाते थे।

पाने सोने की चिड़िया को, ये व्यवसायों की आड़ लिए, म्ग़लों को सम्मोहित करने, आए मैत्री का तार लिए, किन्त् प्रणय के छली, उन्हें विस्तार राज्य का करना था, सत्तारूढ़ों में फूट डाल, राज्यों को उन्हें कुचलना था , था सत्य निहित भी यही, वीरता रजवाड़ों के साथ गयी, बिखरा मुग़लों का साम्राज्य, और भारतमाता दास हुई।

जब हुआ अनय का नग्न-नाच, अम्बर से एक किरण फूटी, गाँधी का रूप लिए समाज में एक नवीन लहर छूटी, सत्य और अहिंसा का प्रतीक, गौरव का पूंजीभूत ज्वाल, मैत्री, करुणा, विश्वास लिए, थी निकल पड़ी उजली मशाल।

ये गाथा जिसकी नींव निहित, शोषित अफ्रीकी देशों में, वो देख रहा था मानवता का हनन, विरक्त निवेशों में, मजदूर बंध्ओं की ही क्या, व्यापारी भी अक्लाते थे, निज को सभ्यता विहीन जान, अन्याय सहन कर जाते थे।

पर विशिष्टता गांधी की, शिक्षित थे पश्चिम शैली में, मजद्रों के हित निकल पड़े, अग्रणी अहिंसा रैली में, करुणा के प्रतिमूर्ति के, इस प्रथम युद्ध, पहले रण में, कर विजय प्राप्त, बांधी सशक्त सुख-शान्ति डोर सबके मन में।

सन 1915 में, भारत रण का श्रीगणेश ह्आ, गाँधी लौटे अफ़्रीका से, पुलिकत संपूर्ण स्वदेश हुआ, चम्पारन, खेडा, गुजराती सब शांतिदूत के ऋणी ह्ए, सत्य और अहिंसा की अद्भुत पूँजी को पाकर धनी हुए।

जिस साम्राज्य के शासन में, सूर्यास्त कभी न होता था, धरती जलती अंगारों से, हर कृषक रात-दिन रोता था, बापू ने सत्य-अहिंसा से उसकी आधारशिला तोड़ी,

असहयोग, सविनय अवज्ञा से बदहालों की हिम्मत जोड़ी। अंग्रेजों के पाखंड और बर्बरता को दर्शाने को, उनकी उदारता के असत्य की झलक हमें दिखलाने को. अंग्रेजों का साम्राज्य मिटा आज़ादी हमें दिलाने को, बापू निकले दो बूँद सुधा से जग की प्यास बुझाने को।

हो दांडी की यात्रा या हो भारत छोडो आन्दोलन, निर्दिष्ट पंथ पर तू निकला, पीछे-पीछे सब भारतगण, हर बार त्झे दमने को गोरे शक्ति प्रदर्शन करते थे, किन्तु नीति में निपुण, तुम्हारे पाँव कभी न रुकते थे, दे क़दम-क़दम पे मात, फिरंगी का घमंड तूने तोडा, सो रही चेतना जागृत की व् राष्ट्र एकस्त में जोड़ा।

हुआ देश आज़ाद अंततः तेरे ही बलिदानों से, दो वसन, एक सूखी लकड़ी से चले धैर्य के बाणों से, जब सम्प्रदाय का व्याल उठा, इसने बंटती भारत माँ को, तब पिया हलाहल तूने ही, नूतन भारत के प्राणों से।

किन्तु मनुज के भाग्य भंवर में अपने हाथों छला गया, मानवता का महासिन्ध् पतवार छोड़ कर चला गया, सबके पापों का बोझ उठा, अपने मस्तक जो चलता था, छाती छेदी हमने उसकी, यस्दा का मोहन चला गया।

प्रायष्चित का इक अवसर दे, हे मानवता के प्रखर ज्वाल, अपने शोणित से सींचेंगे बापू तेरी कीर्ति विशाल, जो मूर्ख धर्म का करते हैं व्यवसाय स्वार्थ सिद्धि के हित, दिखलाना है उनको जीवित है भारत की उजली मशाल।



Abhishek 68RR IPS Probationer

Ms Rujuta Diwekar, Dietician on Nutrition Fitness

Author of the bestseller 'Don't lose your mind, lose your weight', Ms. Rujuta Diwekar enchanted the audience with her fitness mantra "eat really well and still lose weight" at her brief visit to NPA auditorium on 9th of Feb'2016. The objective of the visit was to make probationers aware about good food habits and prudent diet.

Mumbai based Ms Rujuta is a sports nutritionist, trainer of marathon runners and dietician, she has also worked with a glittering array of celebrities, ranging from the Bollywood stars (the Kapoor sisters, Saif Ali Khan, Sonali Bendre) to hot-shot industrialists such as Anil Ambani. To look in shape, you need not starve yourself, she told. Nor is it needed to burn the last remaining drop of your body fat by torturing yourself in a gym. No crash dieting, no all fruit diet, no carb deprivations and no curb on cravings, the celebrity dietician allows all...but in moderation.

Ms Diwekar busted many common myths and emphasised on eating locally produced items, not to copy western food fads but sticking to lassi and ghee that is Indian and healthy too. She insisted on that different people have different body types just as one







size of shoe does not fit all, in the same way one diet plan cannot be applicable on every one. Probationers had a good time and they utilized this opportunity to satisfy their queries related to food habits.



Ehtesham Waquarib 68RR IPS Probationer

Walk and Run

The woods are lovely, dark and deep, But I have promises to keep, and miles to go before I sleep, and miles to go before I sleep. ---- Robert Frost

Above lines hold great meaning in the life of probationers in NPA. The Walk-and-Run Event

for 5 Kms was organized on Saturday, the 16th January 2015. It was a test of endurance and mental strength of probationers, especially when more than 90% of us had never ran so much



earlier in our lives. 5 Km Walk and Run is the beginning towards attaining the final target of 16 Km run before Passing out Parade (POP).

It was twilight and Venus was just setting below eastern horizon. Mild wind was carrying petrichor which was making us feel so energetic. All the probationers were fully geared up towards completion of the



Walk-and-Run. However, it was clarified during Fall-in that Walk-and-run will be Run-and-Run in reality. But this did not deter us from our resolve to complete the race.

The event was preceded by little stretching and Warm-Up exercises. All the probationers were running Squad-wise. Mild winter chill and fragrances from Academy flowers were adding to

the thrill and it was so invigorating. Gradually, everyone came in rhythm and was running in unison. Team spirit and carrying everyone together was the guiding principle in this run. However, it became difficult in the end when pace of running gradually increased and some of us needed extra motivation and support from squad members. But, after all what is the fun if it is not challenging us!!



The run was completed comfortably in the end. Dance of peacocks near PT ground added to the jubilation. A sense of achievement and broad smile was visible on everyone's faces.

> Ravi Kumar 68RR IPS Probationer

Interaction with Film Director, Shri Prakash Jha

Mr Prakash Jha is a household name and meeting him in person was an experience I will remember for a long time to come. This is especially because he deals with socio-political issues in his movies and police being a central feature in them. I have enjoyed watching his movies and in particular liked Gangajal and Satyagraha.



One of the most interesting things about the movies

made by Mr Prakash Jha is the degree of realism and closeness to reality. Therefore it came as no surprise to me when Mr Prakash Jha revealed that he puts in great research while

developing the script and the characters in his movie. And with my recent dabbles in film making, I understand that script and character development are the factors that can make or break a movie. It is no wonder that Mr Prakash Jha takes his time to work on his movies and they are usually well received both by critics and the public. Moreover, he has been able to draw a very fine balance between the



creative and financial aspects of film making. He crafts his films with great care while still ensuring that they make money at the box office. This is indeed a laudable achievement.

One of my most important realisations during the interaction was this - the perception of Police by the people through films has been evolving over time. Perhaps it is in tune with the changing roles of Police in the ever evolving Indian democracy. It seems that people have become more empathetic towards the constraints in which the Police work and this is show cased in the movies. It makes me realise that this is a great time to join the police force.



That said, listening to Mr Prakash Jha has given me much to think about in the times to come. Also it has made me feel proud to be a member of the Indian Police Service. Finally, it has given me new eyes through which I can appreciate Indian films better.

> Rahul De 68RR IPS Probationer

शब्द दौड़ रहे हैं.....

शब्द दौड़ रहे हैं, नसों में दिमाग की, पौड रहे हैं. बेलगाम प्रतिस्पर्धा, भागमभाग, की मानो कटकर. बह निकलने को बेताब हैं. शब्द दौड़ रहे हैं.....

हर शब्द अपना चित्र उकेरना चाहता हैं अपना सत्य जीना चाहता है, अपनी छटा बिखेरना चाहता है, अपना इतिहास स्नाना चाहता है, अपना भूगोल खिंचना चाहता है, म्झसे ! मुझ अदने छोटे कवि से !! शब्द दौड़ रहे हैं.....

शब्द, शब्दों से लड़ रहे हैं, अपने महत्व के लिए, अपने महत्व के लिए ही, शब्द, शब्दों को दबा के बैठे हैं, शब्द, शब्दों को गँवा के बैठे हैं, छोटा बना के बैठे हैं..... शब्द, शब्दों को घोल च्के हैं, ख्द को घ्ला के बैठे हैं. प्रसव वेदना शब्दों को नही है सहनी, सहेगा मेरा दिमाग, कि उसे नये शब्द पैदा करने हैं. और हम असमर्थ, हम खुद को भुला के बैठे हैं. शब्द दौड़ रहे हैं....

शब्द-शब्द से ज्ड़ जाएँगे, बन जाएगी पंक्ति उनसे, पर उसमे भी शब्द के ही ग्ण होंगे, जीन्स..... वह भी किसी पंक्ति को दबाकर, किसी को घुला-मिलाकर, छोटा बनाकर बैठेगी..... और रंगने ना देगी कागुज़ को, उस रंग मे जिसमे मैं चाहता हू रंगना, चाहता हू मेरे अर्थ में, अर्थपूर्ण ओज हो, और मेरी कविता हो वीरांगना. मुझे डर है, कहीं भाव विकृत ना हो जाए, कहीं अर्थ की हत्या ना हो, कहीं भाव का सन्नाटा ना हो, अनर्थ की सत्ता ना हो. मुझे डर है, कहीं शब्द कविता से बड़े ना हो जाए! शब्द दौड रहे हैं....



Suraj Singh 68RR IPS Probationer

Play on 'YADI'

Almost everyone has this question in mind! "What if Gandhi survived the gunshot of Nathuram Godse?" This question was excellently transpired into reality in a very dignified manner by Mr.Tom Alter and his crew.



"Yadi" experiments to present historical facts in different perspective – an imaginary situation in which Gandhi is alive and so is Godse, his assassin. Both talk face-to-face in a jail barrack where they both are lodged. In the hypothetical situation the play opens with Gandhi on a fast unto death to oppose the decision of the Congress Party to form the government, dissociating himself from the Congress headed by Nehru and Patel. Gandhi

bluntly refuses to accept the policies followed by the Congress Government. With a view to pursue his own ideas of non-violence and truth, Gandhi goes to a far away tribal region and implements his concept of Swaraj. Terrified with the mass response to Gandhi's Swaraj, the Congress regime puts him in jail.



Ironically, Gandhi is in the same jail where Godse is already kept. He considers Gandhi, an enemy of the nation. Gandhi wants to stay in the same barrack where Godse is kept. The jail authorities are forced to yield to Gandhi's wish. This leads to a series of confrontations between them, some amusing, some serious and some conciliatory. Here a man of peace and Ahimsa is determined to bring about the change in the heart of diehard

reactionary who believes in morbid Hindutva. And he even succeeds in it!!!

The play gave a foresight into the present, past and the future. The language and the artistry enthralled the audience. It was followed by High tea and a greater interaction with his crew!



Ragasudha 68RR IPS Probationer

Shramdaan

"The best way to find yourself is to lose yourself in the service of others"

The probationers of 68RR started the New Year with voluntary work or "Shramdaan". The squads of zero week were sent to different corners of the academy where they cleaned the designated area under the supervision of faculty members. With Swatchh Bharat Mission being of utmost importance, it was very



heartening to see the batch enthusiastically participating in the event.







Bhatt Niharika 68RR IPS Probationer



Visit to Old Age Home, Aramghar

Visit to Old Age Home, Aramghar was organised on 16th January, 2016 between 11:30 to 13:30. Samvedi Society took the responsibility of organizing this visit. The objective of the visit was to sensitise Probationers about the issues, problems faced by the inmates of Aramghar.

The Probationers were divided into two groups.

The old age home has two wards – Male ward and Female ward. Each group visited both the



wards and interacted with the inmates. The inmates consisted of old age people, physically and mentally challenged people. Samvedi Society arranged for fruits for them and they were served the fruits by the Probationers themselves.

Different people had different stories. What circumstances made them reach Aramghar? What has been their life journey? These were some of the questions the Probationers had and they made use of this opportunity to get accounts of the inmates.







Sonawane Rishikesh 68RR IPS Probationer

Ru - Ba - Ru



मेरा सपना साकार हुआ

सरदार वल्लभभाई पटेल राष्ट्रीय पुलिस अकादमी (NPA), यानी वह जगह जहाँ होने के ख्वाब हम बरसों से देख रहे थे। यह मेरा ड्रीमलैण्ड है, हम सब प्रोबेषनर्स का ड्रीमलैंड, हमें पत्थर से खूबसूरत मूर्तियों में बदलने वाला माइकल एंजेलो की तरह का ड्रीमलैंड। लगभग एक महीना बीत गया, लेकिन हर दिन अब भी नया लगता है। आइए, कोशिश करते है इस एक महीने के सुहाने सफर की खूबसूरत यादों को समेटने की, मेरी डायरी के पन्नों से चुराई गई कुछ पंक्तियों के सहारे।

शुभागमन — ट्रेन थोड़ी लेट थी। रात के 1 बज रहे थे। उम्मीद नहीं थी कि इतनी रात को हमें रिसीव करने के लिए कोई होगा, आखिर खाकी वर्दी के साथ का पुराना अनुभव तो यही कहता था। लेकिन खुशी मिश्रित आश्चर्य कि एनपीए टीम स्टेशन पर थी। लगभग 2 बजे आई.पी.एस. मेस (IPS Mess) पहुँचे। पहली ही नजर में लग गया कि यह जगह कुछ अलग है, कुछ बहुत ही अलग।

और हाँ, आज बाल कट गये। आर्मी कट हेयर स्टाइल में सब लोग स्मार्ट दिख रहे है......शायद। आइस ब्रेकिंग सेशन के बहाने टूटती दीवारें — अब तक लगभग सभी प्रोबेशनर एक—दूसरे से हाय—हैलो कर चुके थे। जरूरत थी तो उस लिहाज और झिझक की उन दीवारों के टूटने की तािक औपचारिकता भरा परिचय अनौपचारिक दोस्ती में बदल जाए। यह काम किया आइस ब्रेकिंग सेशन ने। अब हम सब दोस्त हैं। चाहे वह एसिड फिल्ड को पार करना हो या आँख पर पट्टी बांध के बॉल चुनना हो, हमने बहुत मस्ती की। और हाँ पुरस्कार में चॉकलेट भी मिले।

वर्दी आ गई — दर्जी ने वर्दी सिल के दे दी। पहली बार वर्दी पहनने की अनुभूति को शब्दों में नहीं बयान कर सकते। खुशी, गर्व, गौरव, जिम्मेदारी, आगामी चुनौतियों का डर, ये सारे भाव एक साथ मन में आ—जा रहे थे। ईश्वर हमें इतनी शक्ति दे कि हम इस वर्दी से जुड़ी जिम्मेदारियों को पूरी ईमानदारी, निष्पक्षता और दृढ़ता से निभा सके।

और हाँ, पिछले कुछ दिनों से आउटडोर में मेहनत के कारण पूरे शरीर में जो नए—नए दर्द हो रहे थे वे मानो वर्दी पहनते ही गायब से हो गए। या यूँ कहे तो ज्यादा बेहतर कि दर्द की चुभन भी अब मीठी लग. ने लगी। अब अकादमी मुझे कुछ और अच्छी लगने लगी है। यहाँ की जिन्दगी और अच्छी लगने लगी है। यूँ कहे कि—

ये भली है या बुरी, अच्छी लगी। जिन्दगी जैसी भी है, अच्छी लगी।

दर्द है जैसे बदन में घूल गया। दर्द की, पर ये चुभन अच्छी लगी। जिन्दगी जैसी भी है, अच्छी लगी।

हिमायत सागर डैम तक साइकिलिंग – कई दिनों तक कैंपस की चारदीवारी में कैद रहने के बाद आज खुली हवा में सांस लेने सा अनुभव हुआ। एक साथ 140 प्रोबेशनर, फैकल्टीज, आगे रास्ता साफ कराती पुलिस वैन, पीछे सपोर्ट करने के लिए हौसला बढ़ाते उस्ताद लोग और साथ में एंबुलेंस भी, ऐसे में सुबह की ताजी हवा, कुछ अलग सा वातावरण बना रही थी। वहाँ पहुँचकर शहर की आपाधापी से दूर ब्रेकफास्ट पिक–निक का अहसास दिला रही थी। और पता ही नहीं चला कि कब कुल तीस किलोमीटर का सफर हमने पैडल और बित्ते भर की सीट वाले दो चक्को से नाप लिया।

आउटडोर डेमो – हे भगवान, यह या तो कोई एक्शन मूवी थी या किसी सर्कस का मंच। काँटों पर लेटकर सीने पर से मोटरसाइकिल पार करा देना, आग में जलती सिल्लीयों को हाथ से तोड़ना, लोहे के सरिये (छड़) को पेट और हाथ पर मार कर मोड़ देना, चाकुबाजी और अनआर्म्ड कॉम्बेट, ये सारी चीजे उस्ताद लोग कर रहे थे। और हमारी आँखे आश्चर्य से फैल रही थी। सबसे बडी बात यह कि सर बता रहे थे ये सारी चीजे हम सभी प्रोबेषनर भी अगले दस महीनों में कर लेंगे। क्या हम ऐसा कर सकते हैं ? मुझे तो नहीं लगता। लेकिन देखते हैं। जैसे भी हो, कोशिश तो करेंगे ही.......

''खुदी को कर बुलंद इतना, कि हर तदबीर से पहले,

खुदा बंदे से खुद पूछे, बता तेरी रज़ा क्या है ?"

गणतंत्र दिवस और आर.डी.परेड – किलेनुमा दरवाजे से परेड मैदान में प्रवेश, कदमताल, परेड को मंच से गुजरना, समीक्षा क्रम में चौदह कदम मापना, परेड का डायरेक्टर मैम द्वारा निरीक्षण, निशान टोली, सब कुछ एकदम भव्य और गौरवपूर्ण लग रहा था। और तिरंगे के सम्मान में सलामी शस्त्र के साथ जन–गण–मन गाना। मुल्क के सम्मान में खड़ा होना खुद को सम्मानित करने जैसा महसूस हो रहा था। पिछले कई दिनों से ड्रिल में हुई मेहनत वसूल हो गई। जय हिन्द

टॉम आल्टर सर का प्ले - "यदि" - कल्पना के धागों से बुना गया एक शानदार नाटक। कहने को फैंटेसी विधा का नाटक, लेकिन वास्तविकता के एकदम करीब। गांधीजी की कमियों को सामने लाने का साहस भी दिखाया। साथ ही, कहीं खुद गांधीजी ही नक्सल आंदोलन जैसा आंदोलन कर देते इसकी संभावना भी दिखाई। कुल मिलाकर गांधीजी और गोडसे दोनों का अभिनय शानदार था। सबसे खास बात थी बैकग्रांउड में बजने वाले खालिस परंपरागत मिठास वाले भोजपुरी गाने। ''अलबेला रघुवर आयो रे'' काफी अच्छा लगा। मिट्टी की महक आई।

कुल मिलाकर देखे तो एक लंबी कहानी, एक अलग अहसास को पिछले पूरे महीने में हम सबने जिया है। लेकिन ये तो बस ट्रेलर था, पूरी पिक्चर तो अभी बाकी है। आने वाले दिनों का इंतजार है, मुल्क की सेवा करने लायक व्यक्तित्व हासिल कर लेने की तमन्ना है। खाकी वर्दी की जिम्मेदारी उठाने की योग्यता हासिल कर सके, इन्हीं ख्वाबों के साथ – हैप्पी ट्रेनिंग।



Manish Kumar Verma 68RR IPS Probationer

N S E R

02-Day 'Course on Leadership'



05-Day Course on "Mobile Phone Investigation"



03-Day Advanced Training in **Vigilance Investigation**



03-Day ToT Programme on 'Gender Sensitization'



50 Year Reunion Seminar of IPS Officers - 1965 Batch (18RR)



10-Day Course on "Counter Terrorism"



35 Year Reunion Seminar of IPS Officers - 1981 Batch (34RR)

C R S S

02-Day 'Course on Leadership'

(November 19 - 20, 2015)

ABOUT THE COURSE:

02-Day Course on 'Leadership' was conducted at the Academy on November 19-20, 2015 for the direct IPS Officers of the rank of ASP to SP and below 35 years of age.



COURSE OBJECTIVES:

- Gain greater understanding of a leaders responsibilities
- Create and maintain an efficient, effective and motivated team
- Maximize team performance by understanding human behavior and focusing on the needs of the individual and the team
- Improve ability to communicate with the team and sub-ordinates
- Strengthen techniques for managing the performance of the team

NOMINATIONS: 15 officers attended the Course.

- Course insights about emerging leadership requirements for officers to do their work in more effective manner taking into consideration all aspects.
- The course was useful in making a self assessment of one self and re-defined understanding about the whole concept of leadership.

Over all Grading 4.46/5

Dr. Nikhil J. Gupta Deputy Director (A&SC) & Course Director



50 YEAR REUNION SEMINAR OF IPS OFFICERS -1965 BATCH (18RR)

(December 03 - 04, 2015)











05-Day Course on "Mobile Phone Investigation"

(December 07 -11, 2015)

ABOUT THE WORKSHOP:



A 05-Day Course on "Mobile Phone Investigation" was conducted at the Academy from December 07-11, 2015 for the IPS/Police Officers of the rank of SP and above from States/ UTs and the Investigating & Intelligence agencies of Central Government, IRS officers of equivalent rank from CBDT/ CBEC/ CEIB/ DRI/ FIU-Ind and Enforcement Directorate involved in Investigation of cases or intelligence collection.

COURSE OBJECTIVES:

The Objectives of the Course were:

 To provide basic understanding of Mobile Phone Communication technology & Hi-tech Crime trend with Mobile Phones.



- Rules & Regulation related to Voice Interception.
- Analysing Call Detail Record & Tower Dump with different Softwares.
- Sources of Digital Evidence in Mobile Phone and Mobile Phone Forensics.

NOMINATIONS: 25 officers attended/completed the Course

VALEDICTION:

Shri Jayesh Ranjan, IAS, Secretary, Information Technology, Government of Telangana, delivered the valedictory address on "Mobile Phone Investigation" to the participants of the Course on Friday, 11/12/2015.

* The training course broadened the mental horizon in what can be done in analysis of data and collection of evidence from phones.

Overall Grading: 4.95/5

H.K. Kusumakar Deputy Director (IT) & Course Director

10-Day Course on "Counter Terrorism"

(January 11-22, 2016)

ABOUT THE COURSE:

A 10-Day course on "Counter Terrorism" was conducted at the Academy from 11th to 22nd January, 2016 for the Officers of the rank of SP and above from the States/UTs and officers of the rank of commandant and above from CAPFs.



NOMINATIONS:

48 Nominations were received for the course. However, 31 officers attended the course.

Methodology:

The following methodology was adopted to achieve the course Objectives:

- Lectures
- Panel discussion
- Case studies
- Syndicate Group work
- Experience sharing

Inauguration / Valediction

Course started directly with professional session instead of formal Inauguration. Shri D. Sivanandan, Former DG, Maharashtra delivered the Valedictory address on "Counter Terrorism- V" to the participants of the Course on Friday, 22nd January, 2016.



Reading Material

Reading Material was supplied to the Course participants at the beginning, along with a DVD copy of Presentations at the end of the Course.

Overall Grading -4.63/5

> S Raveendran Deputy Director (Tac) & Course Director

03-Day Advanced Training in Vigilance Investigation

(January 27 - 29, 2016)



ABOUT THE COURSE:

A 03-Day Advanced Training in Vigilance Investigation was conducted at the Academy from January 27-29, 2016 for the CVC Officers from all States/Organization.

<u>NOMINATIONS:</u> 27 officers attended the Course

INAUGURATION / VALEDICTION:

Shri K.V.Chowdhary, CVC delivered the Valedictory address on 3-days Advanced Training in Vigilance Investigation to the participants of the Course on **Friday 29, 2016**.

COMMENTS:

 It is a very informative, educative and exhaustive course and may be organized in regular way to impart training and knowledge in the field of vigilance for an organisation.

Overall Grading - 4.54/5





R. Malar Vizhi
Deputy Director (Estt.) &
Course Director

35 YEAR REUNION SEMINAR OF IPS OFFICERS -1981 BATCH (34RR)

(January 28 - 29, 2016)

Strategy to check Radicalization among youth

Strategy Adopted:

Learn from the experiences of other countries and our own in handling domestic insurgencies and LWE

- Inter-faith dialogue/discourse and consensus on spiritual unity of all religions Unity in Diversity.
- Find Credible Interlocutors. Encourage and promote positive and moderate leaders among the disaffected group.
- Bringing on board the Imams.
- Creating a multi agency body on lines of Research Information and Communication Unit (RICU), United Kingdom.
- Support in finding/ founding NGOs like the Quillian Foundation and Active Change Forum.
- Strengthen departments like the Minority Welfare Department and redefine and e n large their roles.

Capacity building for Police and Intelligence agencies.

Also, Other Points discussed were:

- Role of the Police Station.
- District Police.
- Role of State Level Agencies.
- Counter Radicalization in Prisons.
- Strengthening of Minorities Welfare Department.
- Support from Central Government.
- Formulating a Surrender and Rehabilitation Policy.
- Countering Social Media related to Radicalization.
- Ensuring International Cooperation.
- Including Lessons on all Religious and Interfaith Tolerance in School Curriculum.



03-Day ToT Programme on 'Gender Sensitization'

(February 03 - 05, 2016)

ABOUT THE COURSE:

03-Day ToT programme on 'Gender Sensitization' was conducted at the Academy in collaboration with NHRC, New Delhi on February from 03-05, 2016 for the police officers of various States/UTs.

COURSE OBJECTIVES:

- To understand the concept of gender and how it impacts equality.
- To recognize the need for gender sensitivity on the part of law enforcement agencies and to make efforts to attain the same.
- To work towards mainstreaming gender issues in their organization.

NOMINATIONS: 26 Officers representing various states and central police organization attended the courses.

Topics Covered:

- Police approach to gender issues
- Gender stereotyping in Society- and Police Gender Mainstreaming
- Crime Against Women in Domestic Setting & Police and Community Participation to promote safety of Women
- Sexual Harassment at Work Place
- Laws and rulings on crimes against women: Recent legislations and supreme court rulings
- Trafficking of Women and Children: Issues, Challenges and Innovative responses
- · "Smart Cities, Safe Cities": Police and Community Participation to promote safety of Women, role of NGOs and how Police can coordinate NGOs
- Best Methods in Prosecution and challenges Ahead
- Child Specific Legislation-POCSO and Juvenile Justice Act
- Police and Media on Women Issues

Inauguration/Valediction:

The programme was inaugurated by Justice Cyriac Joseph, Acting Chairperson, National Human Rights Commission, New Delhi on February 03rd, 2016 and delivered the inaugural address. Ms. Aruna Bahuguna IPS, Director, SVP National Police Academy was the Chief Guest for the Valedictory Session and delivered the valedictory address to the participants of the course on February 5th, 2016. Ravindra M.L

Over all Grading -4.69/5 Assistant Director (Tac) & Programme Director