



सरदार वल्लभभाई पटेल राष्ट्रीय पुलिस अकादमी
SARDAR VALLABHBHAI PATEL NATIONAL POLICE ACADEMY
(भारत सरकार: गृह मंत्रालय)
(Government of India : Ministry of Home Affairs)
हैदराबाद (Hyderabad) - 500 052

No. 12011/01/2025-Trg-(17th Phase-V MCTP)

Date: ____ January, 2025

To

1. The Chief Secretaries of States/UTs: Delhi, Chhattisgarh, Himachal Pradesh, Karanataka, Odisha, Tamil Nadu, Tripura & West Bengal.
2. The Director General of Police & Inspector General of Police of States/UTs: Delhi, Chhattisgarh, Himachal Pradesh, Karnataka, Odisha, Tamil Nadu, Tripura & West Bengal.
3. The Commissioner of Police, Delhi.
4. The Director General, Border Security Force, New Delhi
5. The Director, Intelligence Bureau (IB), New Delhi
6. The Secretary (R), Cabinet Secretariat, Road No.7, New Delhi-03.
7. The Additional Secretary (UT), MHA, North Block, Central Secretariat, New Delhi.

Subject:- Acceptance of nominations for 17th Mid-Career Training Programme (MCTP) Phase-V scheduled to be held from 27.01.2025 to 07.02.2025- Reg.

Madam/Sir,

Please refer to the Academy letters of even number dated 27.11.2024 & 30.12.2024 and your reply regarding nominations for 17th Mid-Career Training Programme (MCTP) Phase-V to be held at this Academy with effect from 27.01.2025 to 07.02.2025.

2. In continuation of the Academy letters of even number dated 04.01.2025 issued regarding the acceptance of nominations, the names of the Officers whose nominations have been subsequently accepted for the said training programme are attached herewith as **Annexure-‘A’**. The name of officers whose nominations have not been accepted for the training programme due to various reasons are attached herewith as **Annexure-‘B’**. **Wherever the State Government’s approval is necessary and pending, the same may kindly be obtained and conveyed to this Academy at the earliest** and the concerned Officers shall be permitted to attend the said training programme **only on receipt of such clearance/approval**.

3. The duration of MCTP Phase-V Programme is two weeks from 27.01.2025 to 07.02.2025 at the Academy. It is requested to direct the selected officers to report to the Academy by evening of **26.01.2025 (Sunday)**. Detailed joining instructions for the program are attached as **Annexure-‘C’**. The joining instructions

may please be communicated to the officers selected from your State/Organization to attend the Programme.

4. The selected officers may please be directed to intimate the following details by e-mail to the Academy (E-mail ID: mctp5@svpnpa.gov.in) on or before **13.01.2025:-**

Name of the Officer	Cadre	Designation with office address	Office Telephone Number	Personal whatsapp mobile number	Personal e-mail ID
(1)	(2)	(3)	(4)	(5)	(6)

5. The officers may please be directed to intimate their travel plan by **15.01.2025** to enable the Academy to arrange for their reception, transport and accommodation.

6. It may please be ensured that all the selected officers are relieved in time to join the programme. In this regard, Ministry of Home Affairs Office Memorandum F.No.23011/40/2010-PT(Part-2) dated 22.04.20215 (copy attached) may please be referred and withdrawal of nomination of selected officers may please be avoided. In case any officer has to be withdrawn due to unavoidable circumstances, the same may be informed to the Academy at the earliest.

7. This is issued with the approval of the Competent Authority.

Encl: As above

Yours sincerely,

(Dr. A Srinivas)

Deputy Director (MCTP)

Copy forwarded to:

1. All participants through e-mail.
2. The Additional Secretary (Police-I), MHA, New Delhi.

**List of Officers whose nominations have been accepted for the 17th MCTP Phase-V scheduled from
27.01.2025 to 07.02.2025**

S/ No.	Cadre	Title	Name of the IPS Officer	Designation / Official Address	Year	RR/ SPS	Remarks
1	AGMUT - Delhi	Mr.	Viplav Kumar Choudhary	SPL.CP (Under Posting), Delhi	1997	RR	-
2	AGMUT - Delhi	Mr.	Sharad Agarwal	SPL.CP/EOW, Delhi	1997	RR	-
3	Chhattisgarh - IB	Mr.	Jaideep Singh	Joint Director, IB.	1997	RR	-
4	Himachal Pradesh -IB	Mr.	Rithwik Rudra	Special Director, IB	1993	RR	-
5	Himachal Pradesh-BSF	Mr.	Dinesh Kumar Yadav	IGP, Ftr HQ BSF New Delhi	1998	RR	-
6	Himachal Pradesh-BSF	Dr.	Atul Fulzele	IGP, Ftr HQ BSF Punjab	2001	RR	-
7	Karnataka	Mr.	Devajyoti Ray	ADGP, G & HR, Bengaluru, Police Headquarters, Bengaluru -01.	1999	RR	Home Deptt. Approval Pending
8	Odisha - IB	Ms.	Sunita Kakran	Additional Director, IB.	1996	RR	-
9	Odisha	Mr.	Sanjay Kumar	Addl. D.G of Police (L&O) & Communication, State Police HQrs, Cuttack.	1997	RR	Home Deptt. Approval Pending
10	Odisha	Mr.	Yatindra Koyal	I.G of Police (Provisioning), Odisha. Cuttack.	2000	RR	Home Deptt. Approval Pending
11	Tamil nadu	Dr.	Maheshwar Dayal	Director General of Prisons and Correctional Services, Chennai.	1997	RR	Home Deptt. Approval Pending
12	Tamil nadu	Dr.	R. Dhinakaran	Additional Director General of Police, Operations, Chennai.	1998	RR	Home Deptt. Approval Pending
13	Tamil nadu	Dr.	Mahender Kumar Rathod	Inspector General of Police, Social Justice & Human Rights, Chennai.	2001	RR	Home Deptt. Approval Pending
14	Tripura -IB	Mr.	Rajesh Kamble	Joint Director, IB.	1998	RR	-
15	West Bengal - IB	Ms.	Rashmi Sinha	Additional Director, IB.	1996	RR	-

Annexure 'B'

The name of officers whose nominations have not been accepted for the 17th MCTP Phase-V scheduled from 27.01.2025 to 07.02.2025 as the reasons mentioned against the name.

S. No.	Cadre	Title	Name of the IPS Officer	Designation / Official Address	Year	RR/ SPS	Remarks
1	Odisha	Mr.	Sanjeeb Panda	Addl.DGP(Trg.) &Director, BPSPA,Bhubaneswar.	1994	RR	DOB of the officer is 17.07.1968 and the date of Superannuation is 31.07.2028. Nomination of the officer is not accepted as the officer does not have mandatory 3 years of service after the year in which he has been slotted to undergo Phase-V of MCTP as notified in MHA UO No. 16011/15/2004-IPS.II dated 06.10.2010 (Copy enclosed)
2	Karnataka	Mr.	Pronab Mohanty	DGP, ISD, Bengaluru, O/o the DGP Internal Security Division, No. 60, Richmond Road, Bengaluru -560001	1994	RR	DOB of the officer is 13.09.1968 and the date of Superannuation is 30.09.2028. Nomination of the officer is not accepted as the officer does not have mandatory 3 years of service after the year in which he has been slotted to undergo Phase-V of MCTP as notified in MHA UO No. 16011/15/2004-IPS.II dated 06.10.2010 (Copy enclosed)



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(भारत सरकार: गृह मंत्रालय)
(Government of India : Ministry of Home Affairs)
हैदराबाद (Hyderabad) - 500 052

**Joining instructions for 17th Mid-Career Training Programme (MCTP)
Phase-V for IPS is scheduled to be held from 27.01.2025 to 07.02.2025 at SVP
National Police Academy, Hyderabad.**

1. Participants are requested to join the WhatsApp group created for this course. Participants are **requested to share their personal mobile number** (with WhatsApp), on mail id : mctp5@svpnpa.gov.in for inclusion in the 17th MCTP Phase-V WhatsApp group.

2. **Registration**

All participants, whose nominations have been accepted are requested to complete the registration form accessible at <https://www.svpnpa.gov.in>. Please note that travel plans will only be accepted through this form and the submission of this form is mandatory for issuing your access control pass which will be sent to your registered personal mobile number (Whatsapp). In case of any assistance / issues in this regard, please contact the IT person Mr. Pradeep on Mobile No. 9000727307.

3. **Reception & Accommodation**

Arrangements for reception and transport at the airport/railway station will be made by the Academy. On arrival at Hyderabad, each participant will report to the Advanced Course Mess (ACM) at the NPA. The **participants are not allowed to bring their drivers / orderlies / maids / PSOs / Vehicles**. The participants will also not be allowed to stay outside the campus during the entire course duration, as the programme is strictly residential programme.

4. **Dress Code**

a) **Forenoon Session: Formal Civvies**

Gentlemen - Full Sleeves Shirt, Tie, Trousers and black oxford Shoes
Ladies - Saree/ Salwar Kameez /Business Suit with formal footwear

b) **Afternoon Session - PT Dress**

(White collared T-Shirt, Black Track Pant/Shorts, Sports Shoes)

c) **For Outdoor Sessions - PT Dress as explained above.**

6. **Case Study**

Participants are requested to submit one case study in the prescribed format on arrival at the Academy. The participant can share any case study based on any event/ situation/experience/dilemma faced in their professional life. The case study is to be submitted in the format given in **Annexure –‘D’**.

7. **Undergoing online courses meant for Civil Servants available on iGot Karmayogi platform** <https://igotkarmayogi.gov.in/#/>

iGoT Karmayogi platform has more than 1000 courses that the officials can explore and stay committed to your self-development and professional growth, thus contributing to the realisation of a Vikasit Bharat. **Nine (9) online courses** designed to equip you with the essential skills and knowledge necessary for your role, available on iGot Karmayogi platform have been shortlisted for the participants of 17th MCTP Phase-V. The details of these online courses are mentioned in **Annexure-E**. As a pre-course study / preparation, each participant shall register on iGot Karmayogi platform and enrol himself/herself for any one of the online courses prescribed. Each participant whose nomination has been accepted shall successfully complete one of the nine online courses suggested/may be opted by him/her and obtain certification for completion of the same and shall be produced at the time of joining and filling up of the registration form for the 17th MCTP Phase-V on 27th January, 2025. In case of any assistance / issues in this regard, please contact the Technical Person Mr. Manoranjan Barik on mobile No. 8019565396

8. **Experience sharing**

Participants willing to share their professional experience may also come prepared to share the same subject to availability of time.

9. **Best Practices of States**

Course participants are requested to give presentations on the best practices adopted by their State/UT with their cadre mates. Please come prepared with relevant details to make presentation (ppt) on the best practices of your State/UT.

10. **Climate**

Hyderabad temperature in January-February is warm and pleasant, with temperatures ranging from 16°C to 28.6°C.

11. **Pay & Leave**

All participants will draw their pay and allowances from their State/ Organization. As a rule, no leave will be granted to them during the course time.

12. **Facilities available**

Service of Laundry and Barber are available on payment basis at this Academy. Participants can avail medical facilities from the Academy hospital if the need so arises. **Cost of Medical treatment at private hospital, if the need so arises, has to be borne by the concerned officer. They must clear all the bills at the time of discharge from such hospital.**

13. **Help desk:**

Access time	09:00 to 18:00 hrs (on working days)		
MCTP Section	Phone No.	:	040 – 24234474/4489/4754
	e-mail	:	mctp5@svpnpa.gov.in
Course Director	Phone	:	040 - 24234406 9400985641
	e-mail	:	srinivas.a@svpnpa.gov.in

Case Study Format for 17th MCTP Phase-V

(Minimum word limit -1500 words)

1. Author - i) Name, Designation, Cadre

2. Title of the case study

Domains

Sub Domains

(Domains & Sub Domains to be selected from list given on page 2)

3. Introduction –

- Introduces the key protagonist.
- Lays the key decisions or dilemmas
- Often introduces a dramatic “hook” to catch the readers interest
- Usually a page is sufficient

4. Background

- Goals of the organization and protagonist
- Constraints and opportunities as perceived by the protagonist

5. Narrative

- Outline the trajectory of the events up to the decision point
- Explain the protagonists motivation and constraints that shaped prior decisions and events

6. The dilemma or puzzle

- In most decision cases
- What are the major options?
- What should be done now?
- Uncertainty involved
- Were appropriate decisions made?

7. Appendices / exhibits

- Any data /graph/ document to reinforce the work or idea

8. Learning / reflection

9. Declaration – I declare that the Intellectual Property Right of this case study vests with Academy on submission.

Date

Signature

Case Study Format for 17th MCTP Phase-V

POLICING TOPICS FOR CASE STUDY			
Sl No	Domains	Sl No	Sub Domains
1	Intelligence	1.	Human Intelligence
		2.	Technical Intelligence
2	Crimes	3.	General Crimes
		4.	Crime against women
		5.	Crime against children/ Protection of Child Rights/ Child Sensitive policing
		6.	Crime against weaker sections
		7.	Organized Crime
		8.	Forest and Wildlife Crimes
		9.	Drugs and Psychotropic substances related crime
		10.	IPR related crime
		11.	Anti Corruption
		12.	Forensic science
		13.	Economic offences
		14.	Investigation and Prosecution
		15.	Railways
		16.	Crime Prevention
		17.	Murder
		18.	Kidnapping
3	Public Order	19.	Metropolitan and Urban Policing
		20.	Traffic Management and Road Safety
		21.	Armed Police
		22.	Negotiation skills/Effective communication
		23.	Public order management
		24.	Emergency response services
		25.	Handling of Communal situation
		26.	Community Policing
		27.	Elections
		28.	VIP Security
		29.	Religious festival management
		30.	Pandemic Policing
4	Human Resources and Logistics	31.	Personnel administration
		32.	Police Research and Development
		33.	Police Training
		34.	Leadership & Management
		35.	Project Management
		36.	Financial Management
		37.	Police Welfare
		38.	Police Station Management
		39.	Prison Management
		40.	Government Railway Police (GRP)
5	Operations	41.	Counter insurgency / LWE operations
		42.	Counter terrorism operations
		43.	Border Management
		44.	Operations against Gangs and Criminals
6	Information Technology	45.	Cyber Crime Investigation
		46.	Digital Forensics
		47.	Cyber Security
		48.	APPS/Use of IT for administration and Policing
			(+ Any other topic relevant to contemporary policing)

1.Negotiation

At a glance

Timer 3h 45m

6 Modules

35 Videos

10 Practice Tests

1 Final test

Summary

This Negotiation course explores four key components: understanding distributive negotiations, exploring value creation, handling dispute resolution encompassing emotions and principles, and navigating multi-party negotiations as observed in international arenas. Learners can anticipate an immersive learning experience, exploring these concepts through quizzes and real-world insights, enhancing their negotiation skills comprehensively.

Description

Discover the nuances of distributive, integrative, dispute and multi-party negotiations, gaining insights into effective strategies and dispute resolution techniques. Explore the intricacies of creating value, navigating complexities, and building winning coalitions, empowering yourself to excel in diverse negotiation scenarios.

Course Objectives:

- Recall and define key terms in distributive negotiation, integrative negotiation, dispute resolution and multi-party negotiation

- Apply negotiation strategies such as BATNA, anchoring, IRP framework and coalition-building in negotiation scenarios
- Analyse the dynamics of multi-party negotiations, including the significance of coalitions, power dynamics and differing interests among parties, in order to participate effectively in a winning coalition
- Evaluate negotiation scenarios, assessing the effectiveness of integrating distributive and integrative strategies, dispute resolution techniques and coalition-building in complex negotiation environments

https://portal.igotkarmayogi.gov.in/app/toc/do_113945207591919616158/overview?primaryCategory=Course&batchId=01395151771301478416

2.Evidence-based Policy Making

At a glance

Timer 1h 38m

12 Modules

12 Videos

12 Practice Tests

1 Final test

Summary

This course equips learners with essential skills and concepts in evidence-based decision-making, from understanding evidence versus data to tackling complex problems through the Muddling Through approach, all while addressing challenges in measurement modeling and adaptive systems.

Description

Welcome to the course on Evidence-Based Policy Making. This course will equip you with the knowledge and tools to evaluate complex problems and frameworks to problem solve in uncertainty. It teaches you how to navigate

wicked problems, fostering nuanced policy solutions in the dynamic landscape of governance.

Course Objectives:

- Explain the concept of evidence and differentiate it from data
- Describe self-evident truth with examples
- Describe complexity or multi-causality with examples
- Explain the science of Muddling Through and its importance
- Apply the framework of Muddling Through in decision making
- Analyse the odd and even scheme from the Delhi Government
- Explain Measurement Model and recognise time as a challenge
- Recognise scale as a challenge in the measurement model
- Recognise dynamics as a challenge in the measurement model
- Recognise Jevons Paradox as a challenge in the measurement model
- Analyse complex adaptive system with examples
- Explain the wicked problem and methods to deal with it

https://portal.igotkarmayogi.gov.in/app/toc/do_113956369201438720137/overview?primaryCategory=Course

3.Purpose-Driven Leadership

At a glance

Timer 1h 55m

10 Modules

10 Videos

10 Practice Tests

1 Final test

Summary

Unlock the essence of Purpose-Driven Leadership, blending emotional intelligence, global perspective, and a growth mindset, while conquering obstacles to drive transformative change.

Description

Embark on a transformative journey in the 'Purpose-Driven Leadership' course. Here, we delve deep into the fundamental principles of effective leadership for civil servants and explore the attributes of a Level V leader, emphasising emotional intelligence, stability and resilience. As you progress, you'll gain a comprehensive understanding of the global context, enabling you to collaborate with diverse individuals. Discover how to cultivate a growth mindset and embrace learning agility, differentiating from a fixed mindset. By the course's end, you'll be equipped with the tools to navigate obstacles, drive successful change and emerge as a proficient change agent, ready to lead effectively in today's dynamic and transformative environments.

Course Objectives

- Apply the core operating principles for civil servants
- Demonstrate the attributes of a Level V leader, including emotional intelligence, stability and resilience
- Develop strategies to cultivate a growth mindset and learning agility
- Create a robust purpose-driven leadership framework to act as a change agent

https://portal.igotkarmayogi.gov.in/app/toc/do_113952147264946176170/overview?primaryCategory=Course

4. Code of Conduct for Government Employees

At a glance

Timer 35m

1 Interactive Content

1 Assessment

Summary

Course on Code of Conduct for Government Employees

Description

Course on Code of Conduct for Government Employees.

https://portal.igotkarmayogi.gov.in/app/toc/do_11359618144357580811/overview?batchId=0135962585066618882

5. Prevention of Sexual Harassment of Women at Workplace

At a glance

Timer 1h 51m

3 Modules

3 Videos

9 Interactive Contents

Summary

A Institute of Secretariat Training & Management(ISTM) & Wadhwani Foundation Production

Description

A Institute of Secretariat Training & Management(ISTM) & Wadhwani Foundation Production.

https://portal.igotkarmayogi.gov.in/viewer/video/do_113569880104288256138?primaryCategory=Learning%20Resource&collectionId=do_113569878939262976132&collectionType=Course&batchId=0136039422685102083

6. Introduction to Emerging Technologies

At a glance

Timer 2h 20m

11 Modules

9 Videos

18 PDFs

1 Assessment

Summary

The 'Introduction to Emerging Technologies' course is focused on helping learners understand key emerging technologies such as Data Analytics, Artificial Intelligence, Machine Learning, Computer Vision, Natural Language Processing, Internet of Things, Blockchain, Drone Technology, Augmented Reality and Virtual Reality . We help you identify the applications of different Emerging Technologies across sectors and government. We also suggest how one may identify work problems where the use of selected AI-driven and other Emerging Technologies can provide a solution.

Description

Welcome to the 'Introduction to Emerging Technologies' course! Thanks for joining us on this learning adventure. Let's dive in!

Technological advances have always been key agents of change in how we work, interact and live. There is an unprecedented pace of technological innovation in all fields from computing and artificial intelligence to drones and virtual reality. Public Policy for any country is a complex task, and the complexity increases further if the country is as large, populous and diverse as India. Emerging Technologies provide an avenue for better decision-making and can help improve the policy-making process.

In our view, these technologies supplement the experience and expertise of policymakers and aid their decision-making. As a result, we view AI not as Artificial Intelligence but as Augmented Intelligence, with "you" as the core!

Keeping this in mind we have launched the course 'Introduction to Emerging Technologies'. This course aims at building awareness of emerging technologies among government officials enabling them to make informed data-driven decisions thereby impacting lives for the social good.

After this course, you will be able to:

- Understand how AI-powered and other Emerging Technologies are critical for good governance
- Identify the applications of different Emerging Technologies across sectors and government

- Identify work problems where the use of selected AI-driven and other Emerging Technologies can provide a solution

- Appreciate the limitation of Emerging Technologies and in which areas it may not be prudent to use these technologies.

https://portal.igotkarmayogi.gov.in/app/toc/do_1136258909109616641481/overview?batchId=0136260184764088326

7. Stay Safe in Cyber Space

At a glance

Timer 1h 16m

5 Modules

43 Videos

1 Final test

Summary

Welcome to the course “Stay Safe in Cyber Space” by Indian Cyber Crime Coordination Centre, Ministry of Home Affairs. This course is created with an intent to improve cyber hygiene especially in Government Employees and to create a secure cyber ecosystem. - Understand the importance cyber safety - Learn latest trends in Cyber Crimes. - Ways to stay safe in Digital World. - Reporting cyber crimes

Description

The aim of this course designed by I4C, MHA is to upgrade the cyber security & cyber hygiene skills of more than 25 lakh civil servants of the Government of India (Gol). This training program will digitally empower officials to identify different types of cybercrime. Course content is delivered in short, simple and graphic based demonstrations. Key citizen centric initiatives like cyber crime helpline 1930 and National Cyber Crime Reporting Portal - www.cybercrime.gov.in have also been included in the content. Successful completion of the course will help participants create a cyber secure Digital ecosystem.

https://portal.igotkarmayogi.gov.in/app/toc/do_11381269163759206411/overview?batchId=0138134566112542726633

8. Orientation Module on Mission LiFE

At a glance

Timer 22m 59s

9 Modules

9 Videos

1 Final test

Summary

LiFE - Lifestyle for Environment, is an India-led mass movement to “promote mindful and deliberate utilization, instead of mindless and destructive consumption”. Introduced at CoP26 in Glasgow and launched in October 2022 at Kevadia, Gujarat by Hon'ble Prime Minister, Shri Narendra Modi, Mission LiFE aims to nudge individuals towards making simple behavioural changes in their lives and communities, to make them more environmentally sustainable. A comprehensive and non-exhaustive list of 75 individual LiFE actions have been identified across 7 themes – Save Water, Save Energy, Reduce Waste, Reduce E-Waste, Say No to Single-Use Plastics, Adopt Sustainable Food Systems, And Adopt Healthy Lifestyles. These actions are specific, measurable, easy to practice, non-disruptive to ongoing economic activities and with minimal supply-side dependencies.

Description

Mission LiFE inspires individuals to make small actions in their daily lives and join hands with millions of Pro-Planet People across the world for a sustainable future. Our choices and our behaviours, both individually and collectively, have a tremendous impact on the environment. Mission LiFE is about democratising the battle against climate change as we are all trustees of the planet. Let us come together to implement the ideals of Mission LiFE and make a difference to the earth we live in.

The course on "Mission LiFE" will familiarize you with simple behavioural nudges and actions that can be taken by individuals to achieve a more sustainable lifestyle. The course consists of 9 videos which will introduce the concept of Mission LiFE along with actions that can be taken across the 7 LiFE Themes.

https://portal.igotkarmayogi.gov.in/app/toc/do_1138098612097024001182/overview?batchId=01380994654063001653

9. Yoga Break at Workplace

At a glance

Timer 27m 54s

3 Modules

3 Videos

1 PDF

1 Final test

Summary

Y Break “Yoga break at workplace” Yoga protocol was devised with an aim to get De-stressed, Refreshed and Re-Focused to enhance immunity at the work place by practicing selected Yoga practice for short duration accrue the benefits as projected from Yoga practices for a longer duration.

Description

Y Break “Yoga break at workplace” Yoga protocol was devised with an aim to get De-stressed, Refreshed and Re-Focused to enhance immunity at the work place by practicing selected Yoga practice for short duration accrue the benefits as projected from Yoga practices for a longer duration. The protocol comprises few simple Yogic practices follows:

- Tadasana & Urdhva Hastottanasana
- Shoulder Rotation, Uttana-Mandukasana
- Ardha Chakrasana, Prasarita Padottanasana
- Kati Chakrasana
- Deep Breathing, Nadisodhana pranayama

717 participants from 35 Private and Government bodies participated and completed the trial successfully. Feedback of the protocol trial is very encouraging. Participants who completed the protocol include both male and female. After practicing minutes Yoga protocol, twice a day at workplace, a positive shift experienced with encouraging results.

The protocol is found to be helpful for workers to De-stress, Refresh and Re-focus with enhanced immunity at their workplaces. Analysis revealed improvement in all parameters selected for observation. The results show, Yoga break protocol can do wonders in health parameters of the working population. Hence it should be introduced in both public sector and private organisations to improve quality of work of working population.

Workplaces have traditionally focused on core occupation and safety issues and have not paid adequate attention to the health of their employees. Hence, with encouraging results of the “Yoga break @workplace”Yoga Protocol, may be introduced at workplace to bridge this gap. It can be practice by people from factory workers to intellectuals in academic field just for 5 minutes twice a day during the day even with their prolonged work schedule. This Y-break at workplace can create a perfect balance between the activities and process of body and mind.

https://portal.igotkarmayogi.gov.in/app/toc/do_1138113442611445761187/overview?batchId=01381142494242406457

F.N. 23011/40/2010-PT (Part-2)
Government of India
Ministry of Home Affairs
(Police-I Division)
Police Training Section

North Block, New Delhi
Dated: the 22nd April, 2015

OFFICE MEMORANDUM

Sub: Mandatory Mid Career Training Programme for IPS Officers – Promotion to the next grade/increment – regarding.

The undersigned is directed to refer to the subject and say that several participants among the selected and reserve list for various Phases of MCTP are withdrawing their nominations citing personal and administrative grounds or not relieved by States/UTs to attend various phases of MCTP.

2. In this connection, attention of State Govts. are invited to Rule 3(1) of IPS (Rules), 2007 which provides that a member of the service shall be appointed to the JAG only after he has completed Phase-III mandatory Mid Career Training as specified by the Central Govt. Similarly, Mid Career Training Programme Phase IV & V are mandatory training programmes, as per Rule 3 of IPS (Pay) Rules, 2007, for promotion/increment of the IPS Officers. The officers need to complete the designated phases within stipulated length of service, failing which the officers would be barred from promotion to the next grade/increment. The officers who are due for 9th, 16th and 26th years of service may have to face stoppage of promotion/increment if they do not attend the designated phases of MCTP.

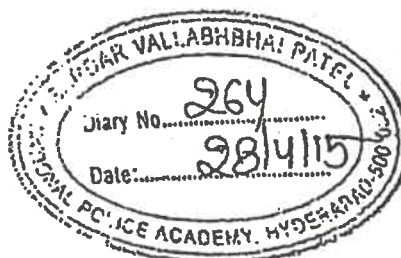
3. The above rule position may please be disseminated to all concerned for strict compliance.



(Harish Chandra Rai)
Under Secretary (Police Training)
Tel. No. 011-2309 2527

To,

1. Chief Secretaries of all States.
2. Chief Administrators of all Union Territories.
3. Director, SVP National Police Academy, Hyderabad.



Government of India/Bharat Sarkar
Ministry of Home Affairs/Grih Mantralaya
IPS-II Section, North Block, New Delhi-1.

Sub : Mid Career Training Programme – Exemption in attendance-Reg.

SVP NPA may please refer to their letter No. 2011/11/2010-Trg.(MCTP-Ph.IV) dated 27.09.2010 on the subject cited above. By amendment in the IPS (Pay) Rules, 2007 it has been notified on 20.09.2010, wherein it has been provided that "*a member of Service, who has less than three years of service after the year in which he has been slotted to undergo Phase III, Phase IV or Phase V of Mid-Career Training, would not be sent for mandatory mid-career training.*" A copy of the notification is enclosed for information and necessary action.

K. Natarajan

(K. Natarajan)

Under Secretary to the Govt. of India

Tel. No. 23093551

Encl: As above.

SVP NPA [Shri C.Balasubramanian, Jt. Dir.(A & SC)], Shivaramapalli, Hyderabad-52.
MHA U.O. No. 16011/15/2004-IPS.II

Dated the 6th October, 2010.

सं. सा.का.नि. 629(अ), दिनांक 27 सितम्बर, 2008, सं. सा.का.नि. 189(अ), दिनांक 24 मार्च, 2009, सं. सा.का.नि. 231(अ), दिनांक 1 अप्रैल, 2009, सं. सा.का.नि. 497(अ), दिनांक 7 जुलाई, 2009, सं. सा.का.नि. 589(अ), दिनांक 20 अगस्त, 2009, सं. सा.का.नि. 771(अ), दिनांक 20 अक्टूबर, 2009, सं. सा.का.नि. 894(अ), दिनांक 11 दिसम्बर, 2009, सं. सा.का.नि. 894(अ), दिनांक 11 दिसम्बर, 2010, सं. सा.का.नि. 172(अ), दिनांक 3 मार्च, 2010, सं. सा.का.नि. 228(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 230(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 232(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 234(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 236(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 238(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 240(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 242(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 244(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 246(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 248(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 250(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 252(अ), दिनांक 30 मार्च, 2010, सं. सा.का.नि. 299(अ), दिनांक 8 अप्रैल, 2010, सं. सा.का.नि. 510(अ), दिनांक 16 जून, 2010, सं. सा.का.नि. 512(अ), दिनांक 16 जून, 2010, सं. सा.का.नि. 514(अ), दिनांक 16 जून, 2010, सं. सा.का.नि. 516(अ), दिनांक 16 जून, 2010, सं. सा.का.नि. 620(अ), दिनांक 23 जुलाई, 2010, सं. सा.का.नि. 622(अ), दिनांक 23 जुलाई, 2010, सं. सा.का.नि. 624(अ), दिनांक 23 जुलाई, 2010, सं. सा.का.नि. 626(अ), दिनांक 23 जुलाई, 2010, सं. सा.का.नि. 628(अ), दिनांक 23 जुलाई, 2010 और फा. सं. 11052/24/2010-AIS-II, दिनांक 1 सितम्बर, 2010।

NOTIFICATION

New Delhi, the 20th September, 2010

G.S.R. 769(E).—In exercise of the powers conferred by sub-section (1) of Section 3 of the All India Services Act, 1951 (61 of 1951), the Central Government after consultation with the Governments of the States concerned, hereby makes the following rules further to amend the Indian Police Service (Pay) Rules, 2007, namely:—

1. (1) These rules may be called the Indian Police Service (Pay) Twenty-sixth Amendment Rules, 2010.

(2) They shall be deemed to have come in force on the date of their publication in Official Gazette.

2. In rule 3 of the Indian Police Service (Pay) Rules, 2007, below sub-rule (2)(i), the following shall be added as second proviso, namely:—

“Provided that a member of Service, who has less than three years of service after the year in which he has been slotted to undergo Phase III, Phase IV or Phase V of Mid-Career Training, would not be sent for mandatory mid-career training.”

[F. No. 2001 I/1/2008-AIS-II(B)]

ROLI SINGH, Director (Services)

Foot-note : The principal rules were published in the Gazette of India, Extraordinary *vide* number G.S.R. 108(E), dated the 21st February, 2008 and were subsequently amended *vide* numbers GSR 692(E), dated 27th September, 2008, GSR 189(E), dated 24th March, 2009, GSR 231(E), dated 1st April, 2009, GSR 497(E), dated 7th July, 2009, GSR 589(E), dated 20th August, 2009, GSR 771(E), dated 20th October, 2009, GSR 894(E), dated 11th December, 2009, GSR 894(E), dated 11th December, 2009, GSR 172(E), dated 3rd March, 2010, GSR 228(E), dated 30th March, 2010, GSR 230(E), dated 30th March, 2010, GSR 232(E), dated 30th March, 2010, GSR 234(E), dated 30th March, 2010, GSR 236(E) dated 30th March, 2010, GSR 238(E), dated 30th March, 2010, GSR 240(E), dated 30th March, 2010, GSR 242(E), dated 30th March, 2010, GSR 244(E), dated 30th March, 2010, GSR 246(E), dated 30th March, 2010, GSR 248(E), dated 30th March, 2010, GSR 250(E), dated 30th March, 2010, GSR 252(E), dated 30th March, 2010, GSR 299(E), dated 8th April, 2010, GSR 510(E), dated 16th June, 2010, GSR 512(E), dated 16th June, 2010, GSR 514(E), dated 16th June, 2010, GSR 516(E), dated 16th June, 2010, GSR 620(E), dated 23rd July, 2010, GSR 622(E), dated 23rd July, 2010, GSR 624(E), dated 23rd July, 2010, GSR 626(E), dated 23rd July, 2010, GSR 628(E), dated 23rd July, 2010 and F.No.11052/24/2010-AIS-II, dated 1st September, 2010.

अधिसूचना

नई दिल्ली, 20 सितम्बर, 2010

सा.का.नि. 770(अ).—केन्द्रीय सरकार अखिल भारतीय सेवाएं अधिनियम, 1951 (1951 का 61) की धारा 3 की उपधारा (1) द्वारा प्रदत्त शक्तियों का प्रयोग करते हुए संबंधित राज्य सरकारों से परामर्श करने के पश्चात् भारतीय वन सेवा (वेतन) नियमावली, 2007 में आगे और संशोधन करने के लिए एतद्वारा निम्नलिखित नियम बनाती है, अर्थात्:—

1. (1) ये नियम भारतीय वन सेवा (वेतन) पांचवां संशोधन नियमावली, 2010 कहलाएंगे।

(2) इन्हें शासकीय राजपत्र में उनके प्रकाशन की तिथि से प्रभावी हुआ समझा जाएगा।

2. भारतीय वन सेवा (चेतन) नियमावली, 2007 के नियम 3 में उप-नियम 2(i) के नीचे निम्नलिखित द्वितीय परन्तुक के रूप में जोड़ा जाएगा, अर्थात् :-

"बशर्ते कि सेवा का कोई सदस्य जिसकी सेवा मध्य-चरण कैरियर प्रशिक्षण के चरण III, चरण IV अथवा चरण V का अनुभव प्राप्त करने के लिए स्थान दिए जाने वाले वर्ष के पश्चात् तीन वर्ष से कम हो, अनिवार्य मध्य-कैरियर प्रशिक्षण हेतु नहीं भेजा जाएगा।"

[फा. सं. 20011/1/2008-अ.भा.से.-II(ग)]

रोली सिंह, निदेशक (सेवाएं)

पाद टिप्पणी : मूल नियम, दिनांक 21 फरवरी, 2008 के सं. सा.का.नि. 109(अ) द्वारा भारत के राजपत्र, असाधारण में प्रकाशित किए गए थे और तदनन्तर निम्नलिखित संख्याओं द्वारा संशोधित किए गए थे।

सं. सा.का.नि. 610(अ), दिनांक 26 अगस्त, 2008, सं. सा.का.नि. 691(अ), दिनांक 27 सितम्बर, 2008, सं. सा.का.नि. 194(अ), दिनांक 24 मार्च, 2009, सं. सा.का.नि. 499(अ), दिनांक 7 जुलाई, 2009, सं. सा.का.नि. 501(अ), दिनांक 7 जुलाई, 2009, सं. सा.का.नि. 503(अ), दिनांक 7 जुलाई, 2009, सं. सा.का.नि. 505(अ), दिनांक 7 जुलाई, 2009, सं. सा.का.नि. 507(अ), दिनांक 7 जुलाई, 2009, सं. सा.का.नि. 588(अ), दिनांक 20 अगस्त, 2009, सं. सा.का.नि. 906(अ), दिनांक 18 दिसम्बर, 2009, सं. सा.का.नि. 908(अ), दिनांक 18 दिसम्बर, 2009, सं. सा.का.नि. 910(अ), दिनांक 18 दिसम्बर, 2009, सं. सा.का.नि. 912(अ), दिनांक 18 दिसम्बर, 2009, सं. सा.का.नि. 173(अ), दिनांक 3 मार्च, 2010, सं. सा.का.नि. 300(अ), दिनांक 8 अप्रैल, 2010, सं. सा.का.नि. 407(अ), दिनांक 14 मई, 2010 और सं. सा.का.नि. 674(अ), दिनांक 11 अगस्त, 2010।

NOTIFICATION

New Delhi, the 20th September, 2010

G.S.R. 770(E).—In exercise of the powers conferred by sub-section (1) of Section 3 of the All India Services Act, 1951 (61 of 1951), the Central Government after consultation with the Governments of the States concerned, hereby makes the following rules further to amend the Indian Forest Service (Pay) Rules, 2007, namely:—

1. (1) These rules may be called the Indian Forest Service (Pay) Fifth Amendment Rules, 2010.

(2) They shall be deemed to have come in force on the date of their publication in Official Gazette.

2. In rule 3 of the Indian Forest Service (Pay) Rules, 2007, below sub-rule (2)(i), the following shall be added as second proviso, namely:—

"Provided that a member of Service, who has less than three years of service after the year in which he has been slotted to undergo Phase III, Phase IV or Phase V of Mid-Career Training, would not be sent for mandatory mid-career training."

[F.No. 20011/1/2008-AIS-II(C)]

ROLI SINGH, Director (Services)

Foot Note : The principal rules were published in the Gazette of India, Extraordinary vide number GSR 109(E), dated the 21st February, 2008 and were subsequently amended vide numbers GSR 610(E), dated 26th August, 2008, GSR 691(E), dated 27th September, 2008, GSR 194(E), dated 24th March, 2009, GSR 499(E), dated 7th July, 2009, GSR 501(E), dated 7th July, 2009, GSR 503(E), dated 7th July, 2009, GSR 505(E), dated 7th July, 2009, GSR 507(E), dated 7th July, 2009, GSR 588(E), dated 20th August, 2009, GSR 906(E), dated 18th December, 2009, GSR 908(E), dated 18th December, 2009, GSR 910(E), dated 18th December, 2009, GSR 912(E), dated 18th December, 2009, GSR 173(E), dated 3rd March, 2010, GSR 300(E), dated 8th April, 2010, GSR 407(E), dated 14th May, 2010 and GSR 674(E), dated 11th August, 2010.